

2015 EVALUATION OF SUNDAY FRIENDS: THE WORKING ALTERNATIVE TO CHARITY



Report Prepared by:

Carol Ann Gittens, Ph.D.

Santa Clara University

With special thanks to the SCU student research team:

Brenda Arellano

Zinniah Mariscal

Ana Marie Bittner

Danielle Marinsik

Delia Cuellar

Clare Reiland

Andrew Kanemaru

Karen Robles

Demiana Khoury

Sara Ryugo

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The 2015 report generated by Santa Clara University follows previous evaluations conducted by San Jose State University. The survey instruments used in 2015 were originally designed for the 2009, 2011 and 2013 evaluations. For 2015, the Adult and Youth surveys were updated to include new items to reflect the three Sunday Friends Program Outcomes adopted since the previous evaluation. The 2015 evaluation team benefited considerably from the item development, instrumental validation, family and volunteer recruitment, and overall support of Sunday Friends leaders and associates, especially Sunday Friends founder Janis Baron, Executive Director Ali Barekat, consultant Dr. Lynne Brown, and support staff member Mariela Garcia. The Marinsik family was a valuable partner whose members assisted with the translation and bilingual data collection. We want to thank Lily Gutierrez Marinsik, especially for helping to make data collection for this project successful. Finally, the research team is grateful for the support it received from the Liberal Studies Program, and the College of Arts and Sciences at Santa Clara University.

EXECUTIVE SUMMARY

Sunday Friends is a non-profit organization in San Jose, California that provides educational, community-based activities for families that are in need of financial support. Most families who participate in Sunday Friends are Latino (largely of Mexican descent) and bilingual. Participants and program volunteers engage as a community at three locations in the east side of San Jose, including the flagship site at Lowell Elementary School, Anne Darling Elementary, and the newest site, Kennedy Elementary on four Sundays each month. Family members who attend Sunday Friends participate in activities designed to educate, improve skills, and encourage strong parenting and role modeling, self-confidence, hopefulness, stress-reduction, and future planning, they earn tickets that they can redeem for items that they need and want from the “Treasure Chest,” the Sunday Friends store. Activities include STEM educational games, computer classes, food preparation, “Thank You Letter” writing, English-as-a-Second-Language programs, crafts for the community, college preparedness, and personal finance management.

The program’s central focus is to empower families to break out of poverty and they see education as the path to do so. Sunday Friends promotes the “Developmental Assets” developed by the [Search Institute](#) based out of Minneapolis that are geared toward preparing young people for success in school, home and community. The research-based developmental assets are a combination of external assets such as family support, positive family communication, parent involvement in schooling, and service to others that encourage young people to be caring, responsible and productive individuals. Sunday Friends is committed to working toward a common goal of supporting the healthy development of all children and youth. Healthy development is conceptualized as the development of external assets such as those listed above as well as internal assets such as achievement motivation, reading for pleasure, caring, self-esteem and responsibility.

Like those before it, the 2015 evaluation’s primary focus was on whether Sunday Friends was succeeding at fostering Developmental Assets for children and achieving the three primary Program Learning Outcomes. Also like before, other indicators of success that were utilized were perceptions of program effectiveness in areas such as education and family cohesion, satisfaction with program activities, and reports of healthy eating habits. Added to this year’s evaluation were assessments focused on the program economy, social capital, and whether program attitudes and behaviors are evident in participants’ daily lives.

Questionnaire data were gathered from family members (adults and youth) during program activities through face-to-face interviews. The interviews were conducted by SCU undergraduate and graduate students and volunteers to the research team (including bilingual interviewers). The families were recruited in person by Sunday Friends volunteers during onsite registration. Interviews were conducted in English and Spanish; respondents made the choice of interview language.

Sunday Friends volunteers were invited to participate in the evaluation; they were recruited by program staff onsite and via email that included a link to the SF Volunteer Survey in

SurveyMonkey. In all, 81 children and youth, 119 parents or guardians, and 136 volunteers participated in the survey.

Sunday Friends is making a powerful impact on youths' academic perceptions, social and future goals and financial literacy. An outstanding 73% of youth reported that it was very true that Sunday Friends has helped them think about planning for college. An even higher percentage, 80% say that they very much look forward to the future. A core outcome for the Sunday Friends program is the teaching of financial management and financial planning strategies. In terms of the impact on youths, 66% feel that strongly that they are learning money management with 75% saying that they very much believe that it is important to learn how to make good spending decisions. Clearly the SF program brings families together; a tremendous proportion, 84% of youth report that it is very important their family works together.

Overall, Sunday Friends has created an extraordinary sense of community among its attendees. Ninety-nine percent of adult respondents agreed or strongly agreed with the statement that they felt more a part of the Sunday Friends community. A similarly high percentage stated that they felt hopeful about their life (99). In fact, 97-99% of the adult respondents also agreed or strongly agreed that they feel more self-confident, feel that they are a better parent, feel better about how they are disciplining their children, feel more successful, feel more confident about how they are handling situations with their children, and feel less stress in meeting the needs of their family as well. It is clear that volunteering at Sunday Friends will have a life altering impact on these individuals. Volunteers overwhelmingly reported that they have learned to be better mentors and have developed leadership skills; these outcomes are consistent with the strong sense these volunteers had that they have positively influenced children and parents through the Sunday Friends program. Such unequivocal endorsements of program effectiveness are rarely seen in surveys of charitable community serve organizations. Sunday Friends is very deserving of this resounding support from the families it serves.

As with previous evaluations, the results presented here should be interpreted with the caution that there is bias because all persons surveyed were self-selected, continuing participants, or self-selected volunteers. In addition, these results are cross-sectional in nature and cannot be used or compared with prior evaluation reports to determine trends or changes over time. Despite these cautions, the strong consistency across the Youth, Adult and Volunteer surveys suggest that the Program is overwhelmingly successful in meeting its desired outcomes. Sunday Friends' community-building and financial literacy-oriented, working alternative to charity approach based on education is successful at fostering the Developmental Assets and achieving its goals to empower families.

INTRODUCTION

A former Silicon Valley engineer founded Sunday Friends, a non-profit, nonsectarian organization located in the east side of San José, California, in 1997. She created [Sunday Friends](#) based on the unique organizing model expressed in the tag line: “A Working Alternative to Charity”. This organization has served thousands of children in the community with over 1,500 volunteers each year.

Specifically, Sunday Friends provides multiple activities for families who are in need of financial support. By participating in activities that in part benefit the larger community, family members earn tickets that are redeemed for needed and wanted items in the Sunday Friends store. The activities include, among other things, healthy cooking projects, “Thank You Letter” writing, English-as-a-Second-Language programs, crafts, and education in nutrition and in financial literacy. One of the goals of these activities is to encourage children and youth to express themselves fully, interact with others positively, improve their sense of self, and give back to the community that gives to them. Other goals for parents include assistance in achieving a sense of self-reliance, family unity, lowered-stress, and hopefulness for the future. Receiving no government funding, Sunday Friends depends heavily on donations to the organization (especially for items in the store) and the commitments of local volunteers (particularly for activities) to accomplish its work.

This report presents the results of the 2015 program evaluation of Sunday Friends. The objective of this evaluation is to assess the effectiveness of Sunday Friends at accomplishing its goals. The organization follows the “Developmental Assets” approach developed by the [Search Institute](#) in Minneapolis as a framework for supporting the healthy development of all children and youth. This Developmental Assets approach has been promoted by Santa Clara County’s Project Cornerstone, which has partnerships with various other organizations in the area. The analyses conducted for the 2015 evaluation were based on three questionnaires—for Youth, Adults, and Volunteers—for which questions were created over past years of evaluations to measure applicable Developmental Assets. Items from the Adult survey were used to form scales to measure the three Sunday Friends Program Outcomes (discussed below).

Sunday Friends Program Background

Sunday Friends Mission

An overarching goal of Sunday Friends is to guide low-income families to become self-empowered and self-reliant. A guiding principle of Sunday Friends is to not treat participants as charity cases, but rather as agents for community and social change. Their tagline, “a working alternative to charity,” highlights this philosophy.

The Sunday Friends mission statement is: *Sunday Friends empowers families in need to break the generational cycle of poverty by fostering positive development in children while educating and guiding parents to support their children’s life success.* Children and parents earn basic

necessities for engaging in program classes and activities while they contribute to their community, learn life skills and develop self-reliance, confidence, and sufficiency. Parents are encouraged to participate to develop parenting and life-skills such as English language fluency and financial literacy, and to grow as positive role models and advocates for their children in the home and with their children's teachers. The efforts are rewarded with economic assistance, which is an opportunity to purchase necessities and other desired items using earned tickets.

Sunday Friends Program

Four Sundays each month, the participants in Sunday Friends gather at one of the three San Jose program locations. The program operates twice a month at the flagship site at Lowell Elementary School, and in alternating weeks at either Anne Darling Elementary or Kennedy Elementary. The registration table for families typically opens in late morning, though the families and staff often arrive earlier in anticipation of the day's events. The majority of activities such as letter writing, crafts, food preparation, STEM and other educational activities, etc. occur in the school cafeteria. Youth will spend nearly the whole day in this space. Children work with volunteers of all ages from middle school to older adults on craft projects that are educational and serve others (such as gifts for persons in convalescent homes). Crafts are typically seasonally appropriate (such as nature crafts for Earth Day and Easter). The day progresses with children preparing and serving healthy foods. Parents and guardians attend classes in the school's classrooms or outside on the covered cafeteria tables on money management, parenting effectiveness or health and nutrition, among other topics. Adults and older children attend ESL classes.

Sunday Friends Financial Literacy Model

Sunday Friends promotes an economic literacy model that is intended to motivate self-reliance through effective budgeting, planning, saving, and working for the common good. The Sunday Friends economic system, in many ways underpins the activities and behaviors at Sunday Friends. Although the goals of the organization are humanitarian like many other charitable organizations, its unique model promotes financial literacy and education as route toward success in the home, school and larger social world.

Participants earn "tickets" as they engage in various activities. These may be redeemed in the "Treasure Chest," the Sunday Friends store, at the end of the day. Family members are able to purchase goods and everyday household items and necessities, such as soap, toothbrush and toothpaste, diapers, bedding, clothes, school supplies, toys, and on occasion bicycles, by cashing in earned tickets. Items in the Treasure Chest come from donations to the organization. Volunteers who attempt to match ticket prices with dollar prices at discount stores set the prices of those items. Families take turns at the store with the assistance of volunteers who help them shop responsibly and within a short time span in the later afternoon. The Treasure Chest remains open until all families have been served. The program typically closes around 7 PM.

Families are also able to use the Sunday Friends Bank to save their tickets over time. The Bank allows families to earn interest on their saved tickets, thus enabling individuals and families to plan for more expensive future purchases (e.g., bicycles). Through Sunday Friends' banking

system, participants are socialized to banking, learning how to balance accounts, save, and withdraw tickets. This system gives the low-income families who participate in Sunday Friends banking experiences that they may not have had prior to program participation. The bank pays interest on tickets saved, and persons may use, give away, store, or exchange tickets at will. Workshops are offered during the Sunday Friends program to teach individuals about the process personal finance management such as opening checking accounts and managing them so as to avoid over drafting funds. This model promotes financial literacy, budgeting and planning, both individually and oftentimes also as a family unit.

Academic Activities and Community Services at Sunday Friends

In its effort to end the cycle of poverty among families in the region, Sunday Friends uses a model of pro-social and life-skills oriented education offerings and no-cost services from community-based health, legal, financial, and other professional organizations as an intervention for the parents and their children. Education, seen as a pathway out of poverty, is consistently emphasized at the program. Primary activity goals are to teach English language skills, financial literacy, health and nutrition, computer skills, college-preparedness, reading and writing development, parent effectiveness, violence prevention, and caring for community, family and self. These are taught in classes (such as ESL—English as a Second Language—classes) and through program rules and types of program activities. Routinely, adults take English classes, usually directed by a volunteer from the community who teaches speaking, reading, and writing. Children and youth’s educational activities include letter writing, educational games and STEM projects, food preparation, and crafts for the community. Community collaborations include K-12 and post-secondary educational partners, health organizations, financial organizations, legal firms, and foundations, clubs and non-profits who donate food, bicycles, school supplies, etc. A complete description of the educational programs and community collaborations is available on the [Sunday Friends website](#). Participation in education classes and other program activities is rewarded with tickets, thus allowing one to make purchase at the Treasure Chest or deposits into the Sunday Friends Bank.

PROGRAM OUTCOMES

OUTCOME #1 Parent’s Behavior Fosters their Children’s Healthy Development

- 1.1 SENSE OF CONFIDENCE ABOUT USING POSITIVE PARENTING METHODS
- 1.2 SENSE OF ONE’S CURRENT STRESS LEVEL (LEVEL OF OPTIMISM AND HOPE)
- 1.3 SENSE OF SATISFACTION IN TALKING WITH MY CHILDREN ABOUT THINGS THAT MATTER
- 1.4 HOME ACTIVITIES / CONSTRUCTIVE USE OF HOME TIME TOGETHER
- 1.5 POSITIVE BEHAVIORS CHILDREN SEE THEIR PARENTS DOING (ROLE MODELING)
- 1.6 CURRENT ORIENTATION OF SHORT-TERM SURVIVAL OR LONG-TERM ORIENTATION FOCUSED ON PARENTING ROLE
- 1.7 CHILDREN’S POSITIVE WELL-BEING AND OPTIMISM

OUTCOME #2 Children Demonstrate Pro-Social and Pro-Education Attitudes and Behavior

2.1 CHILDREN'S POSITIVE SOCIAL BEHAVIORS

2.2 QUALITY OF CHILDREN'S DECISIONS

2.3 CHILDRENS LEARNING & TASK ORIENTATION

2.4 PARENTS' ENGAGEMENT IN CHILD'S ACADEMICS, LEARNING & TASK ORIENTATION

Outcome #3 Family Members Understand and Practice Sound Financial Management Behaviors

3.1 PROMOTION OF OVERALL FAMILY STABILITY

3.2 PROMOTION OF FINANCIAL MANGAGEMENT

RESEARCH METHODOLOGY USED IN 2015

The Youth and Adult Surveys were administered in person at all three Sunday Friends locations. Seventy percent (51 Youth and 89 Adults) completed the survey at the Lowell School location. 19% (17 Youth and 20 Adults) completed the survey at Anne Darling Elementary School and 11% (11 Youth and 11 Adults) completed the survey at Kennedy Elementary.

What's New in this Report?

Previous Sunday Friends evaluations have been conducted at the organization's flagship location at Lowell Elementary. In 2015, the evaluation was expanded to include all three of the Program's sites, including Anne Darling Elementary and Kennedy Elementary, a site that was opened since the 2013 evaluation.

Also, compared with previous evaluations of Sunday Friends (since 2009) this 2015 evaluation covers a broad set of themes and augments the evaluation domains used in the past. For example, items were added to expand the measurement of healthy eating, exercise and sleep behavior. Also increased were the number of items focusing on effective coping, stress-management, and positive discipline practices and role modeling on the part of the parents/guardians. A significant focus in the 2015 evaluation was on the three Program Outcomes articulated by the Sunday Friends organization.

Another difference between the 2015 evaluation and previous ones is the expanded recruitment of volunteers. While past reports focused on program effectiveness feedback solicited from individuals who have assumed site-based and program leadership roles, the 2015 Volunteer survey was sent to all registered volunteers regardless of their leadership experience. Questions were added to the Volunteer survey to identify leadership experience among the respondents, and the focus of the survey was shifted to include the perceived benefits to the volunteers themselves as a result of engaging with the Sunday Friends community.

Subjects

Families (children, youth, parents and guardians) and volunteers at Sunday Friends participated in this research. Families completed the 2015 evaluation surveys over six consecutive Sundays (in March and April, 2015) during regular program hours. Surveys were administered at all three of the Sunday Friends program sites. The families were recruited in person by the program staff onsite during morning registration. The questionnaires were written in English and Spanish (with the choice of which to use made by respondents); trained researchers interviewed participants; most adult interviews were conducted in Spanish by bilingual interviewers. Most Youth surveys were conducted typically in English by these same trained researchers. To be eligible for the survey, the individual must have attended at least two programs. Only children and youth over the age of 7 years were eligible to complete the Youth survey. Demographics for the Youth and Adult respondents are provided in the Appendix A.

The Sunday Friends volunteers had two mechanisms for participating in this survey evaluation. All volunteers on-site during one of the six data collection dates were invited to complete a paper version of the Volunteer survey before the end of their shift. Program staff at the volunteer check-in table recruited volunteers. Alternatively, Sunday Friends volunteers from the Program's registry were sent an email invitation to participate. All volunteer questionnaires were administered online via the platform [surveymonkey.com](https://www.surveymonkey.com). Demographics for the volunteers who responded to the survey are presented in the Appendix A.

Questionnaires

All three surveys used in the 2015 evaluation are provided in the Appendix B of this report.

Youth who were over the age of 7, and who had attended at least two programs, completed the survey with the permission of a parent or guardian. Youth answered questions about: 1) their feelings while attending Sunday Friends; 2) their feelings and behaviors at Sunday Friends in comparison to other times during the week; 3) their feelings and behaviors when they are not at Sunday Friends; 4) and their general attitudes toward the Sunday Friends community, towards school, their planning and hopefulness about the future, health, nutrition and exercise, towards money, spending and other decision making, and towards their family. The Youth survey ended with basic demographic questions. Most survey items were responded to on a scale of 1-5 with 1 being "Not at All" characteristic and 5 being "Very" characteristic of the child's feelings or self-perceptions.

Adults including parents and guardians and other adult family members who attend Sunday Friends regularly, answered questions about Sunday Friends and themselves, and their perceptions about how the program has influenced their children. Adults answered questions about: 1) their feelings about the Sunday Friends program; 2) their own and their children's health habits; 3) English-language use and development; 4) how Sunday Friends is impacting their children's feelings, attitudes and behaviors; 5) and whether the Sunday Friends program has contributed to a positive change in their personal lives and in their interactions with their children and children's school. The Adult survey ended with basic demographic questions. Most

survey items were responded to on a scale of 1-6 with 1 being “Strongly Disagree” and 5 being “Strongly Agree”. A sixth option of Not Applicable was available in most sections of the survey. Results presented in this report include only those data from respondents who indicated that the question was applicable to them (gave answers using the 1-5 optional response categories).

Volunteers answered questions about their involvement in the Sunday Friends program and the impact it has/ had on them personally. Volunteers answered questions about: 1) the length of time and location(s) of their participation; 2) the reasons for their participation in Sunday Friends; 3) their experience as a volunteer for Sunday Friends in terms of leadership development, personal fulfillment, and their ability to make a difference in the lives of children and families. The Adult survey ended with basic demographic questions. Most survey items were responded to on a scale of 1-5 with 1 being “Strongly Disagree” and 5 being “Strongly Agree”.

Data Collection

Having received approval from Santa Clara University’s Institutional Review Board, the SCU research team followed standard consent procedures; respondents were informed that participation was voluntary and that they could withdraw from the study at any time without consequences. Even though the survey questions did not center on sensitive topics, the participants were informed that they could skip any question or questions that created discomfort or misunderstanding. Adults were required to sign a consent form before receiving the survey interview. Parents were required to sign a consent form for their child in order for the child to participate. All consent forms were provided in English and in Spanish.

The Youth and Adult surveys were administered through a face-to-face interview. Each interviewer immediately entered responses into the online survey platform using a laptop computer. Hard copies of all surveys were available in English and Spanish if the youth or adult wanted to follow along with the questions as they were being asked. Volunteers independently completed the evaluation survey either in hardcopy available on site, or by email invitation to an online survey platform. A “passive” consent form for volunteers was embedded into the online survey platform and printed as the cover of the hardcopy. Actual completion and submission of the survey was taken as a sign of consent.

Children and youth were paid 400 tickets for filling out their survey, while adults were paid 1200 tickets for filling out their much longer survey. Recall that the tickets are currency in the Sunday Friends economy that participants may exchange for goods at the Sunday Friends store or deposit in the bank. Tickets are the standard way that Sunday Friends compensates families, and the compensation rate for this project was like that for other activities. Volunteers who completed the survey were entered into a lottery for a prize that was given by the Sunday Friends organization.

RESULTS

The results of the 2015 evaluation of Sunday Friends families and volunteers will be presented in three sections: Youth, Adults (Parents /Guardians), and Volunteers.

Children and Youth

Eighty-one youth completed the survey in 2015. Youth data were collected at all three Sunday Friends Program locations. Children who were 7 years or older were eligible to complete the survey. A parent or guardian was asked to grant permission for their child to participate. A total of 18 youth completed the survey at Anne Darling Elementary and 12 completed the survey at Kennedy Elementary. The vast majority of youth (51 total) completed the survey at Lowell Elementary.

Responses to the survey items were collected via computer using the online survey platform but all youth surveys were conducted in person. Trained research assistants asked the questions out-loud and then input the youth's responses into the online survey. Though available in both English and Spanish, the vast majority of youth chose to complete the survey in English. Demographics of the children and youth data are presented in Appendix A.

Like previous evaluations, in 2015 we begin with a presentation of the schools where the youth participants report attending. Because the surveys were collected at three locations for this evaluation, we present the distance between the child's school and the closest Sunday Friends program site. This does not necessarily represent the location where the child completed the survey. Overall the youth respondents are enrolled in a wide variety of public, charter, and private K-12 schools in the San Jose area.

Table 1. Schools Where Youth Participants Report Attending and Distance to Nearest Sunday Friends Program.

School Name	Number Attending	Distance to Sunday Friends program ¹
<i>Elementary Schools:</i>		
Adelante Dual Language Academy	1	5.2 miles, Anne Darling
Anne Darling Elementary	1	0 miles, Anne Darling
Bachrodt Elementary	1	3.4 miles, Anne Darling

¹ Distance in miles to closest Sunday Friends program. Does not necessarily represent location where survey was completed.

Capri Elementary	1	8.8 miles, Lowell
Captain Jason M. Dahl Elementary	1	3.4 miles, Kennedy
Cesar Chavez Elementary	1	1.6 miles, Anne Darling
Christopher Elementary	1	5.9 miles, Kennedy
Empire Garden Elementary	3	1.2 miles, Anne Darling
Grant Elementary	3	1.8 miles, Lowell
Hubbard Elementary	1	2.2 miles, Kennedy
Horace Mann Elementary	2	1.3 miles, Lowell
Jeanne R. Meadows Elementary	1	1.0 miles, Kennedy
Linda Vista Elementary	1	3.0 miles, Kennedy
Lowell Elementary	8	0 miles, Lowell
Millbrook Elementary	1	4.7 miles, Kennedy
Rocketship 6 Elementary School	5	4.2 miles, Anne Darling
Robert F. Kennedy Elementary	1	0 miles, Kennedy
San Antonio Elementary	2	1.1 miles, Anne Darling
Santee Elementary	2	0.6 miles, Kennedy
Selma Olinder Elementary	3	1.0 miles, Lowell
Voices College-Bound Language Academy	1	6.1 miles, Kennedy
Washington Elementary	2	0.8 miles, Lowell
<i>Middle Schools:</i>		
ACE Charter Middle School	1	1.6 miles, Anne Darling
Alpha: Jose Hernandez Middle School	1	2.4 miles, Kennedy
Burnett Middle School	2	2.9 miles, Anne Darling
Castillero Middle School	2	9.9 miles, Lowell

Clyde L. Fischer Middle School	6	2.5 miles, Kennedy
George V. Leyva Middle School	1	3.2 miles, Kennedy
Hoover Middle School	2	3.1 miles, Lowell
John Muir Middle School	5	6.0 miles, Lowell
Lee Mathson Middle School	1	1.7 miles, Anne Darling
Sylvandale Middle School	1	5.4 miles, Kennedy
Willow Glen Middle School	1	4.5 miles, Lowell
<i>High Schools:</i>		
Independence High School	1	1.1 miles, Anne Darling
Lincoln High School	1	4.1 miles, Lowell
Mt. Pleasant High School	1	5.4 miles, Anne Darling
Oak Grove High School	1	8.5 miles, Kennedy
San Jose High School	1	0.8 miles, Anne Darling
William F. Overfelt High School	1	3.7 miles, Lowell
Willow Glen High School	2	4.6 miles, Lowell

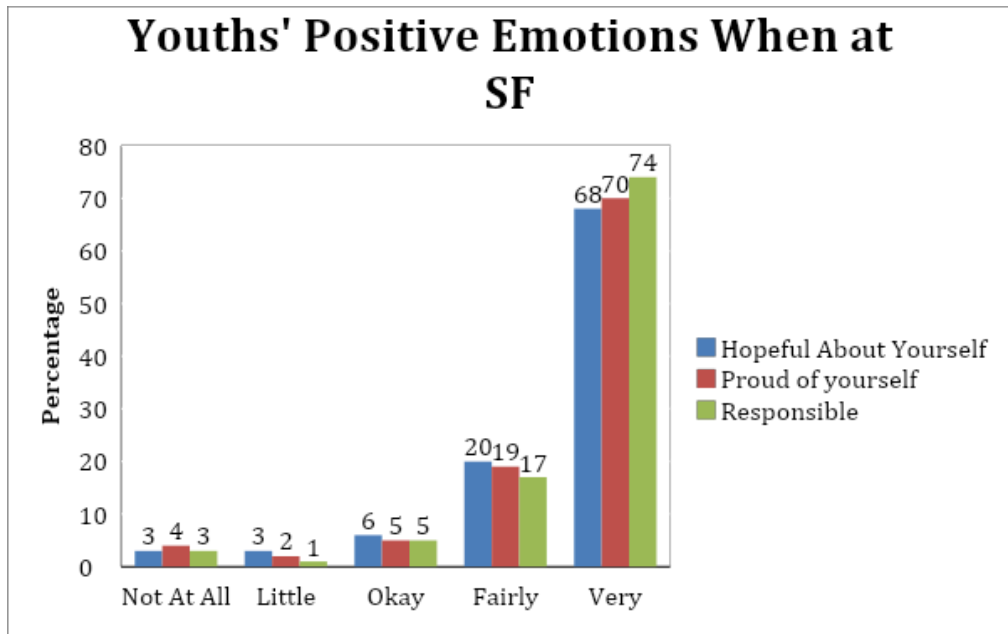
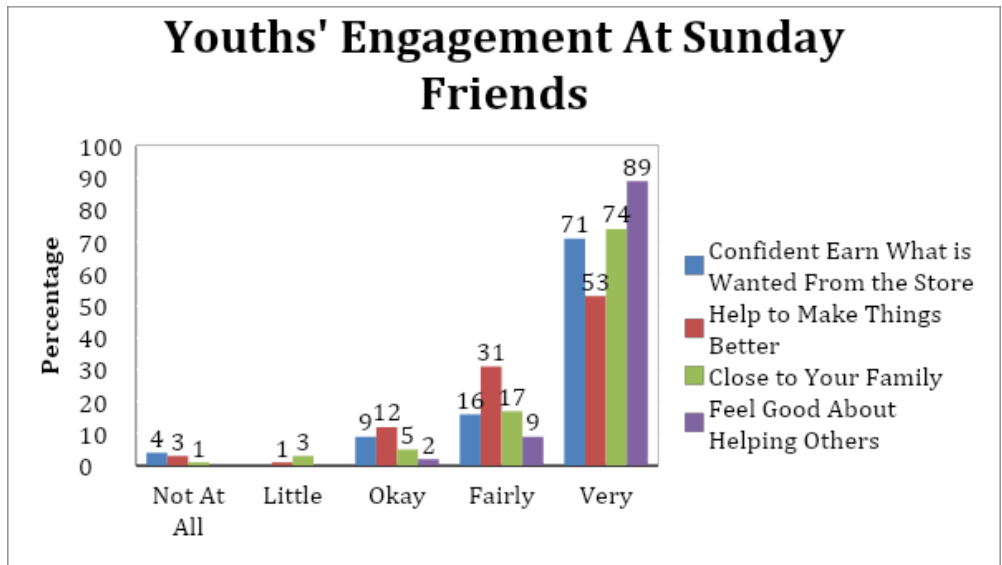
Report on Feelings While at Sunday Friends

The first set of questions on the Youth survey addressed the feelings and attitudes the respondents report having while at the Sunday Friends program.

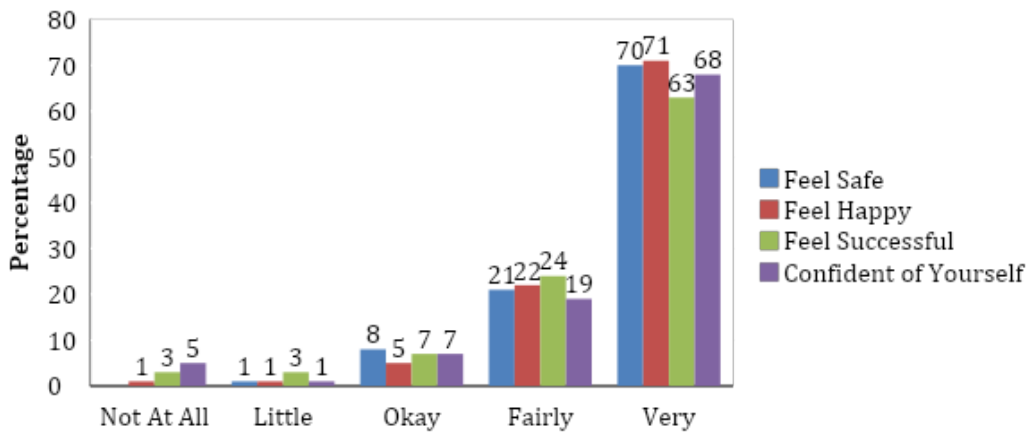
The youth that participate in the Sunday Friends program were asked to report on their behavior and feelings when at Sunday Friends. They were asked about their engagement while at Sunday Friends and the emotions that they have when participating in the program.

The majority of the youth who participated in the survey reported that when they are at Sunday Friends they feel good about helping others (89) and that they feel close to their family (74). They strongly agree that they feel confident that they can earn what they want from the Treasure Chest (store) (71). Though less strong of a positive reaction, youth report that they strongly agree that they help to make things better (53).

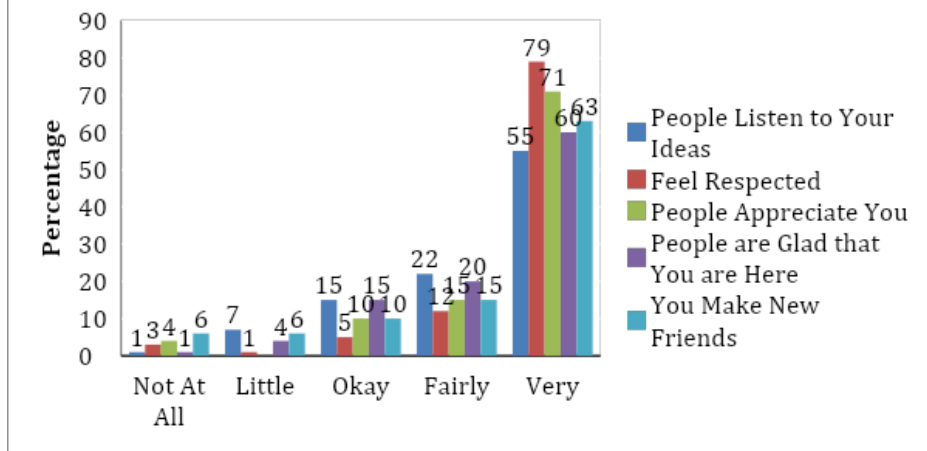
Youth reported that they strongly agreed that participating in Sunday Friends made them feel responsible (74), proud of themselves (70), happy (71), respected (79), appreciated (71), and safe (70). To a slightly lesser extent, youth strongly agree that being at Sunday Friends makes them feel hopeful about themselves (68), and successful (63).



Youths' Positive Emotions When At Sunday Friends

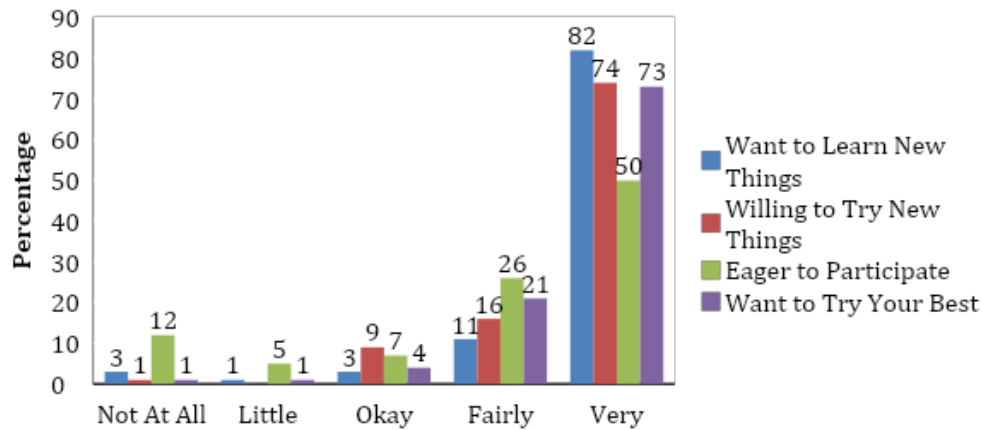


Youths' Experience At Sunday Friends

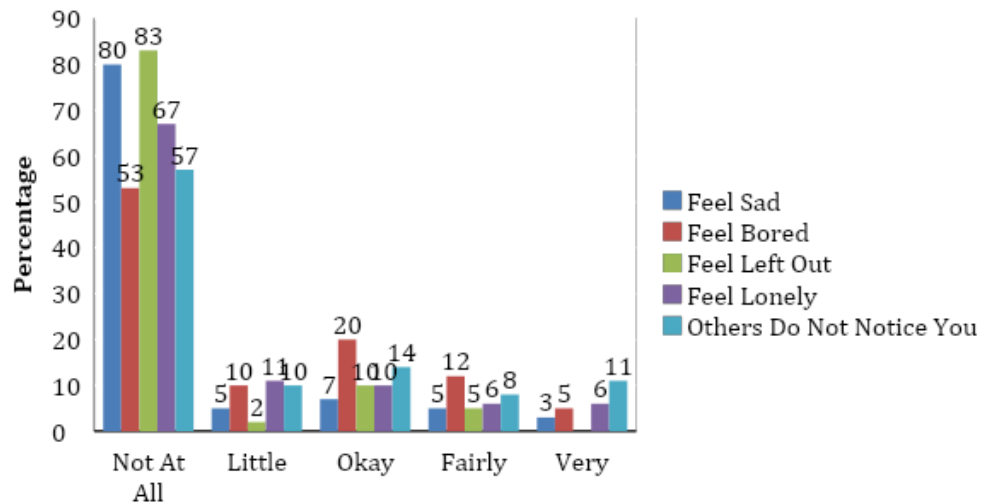


The majority of the youth who participated in the survey reported that when they are at Sunday Friends they feel motivated to learn new things (82), willing to try new things (74), and inclined to want to do their best (73). Mirroring these findings is the fact that youth were likely to **strongly disagree** that they feel sad (80), left out (83), or bored and unnoticed (53/57).

Youths' Motivation When At Sunday Friends



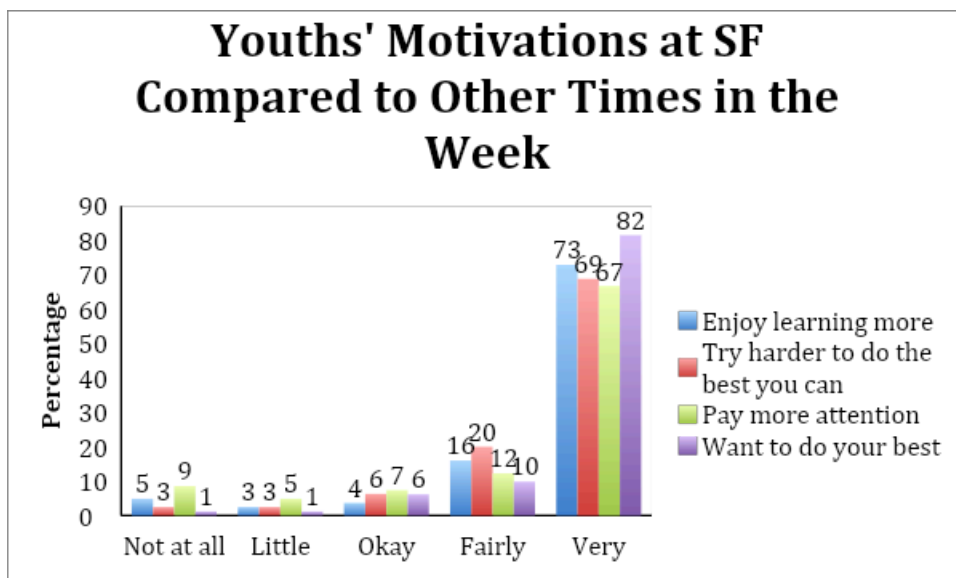
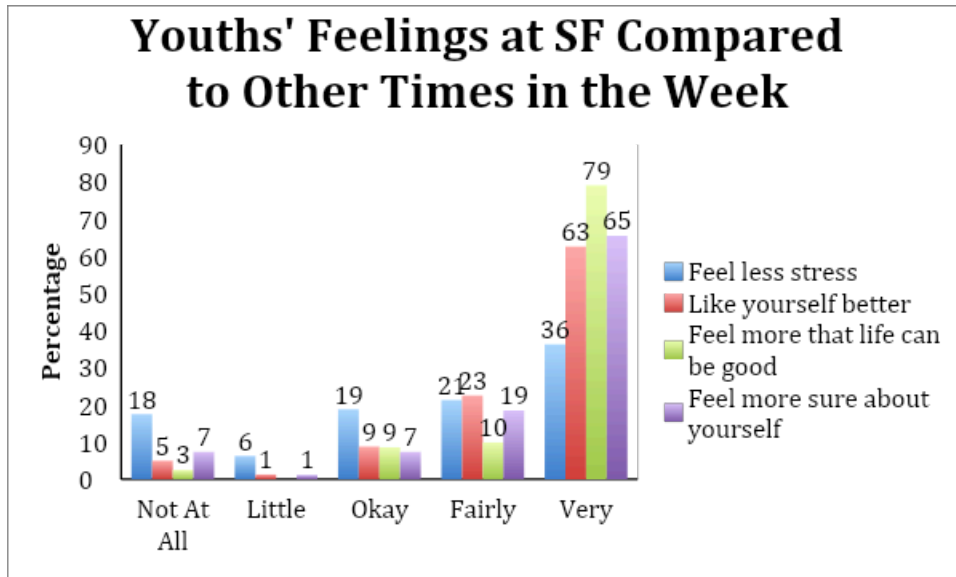
Youths' Negative Emotions When At Sunday Friends



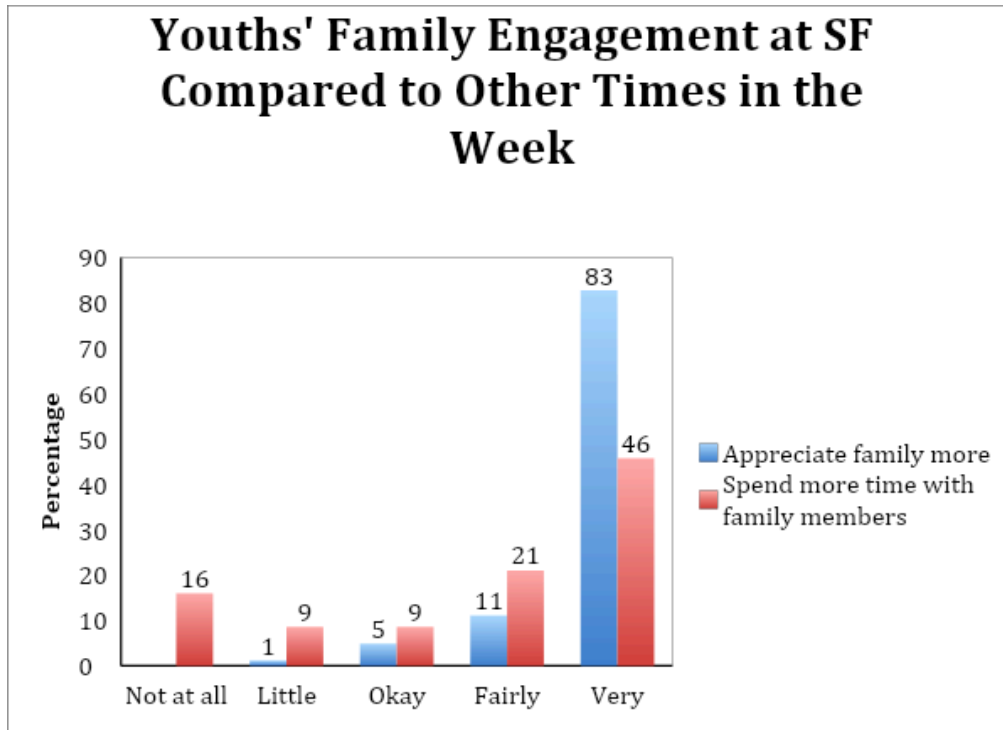
Experiences at Sunday Friends Compared to Other Times During the Week

The youth that participate in the Sunday Friends program were asked to report on their behavior and feelings at Sunday Friends as compared to other times of the week. When

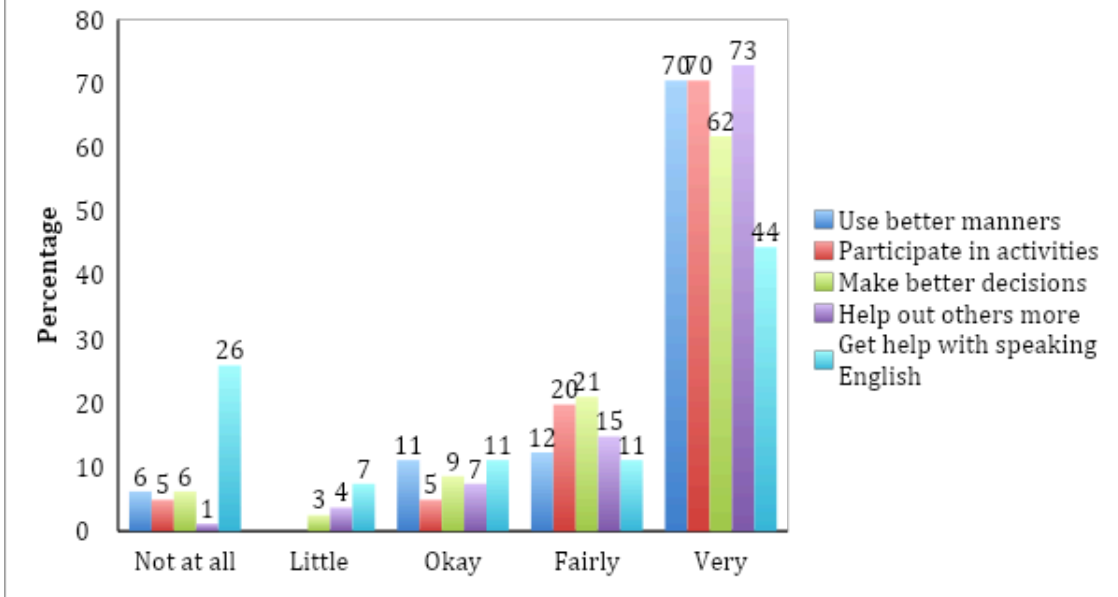
comparing their experience at Sunday Friends to other days, the majority of the youth reported that feel more that life can be good (79), that they want to do their best (82), they enjoy learning more (73), pay more attention (67), and they feel more sure about themselves (65).



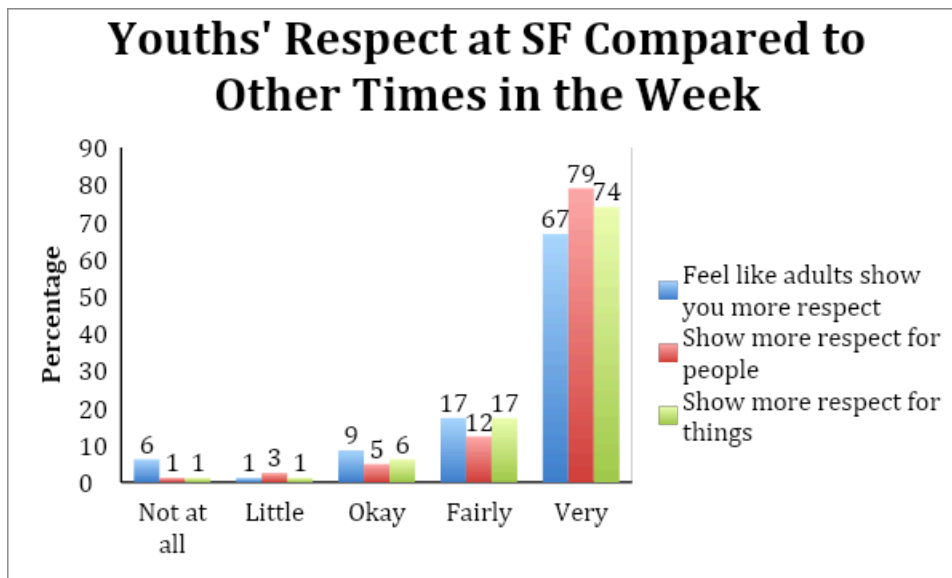
Youth were highly likely to report appreciating their family more during their time at the Sunday Friends program as compared to other days of the week (83). They indicated that they help others more (73), they use better manners at Sunday Friends (70), and participate in activities more than other days of the week (70). An impressive 62% of youth reported making better decisions at Sunday Friends than compared to other days of the week.



Youths' Actions at SF Compared to Other Times in the Week



Youths' Respect at SF Compared to Other Times in the Week



When Youth are Not at Sunday Friends

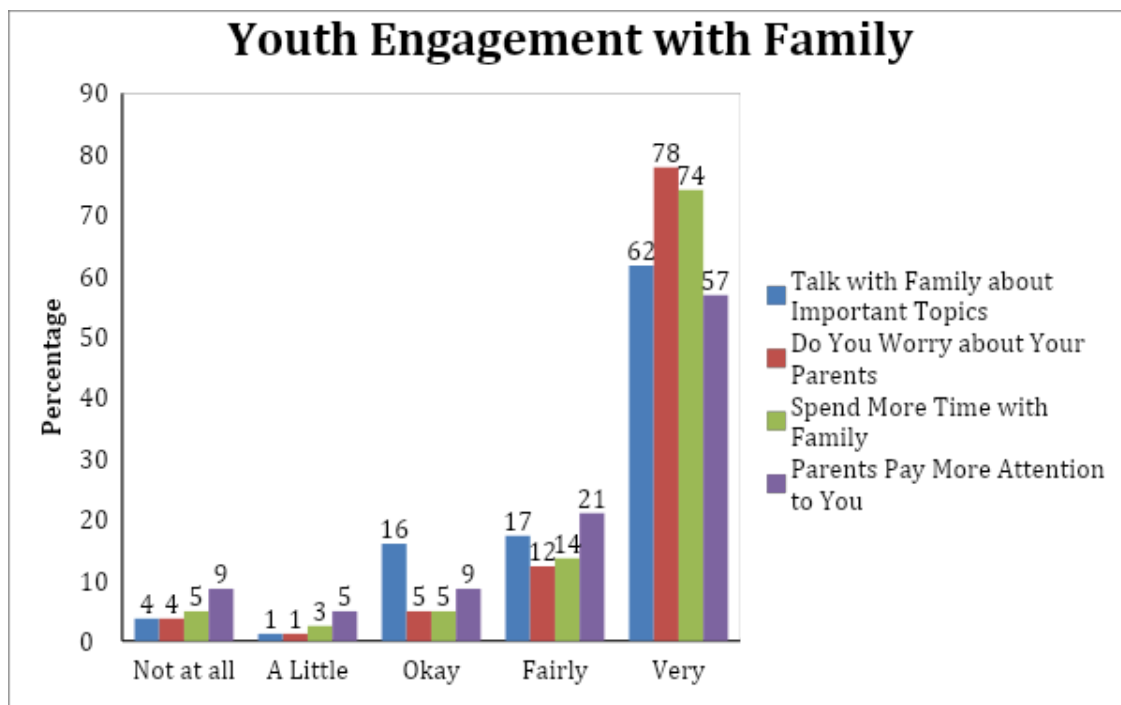
The youth that participate in the Sunday Friends program were asked to report on their behavior and feelings when *not* at Sunday Friends. As a result, they were asked “When you are

NOT at SUNDAY FRIENDS, do you...”, and they were asked to rate the extent to which they performed the specified element (i.e. practicing English, eating healthy meals, etc.).

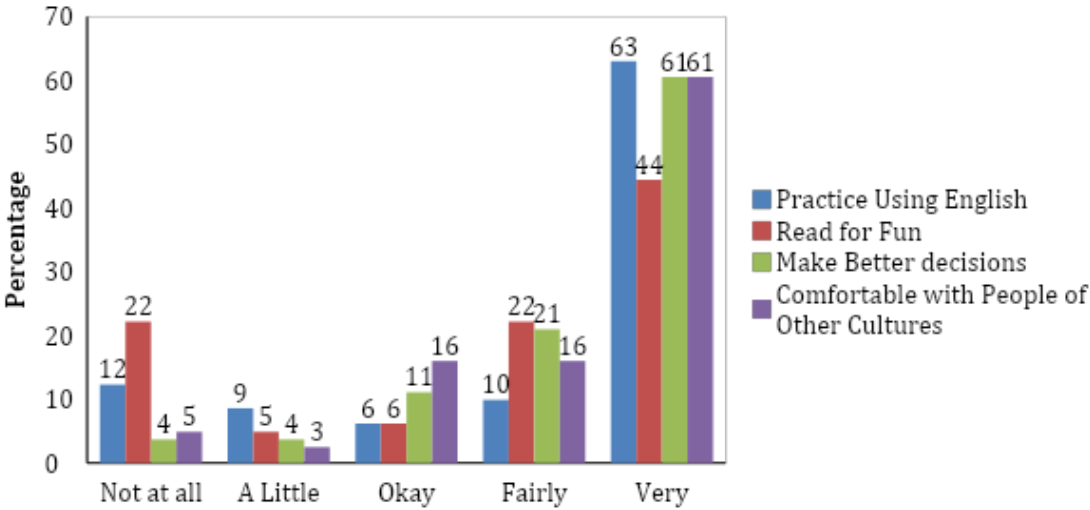
The majority of the youth who participated in the survey reported that they have been practicing the skills that they have learned at Sunday Friends. Most of the children answered “very” when they were asked if they were proud when working for something that they want (80), worried about their parents (78), and spent more time with their family (74).

Though less strong of a positive reaction, the following elements still demonstrate that a majority of the youth answered “very” when asked if they practice English with others (63), talk with their family (62), eat healthy meals (59), are comfortable around other cultures (60), make better decisions on a daily basis (60), exercise more often (53), and feel that their parents pay attention to them (57). When asked if they feel angry, a majority of the youth answered with “not at all” (55).

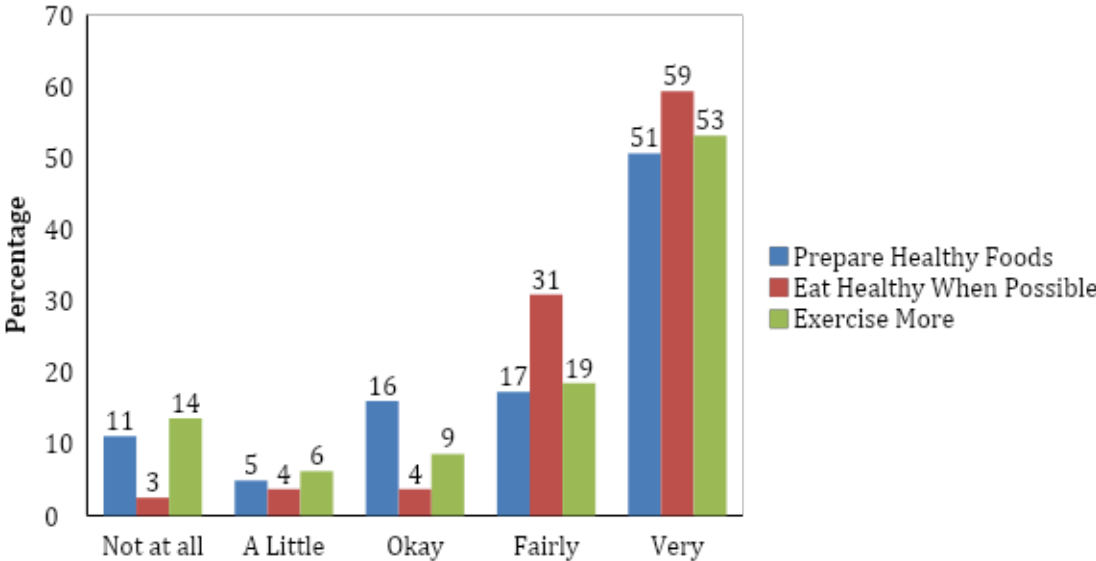
The weakest positive reaction occurred when the youth answered how strongly they agreed with the statements you read for fun more often (44), people listen to your ideas (49), you prepare the food that you learned how to make at Sunday Friends (51).



Personal Benefits that Extend Beyond Youths' Time at SF

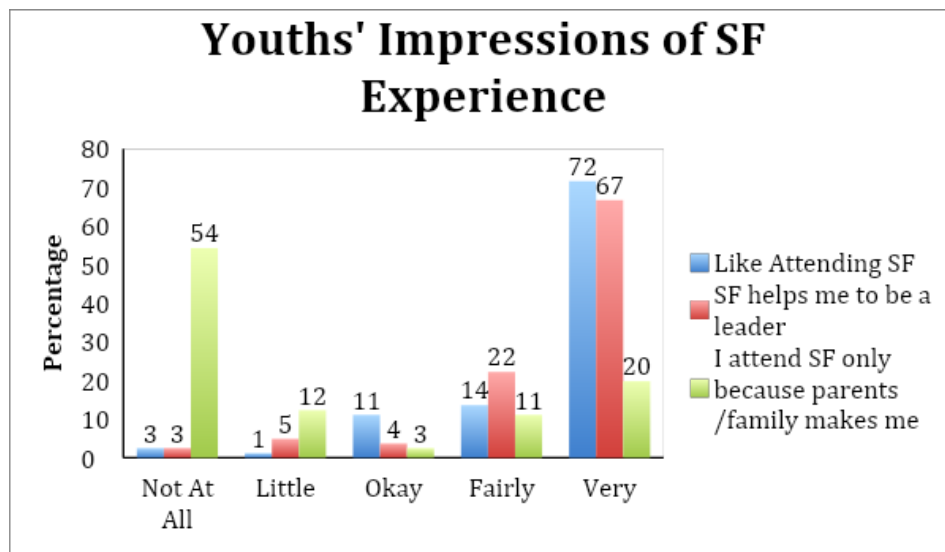


Youths' Feelings When Not at Sunday Friends

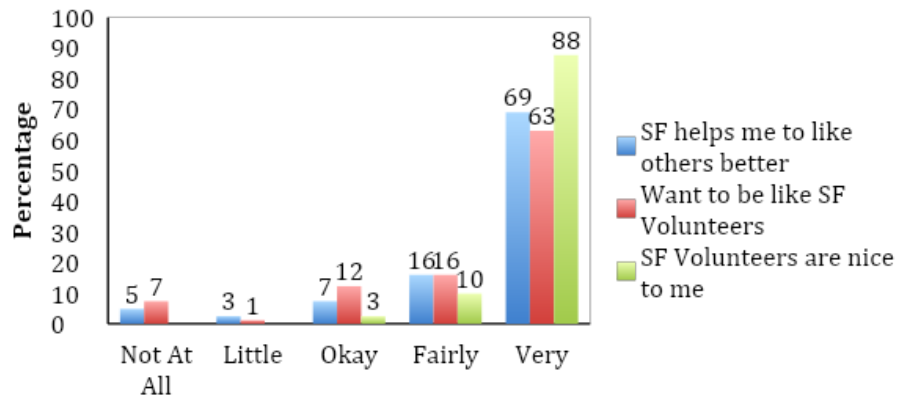


Youths were asked to complete a set of questions that began with the open-ended prompt “I think...” The following three charts represent how the youth responded to questions about

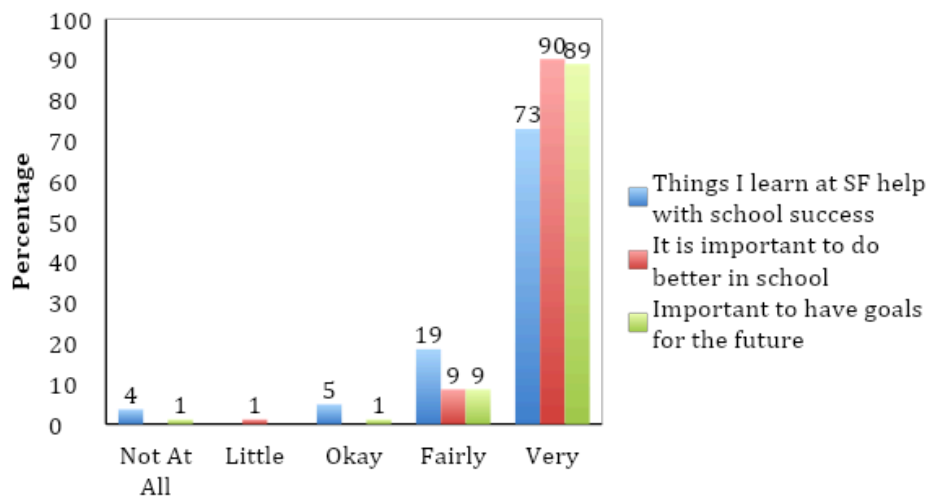
their perceptions of the Sunday Friends Community, the impact of the SF program on their school and future goals, and the overall impact of Sunday Friends on their helping behavior and desire to avoid wrong or dangerous activities. Across the board, youth consistently reported that it was very much true that Sunday Friends had a positive impact on multiple areas of their lives. For example, youth overwhelmingly reported that the SF volunteers are very nice to them; that they like attending SF; and they want to be like the SF volunteers. Over half of the youth reported that they attend SF because a parent or family member makes them do so, but this did not detract from their positive reports of the benefits of participating in the SF programs.

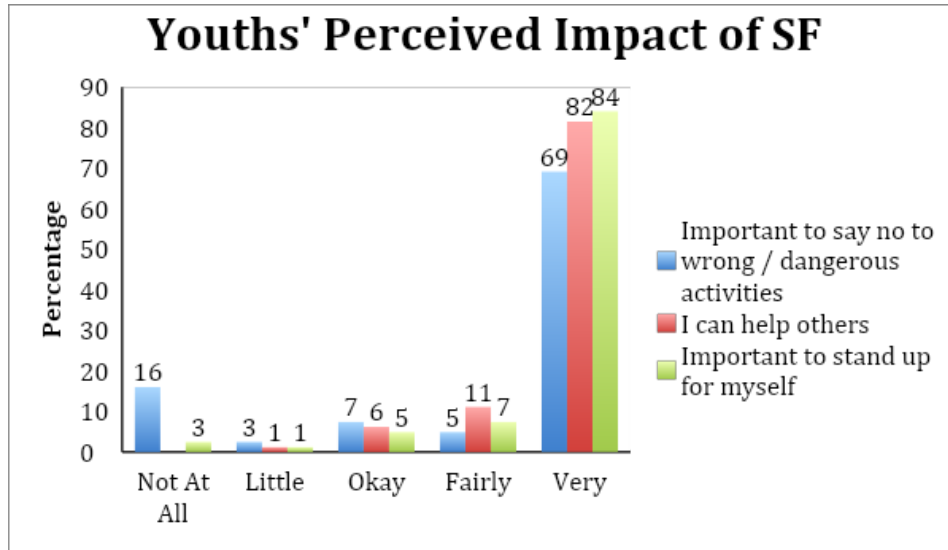


Youths' Perception of SF Community



SF Impact on Youths' School and Future Goals



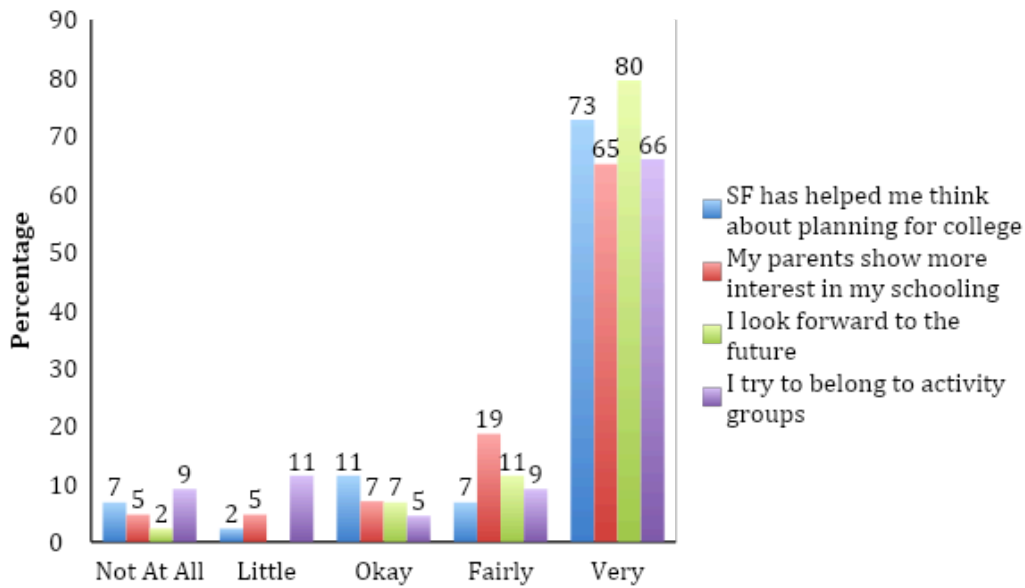


Older Youths' Feelings about the Future

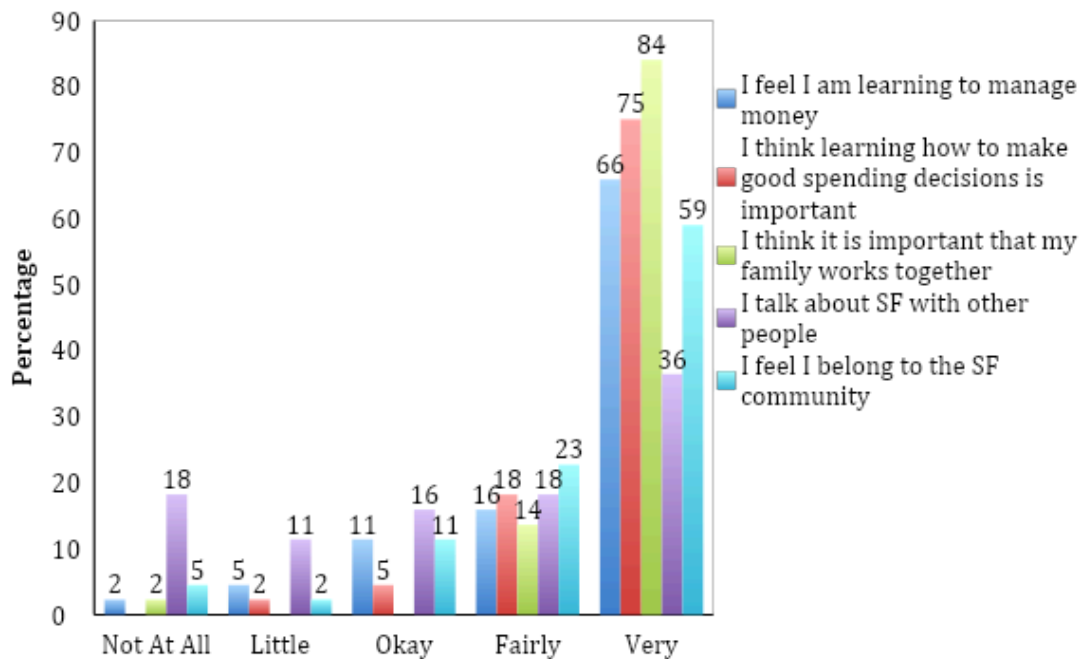
A small number of additional questions were asked of older youth (11 years or older). These questions were reserved for the older respondents because they asked the youths to think about the future, and the possible benefits of the SF program on their ability to plan and think about this future. Older respondents were also asked more detailed questions about their sense of belonging to the SF community.

Youth were highly likely to report that Sunday Friends has helped them think about planning for college (73), and that they look forward to the future (80). Only slightly less strong endorsement was made for youth feeling that their parents show more interest in their schooling (65) and that they try to belong to activity groups such as clubs or sports teams (66).

Older Youths' Academic / Future Planning and Engagement



Older Youths' Money Management / Engagement in SF Community



The youth were most likely to respond that they feel very strongly that it is important that their family works together (84), and that they think learning how to make good spending decisions is important (75). Coupled with this is the fact that youth tended to feel that they were learning to manage money as a result of Sunday Friends (66). Though they reported feeling that they belong to the Sunday Friends Community (59) they were less inclined to talk with others about Sunday Friends (36). To a slightly lesser degree they report that it is very true that they talk with others about the SF programs.

Conclusions

Some powerful and impressive results were revealed in terms of youths' academic perceptions, social and future goals. Youth reported that it was very much true that their parents are more interested in their school work, and that they try to belong to activities groups like sports teams, school clubs, youth groups, etc. An outstanding 73% of youth reported that it was very true that Sunday Friends has helped them think about planning for college. An even higher percentage, 80% say that they very much look forward to the future.

A core outcome for the Sunday Friends program is the teaching of financial management and financial planning strategies. In terms of the impact on youths, 66% feel that strongly that they are learning money management with 75% saying that they very much believe that it is important to learn how to make good spending decisions. Clearly the SF program brings families together; a tremendous proportion, 84% of youth report that it is very important their family works together.

Adults

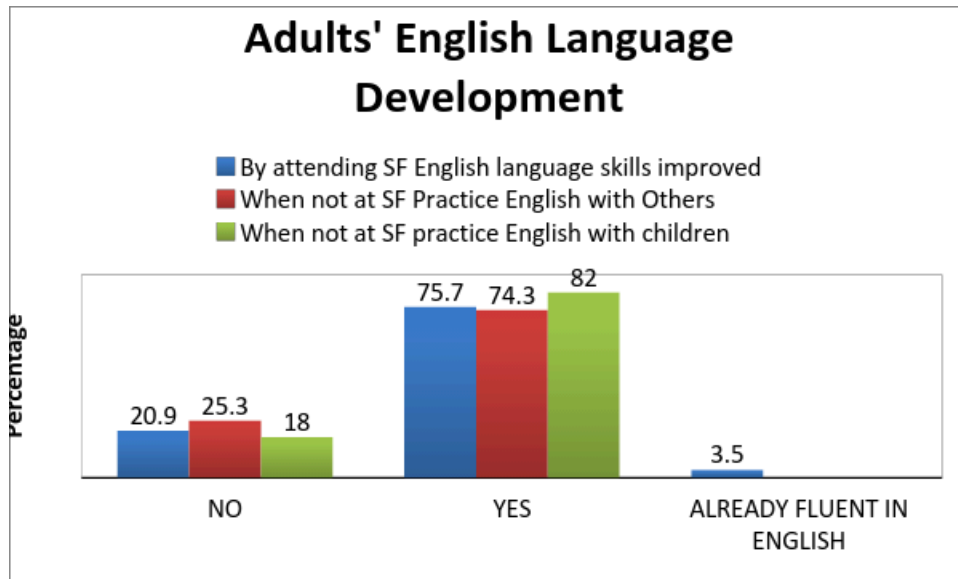
One hundred and twenty (120) adults completed the survey in 2015. Adult data were collected at all three Sunday Friends Program locations. Adults who had attended at least two Sunday program dates were eligible to complete the survey. Eligible parents were provided with a consent form in both Spanish and English by a Sunday Friends Volunteer. Signed consent forms were collected at the Registration table during morning checked in. A total of 20 adults completed the survey at Anne Darling Elementary and 11 completed the survey at Kennedy Elementary. The vast majority of adults (89 total) completed the survey at Lowell Elementary.

Responses to the survey items were collected via computer using the online survey platform but all adult surveys were conducted in person. Trained research assistants asked the questions out-loud and then input the adult's responses into the online survey. Though available in both English and Spanish, the vast majority of adults chose to complete the survey in Spanish. Demographics of the adult data are presented in Appendix A.

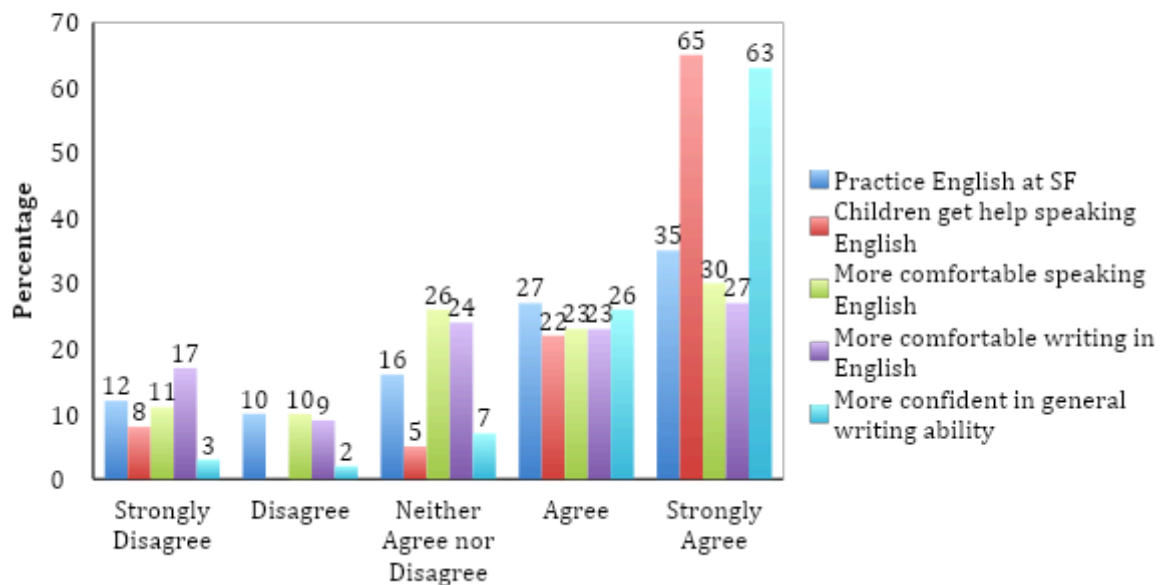
Language Skill and Use

Adults were asked to indicate the language that they used most. 94% of the respondents indicated that they used Spanish as their dominant language. 6% reported that they used

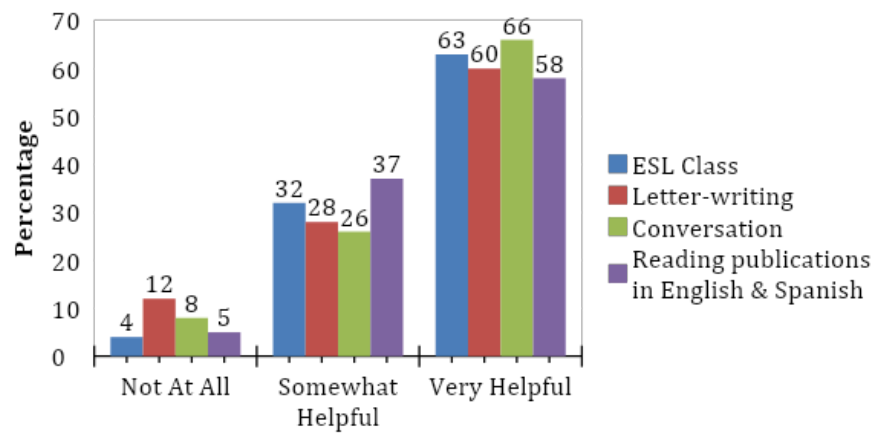
English. Though other language options were provided, no adult surveyed chose a language other than Spanish or English. The majority of adults who responded to the survey reported feeling that the activities offered through Sunday Friends to help with learning English were very helpful, with conversation being perceived as the most helpful. While there are a number of writing and speaking opportunities during the Sunday Friends day, it is noteworthy that parents report strong agreement that the program is particularly good at giving their children help with speaking English (65) and with the parents' overall confidence in their writing abilities (63).



Adult and Child Language Development at Sunday Friends



SF Activities That Help With Learning English

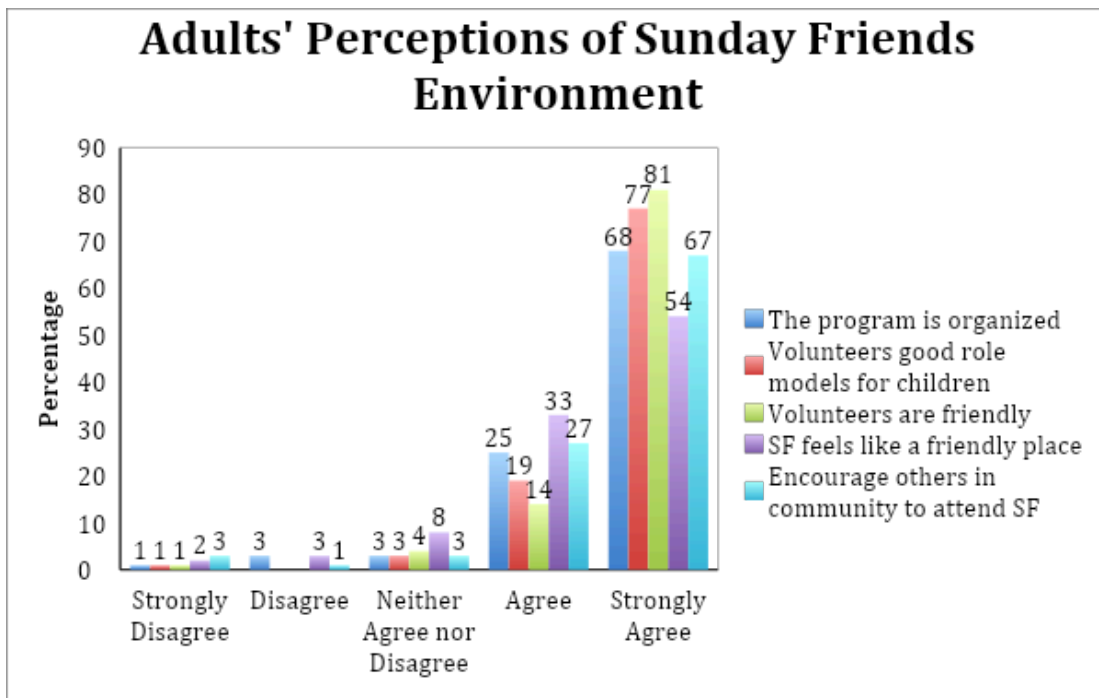


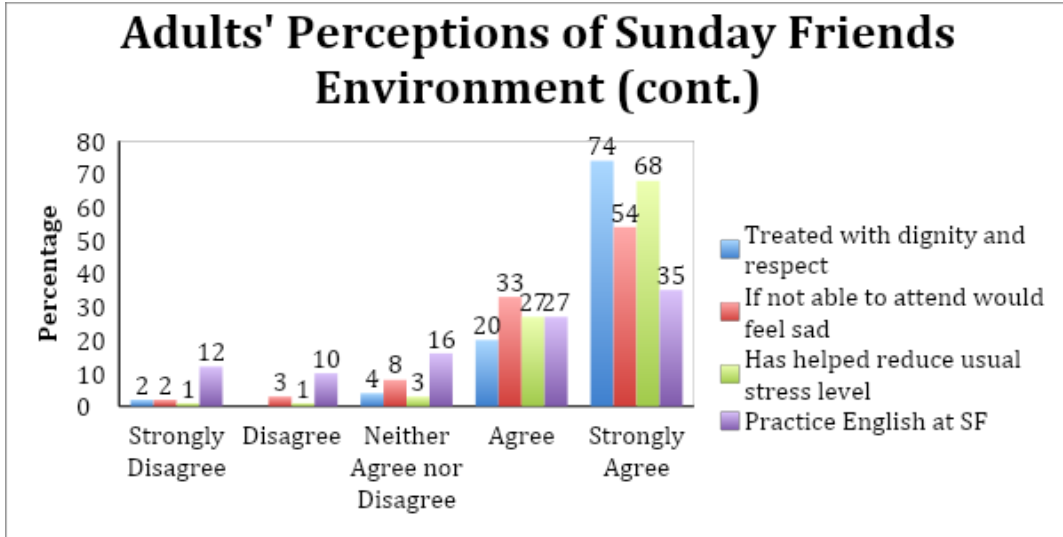
Perceptions of Sunday Friends Environment

The adults who participated in the Sunday Friends survey were asked questions to determine their perceptions of the Sunday Friends environment and the impact Sunday Friends has had on them personally and on their family.

There was overwhelming endorsement of how the Sunday Friends program and volunteers engage with participants and create a organized environment that is conducive to then well being and sense of community among the parents and children who attend each Sunday.

Parents strongly agreed that the Sunday Friends volunteers are friendly (81) and are good role models for the children and youth (77). Parents report that they are treated with dignity and respect at Sunday Friends (74), and 87% reported that they would be sad if they were not able to attend Sunday Friends. **One extremely positive finding is that 95% of parents either agree or strongly agree that Sunday Friends has helped them to reduce their usual level of stress. Ninety-four percent of parents report that they are regularly encouraging others in the community to attend Sunday Friends.**





Parents' Perceptions of Academic Benefits for Children

A primary goal of the Sunday Friends Program is to promote the development of academic skills and motivation to succeed educationally. Therefore, The adults who participated in the Sunday Friends survey were asked questions in regards to their children's academic skill building. The majority of adults who responded to the survey reported feeling strongly that Sunday Friends has positively impacted their children's' motivation and task orientation as well as their own engagement in their child's school experience. Parents reported that their child enjoys writing more (72), they are learning math, science and computer skills (79), that they do better in school (78), and are reading more for fun (77).

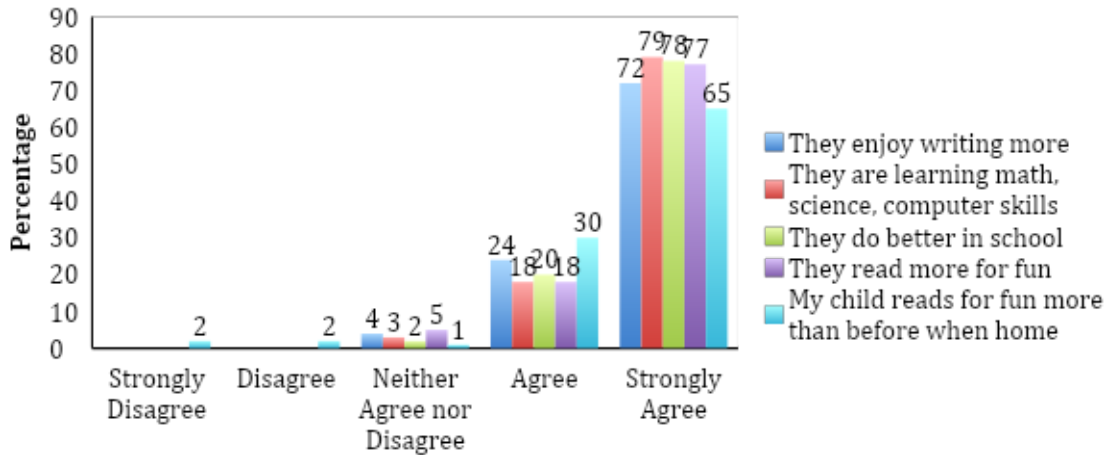
Parents reported that they are very likely to be more actively involved in helping their child succeed in school (80), that they better understand ways to help promote their child's academic success (74) and that they are spending more meaningful and educational time with their child (80).

Parents reported high levels of collaborative and interactive engagement with their children that are related to academic skill building. Seventy percent of the adults agreed or strongly agreed with the statement that they are reading on a daily basis with their child. A slightly higher percentage report writing with their child weekly (52).

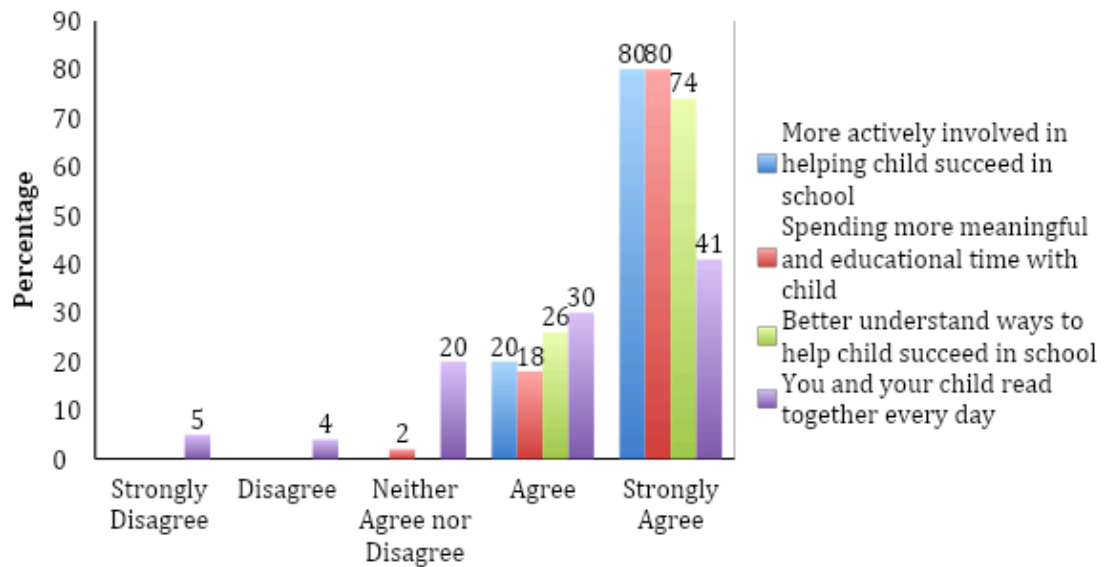
It is particularly encouraging to see the very high percentage of parents who report that they are more dedicated to ensuring regular school attendance (81). Parents were very likely to be talking with their child's teacher about the child's behavior (71) and grades (69).

Overall there is ample evidence that Sunday Friends is achieving its mission to educate children and their families in order to foster a commitment to schooling and academic success.

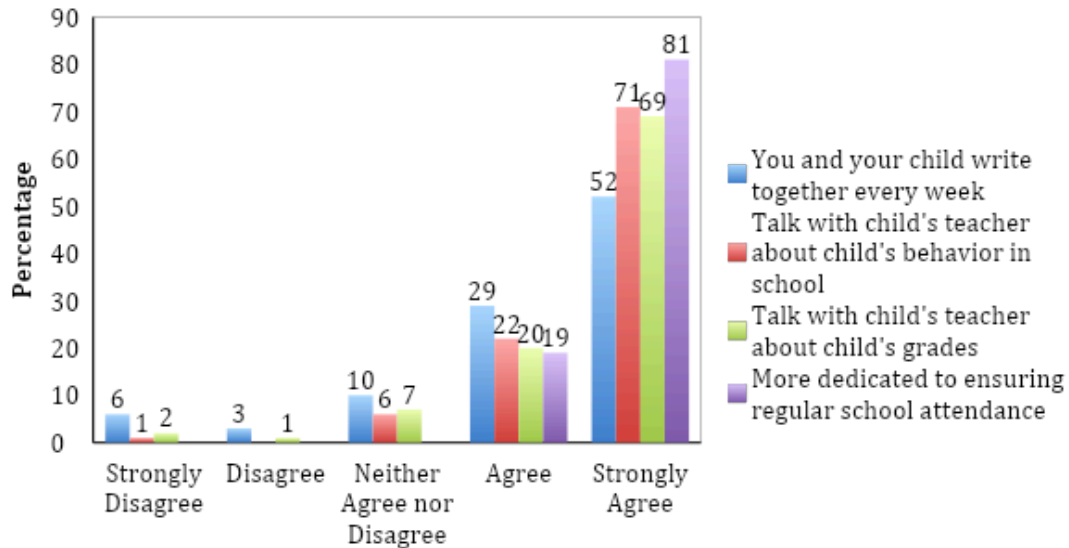
Parent Perception of Academic Skill Building



Parents' Involvement in Children's School/Academic Life/Reading & Writing



Parents' Involvement in Children's School/Academic Life/Reading & Writing



Parents' Report on Youths' Feelings

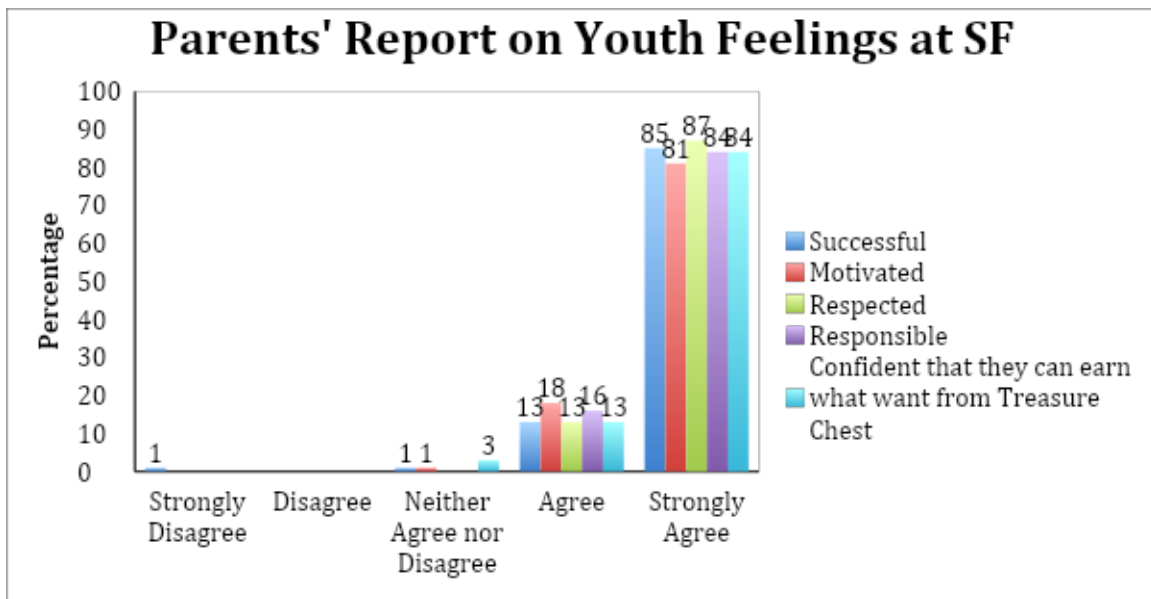
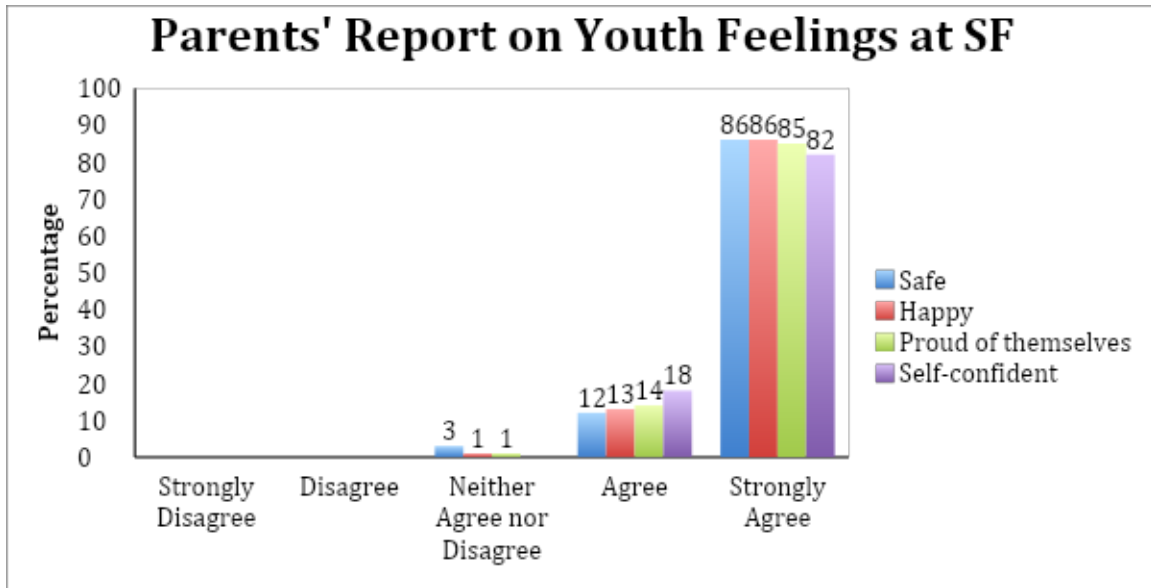
The parent or guardian was asked to report on their children's experiences at Sunday Friends. As a result, they were asked "When you are at SUNDAY FRIENDS with your children, do you think your children feel..." and they were to rate the extent to which they thought their children felt motivated, sad, confident, etc.

The vast majority of the parents and guardians who answered this survey reported that their children were benefiting from the Sunday Friends program. When presented with the positive self-concept and pro-social elements, very few parents and guardians answered with "strongly disagree" and "disagree". This means that Sunday Friends is providing the majority of the participating children with positive experiences. Some of the elements with the strongest agreement are they want to do their best (86), they are willing to try new things (86), they want to learn new things (89), they feel supported by the Sunday Friends volunteers (87), they feel people are glad to see them at Sunday Friends (85), they feel respected (87), responsible (84), successful (85), they feel close to their family (86), they feel happy (86), proud (85), self-confident (82), and they feel safe (86).

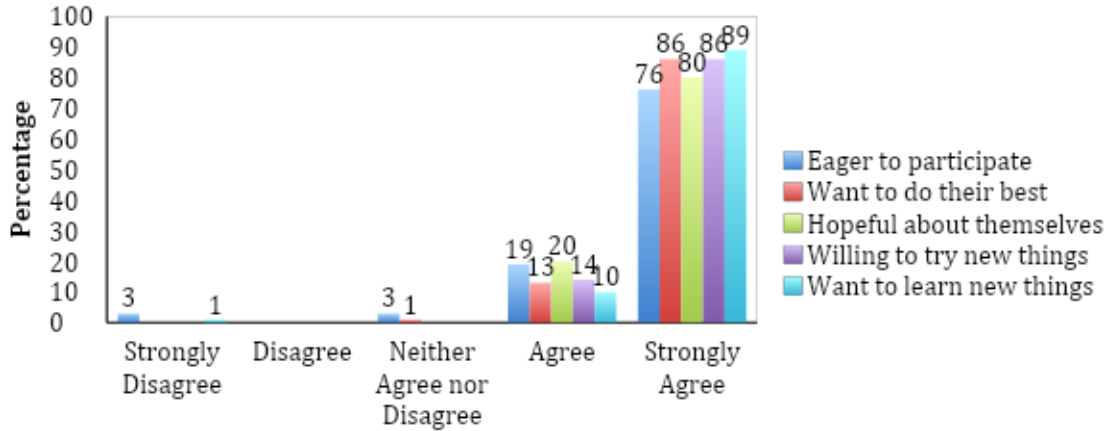
The following elements do not have as strong of an agreement, but they still demonstrate that a large majority of the parents believe that their children feel appreciated (78), eager to

participate (76), hopeful about themselves (80), not lonely (71) and not excluded from the group (71).

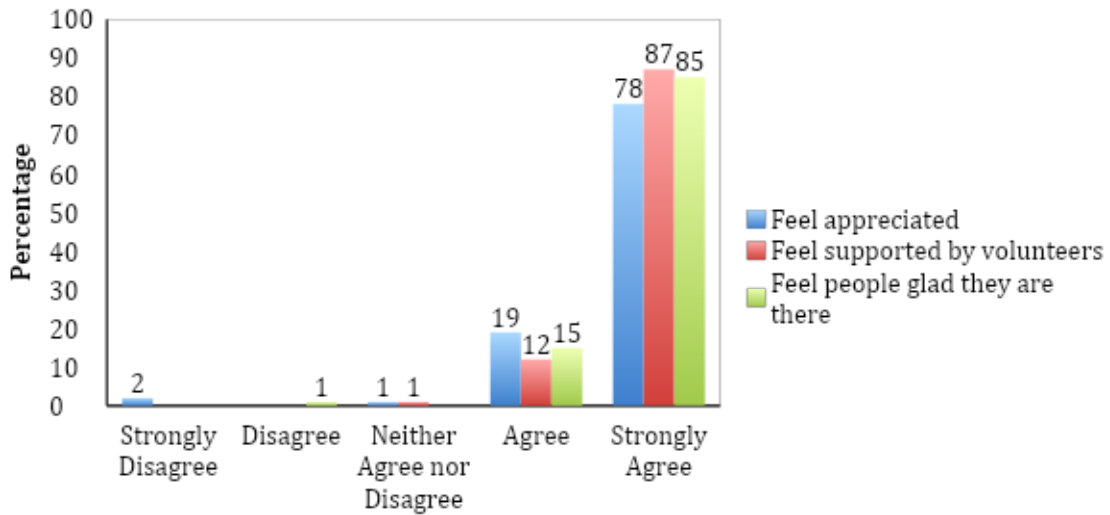
The following are the positive elements that show the weakest agreement. However, notice that there is a still a solid majority of parents and guardians who agree that their children are not likely to feel bored (61) or that others do not notice them (55).

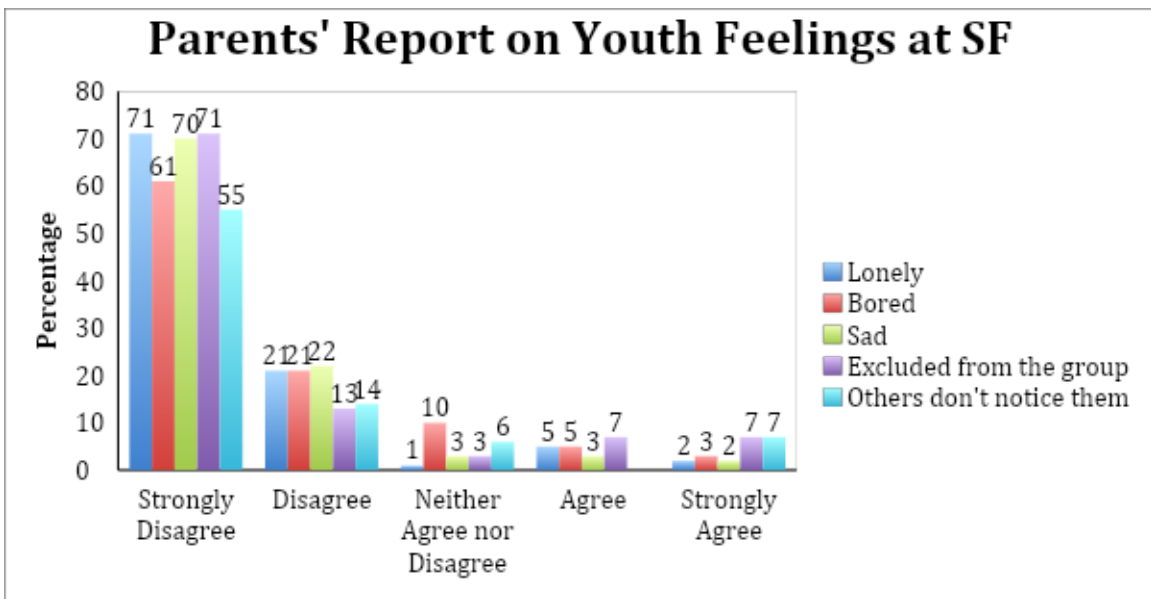
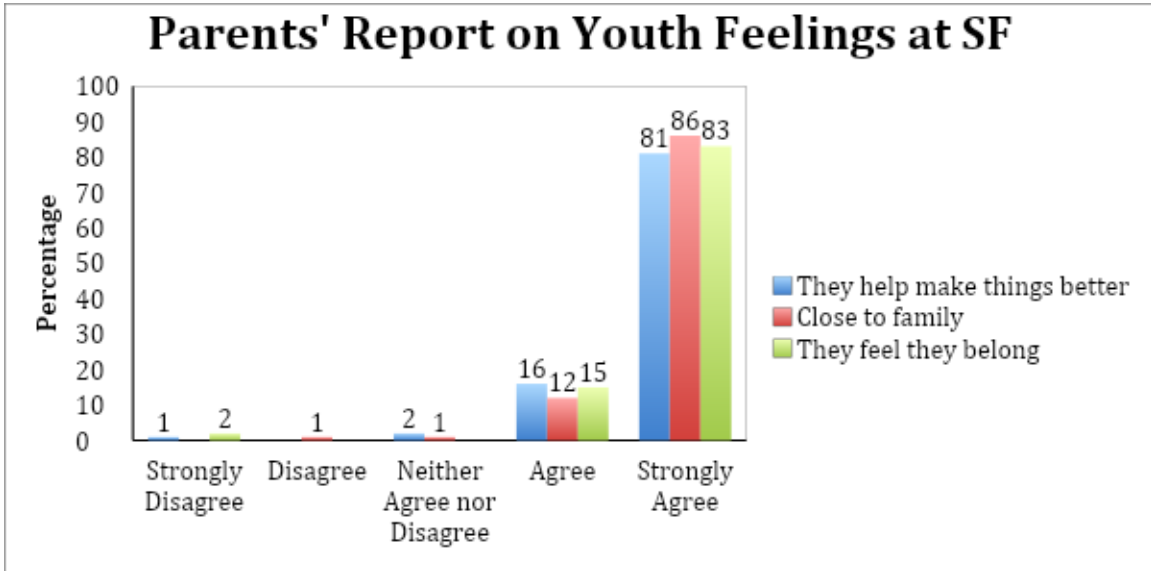


Parents' Report on Youth Feelings at SF



Parents' Report on Youth Feelings at SF



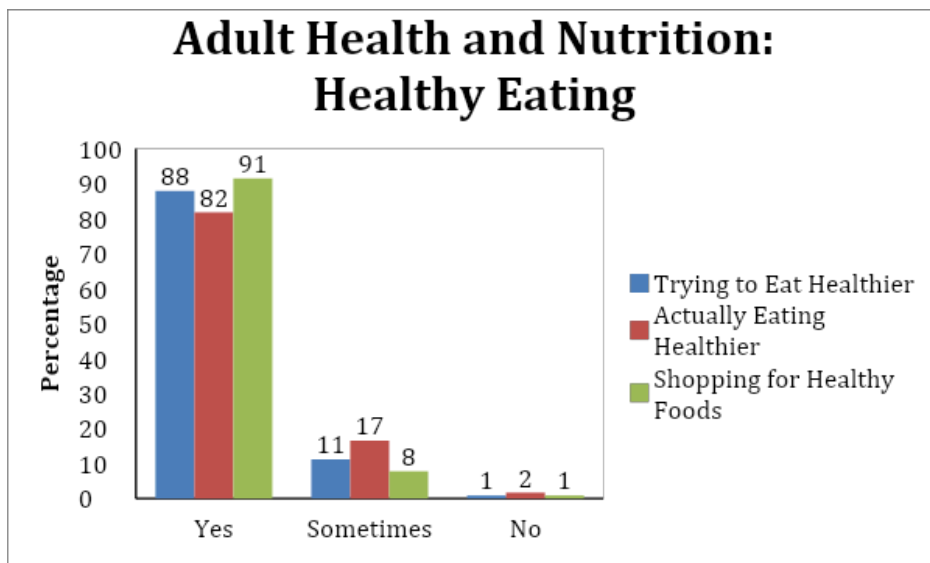


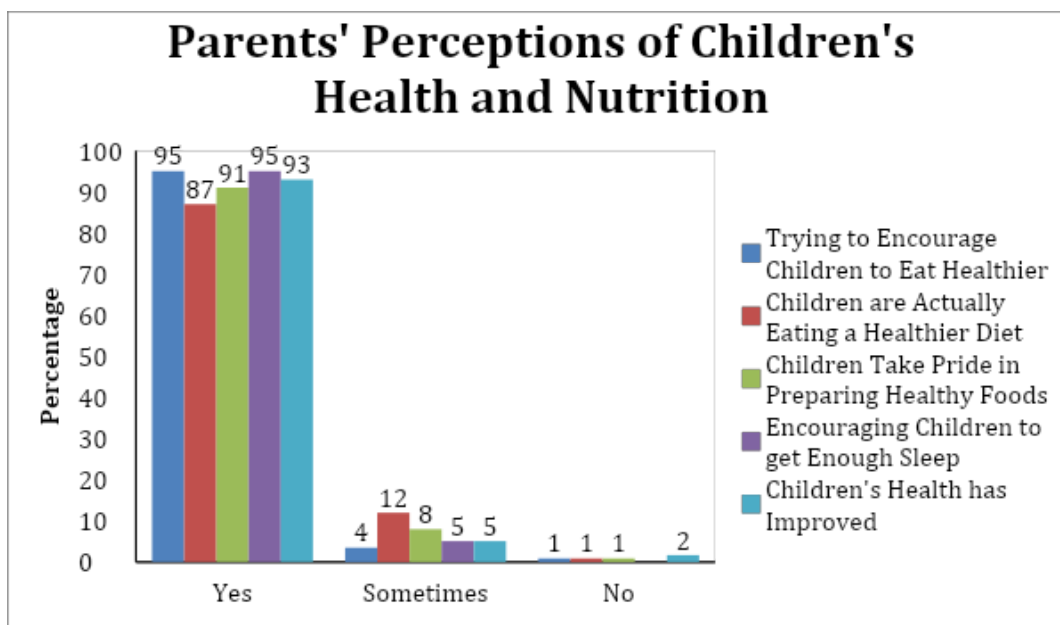
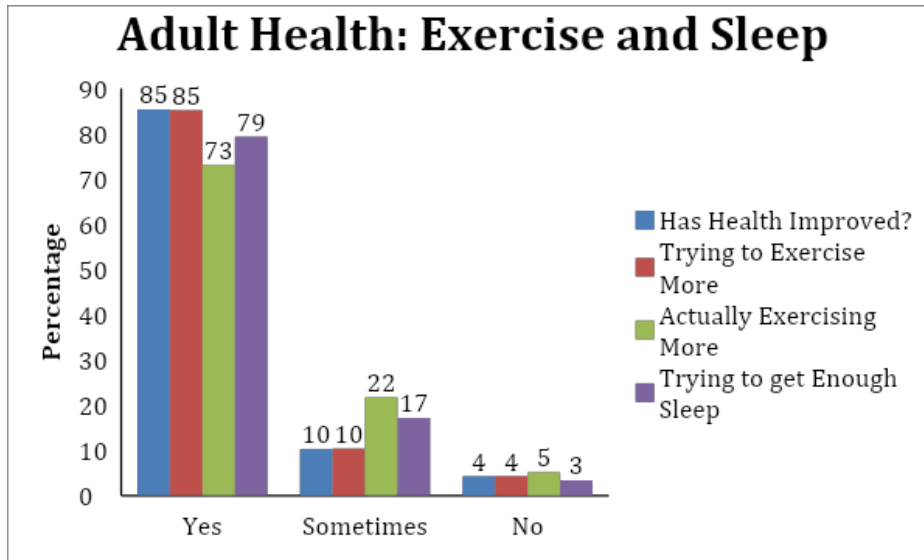
Health-related Behaviors of Self and Family

The adults who participated in the Sunday Friends survey were asked questions in regards to the life changes they have made about their health. As a result, they were to answer with a “yes”, “sometimes”, “no” to a set of questions about diet, exercise and sleep. Parents were also asked about the health behaviors of their children. Because some respondents no longer had minor children in the home, a “not applicable” option was provided. Respondents selecting the not applicable option were excluded from the analyses.

The majority of the adults reported that they were making new efforts to maintain a healthier lifestyle. When presented with whether they have been incorporating specific healthy choices into their daily life, very few people said “no”. Some of the elements to which a large majority of the adults answered “yes” are have they been trying to eat healthier (88), have they been trying to shop for healthier foods (91), have they been trying to get their child to eat healthier meals (89), have they been encouraging their child to get enough sleep (88), do they believe their child’s health has improved (86), do they believe that their health has improved (85), and have they been trying to get more exercise (85).

Fewer adults answered “yes” to the following elements, but a vast majority of adults still say that they are incorporating these healthy practices into their life. These elements include do they actually eat healthier meals (82), do they actually exercise more (73.0), have they been trying to get enough sleep (79), do their children actually eat healthy meals (81.0), and do your children take pride in preparing healthy meals (83).





Program Impact on Parents / Guardians

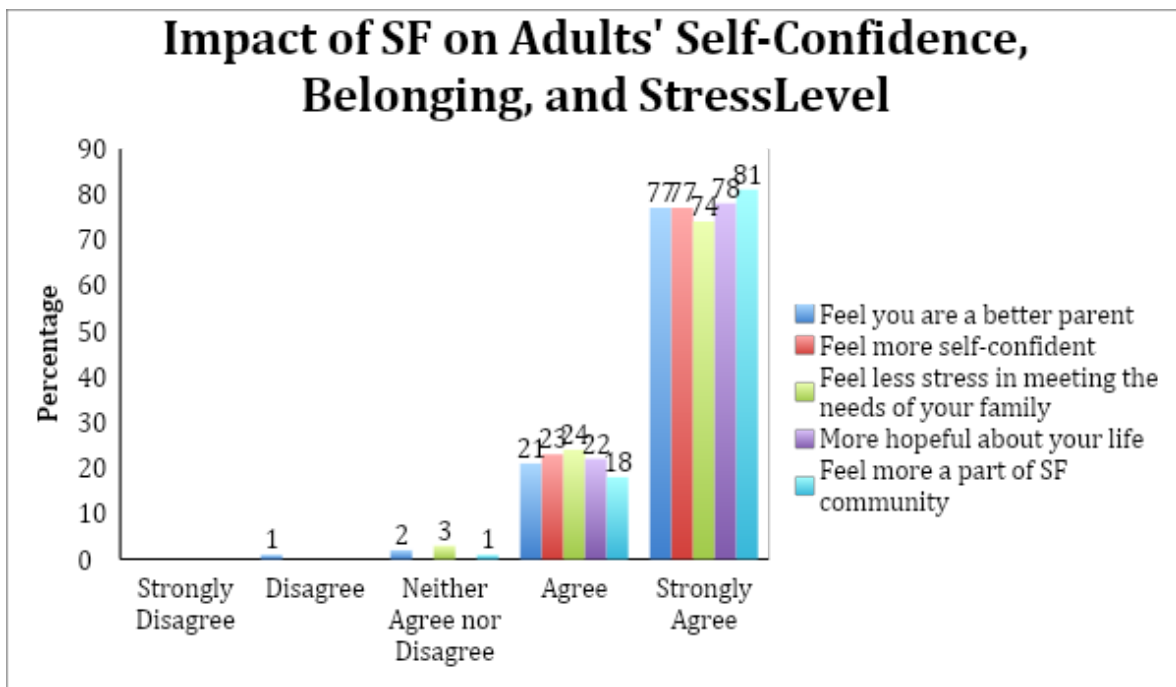
The adults who participated in the Sunday Friends survey were asked questions in regards to the impact of Sunday Friends on their lives in general. Specifically, they were given the instruction to think about themselves and how they have changed since starting Sunday Friends. They were asked to consider whether participation in Sunday Friends has made a positive change in their life.

Consistent with the strong positive findings throughout this report, the adults reported strong agreement that the Sunday Friends program has been positively transformational in their life.

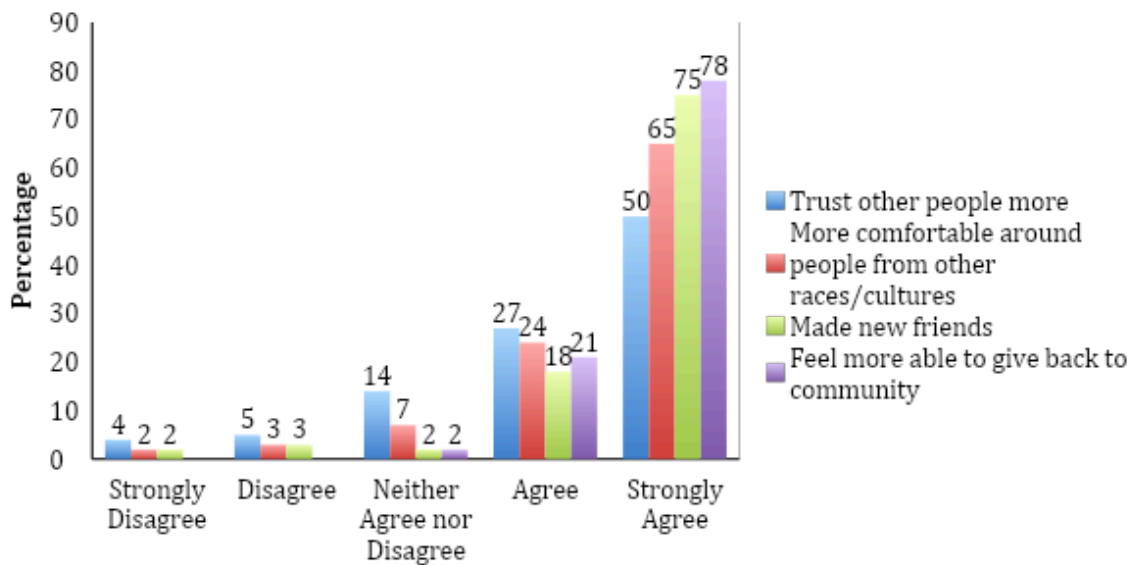
Ninety-nine percent of respondents agreed or strongly agreed with the statement that they felt more a part of the Sunday Friends community. A similarly high percentage stated that they felt hopeful about their life (99). In fact, 97-99% of the adult respondents also agreed or strongly agreed that they feel more self-confident, feel that they are a better parent, feel better about how they are disciplining their children, feel more successful, feel more confident about how they are handling situations with their children, and feel less stress in meeting the needs of their family as well.

Seventy-eight percent of adults strongly agreed that they feel more able to give back to their community, and a similarly high percentage strongly agreed that they have made new friends at Sunday Friends (75). A slightly lower but still high percentage of adults strongly agreed that they are more comfortable around people from other races/ cultures and that they feel more trusting of other people (50).

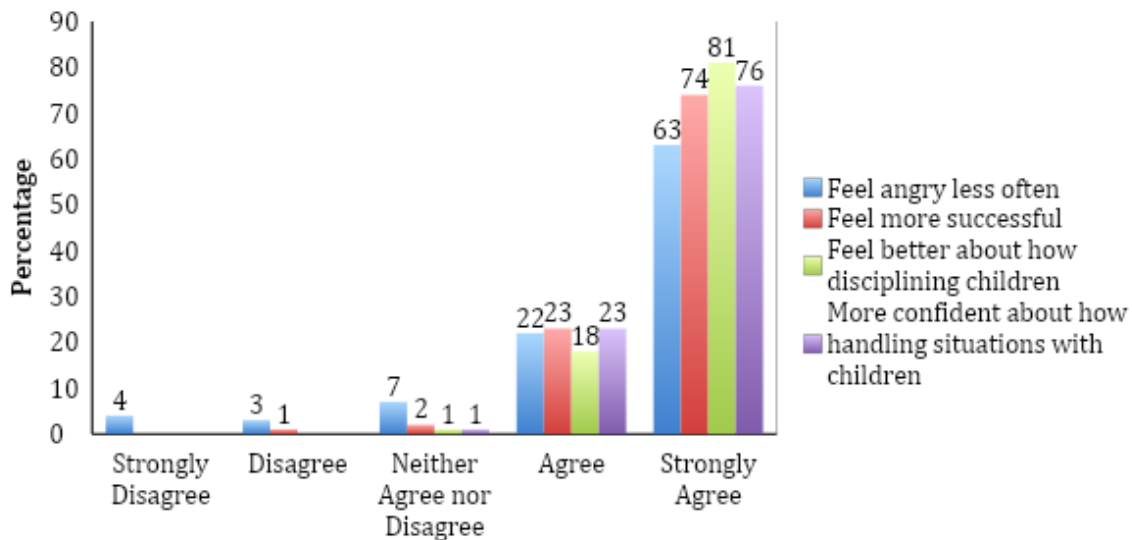
Eighty-five percent of the adults who responded to the survey said that they agreed or strongly agreed that they feel less angry as a result of their participation in Sunday Friends.



Impact of SF on Adults' Comfort and Trust with Others



Impact of SF on Adults' Anger Management, Parenting, and Discipline



RESULTS FOR SUNDAY FRIENDS PROGRAM OUTCOMES

For this report, scales were created for the three major program Outcomes that have been identified by the Sunday Friends organization.

Tables 2-4 presents the three Sunday Friends Program Outcomes, and the corresponding scales that were created for each of the Program Outcomes. Bulleted statements under each scale represent the specific items that were included on each of the scales. Dr. Gittens and the SCU team developed the scales using the existing SF survey items. The scales were used to evaluate the Sunday Friends Program efficacy along their self-identified Program Outcomes. This was an exploratory exercise and is subject to replication. Alpha reliability analysis results are presented for each of the subscales. “Cronbach's alpha is a measure of internal consistency, that is, how closely related a set of items are as a group. It is considered to be a measure of scale reliability” (<http://www.ats.ucla.edu/stat/spss/faq/alpha.html>). Alpha reliability results ranged between .818 and .915; all scales can be considered acceptably high in internal reliability.

Table 2. Adult Survey Items Included on the Scales for Program Outcome One

Program Outcome #1
<i>OUTCOME #1 Parent’s Behavior Fosters their Children’s Healthy Development</i>
1.1 SENSE OF CONFIDENCE ABOUT USING POSITIVE PARENTING METHODS ($\alpha = .909$)
<ul style="list-style-type: none"> ● You feel more self-confident ● You feel you are a better parent ● You feel more confident about how you are handling situations with your children ● You feel more confident that your children will be able care for themselves as they grow up ● You feel better about how you are disciplining your children ● You have learned some effective ways to discipline your children ● You better understand the value of spending time with your children doing creative activities

- You feel more confident that you will be able to care for your family in the future

1.2 SENSE OF ONE'S CURRENT STRESS LEVEL (LEVEL OF OPTIMISM AND HOPE) ($\alpha = .861$)

- You feel you have more people or places to turn to when you have problems.
- You feel less stressed in meeting the needs of your family
- Sunday Friends has helped you reduce your usual stress level
- You are better able to handle life's many demands
- You are more hopeful about your life
- You feel more positive about the future because of Sunday Friends.
- You are more able to think about the needs of your family in the future
- You think about meeting your family's needs each month, but you are more able to think about other things too
- You are more able to think about whether your children will grow up able to take care of themselves

1.3 SENSE OF SATISFACTION IN TALKING WITH MY CHILDREN ABOUT THINGS THAT MATTER ($\alpha = .826$)

- Your child talks with you about things that are important to him/her more than before
- (Kids) They talk more at home about things that are important to them
- You talk more with your child
- You have more positive interactions with your child

1.4 HOME ACTIVITIES / CONSTRUCTIVE USE OF HOME TIME TOGETHER ($\alpha = .818$)

- You better understand the value of spending time with your children doing creative activities
- You spend more time with your family
- You are spending more meaningful and educational time with your child
- You better appreciate the value of your family working together
- You and your child read together every day

- You and your child write together every week
- My child watches less TV than before whenever s/he is at home
- You and your child spend more time at home sharing activities without a TV on

1.5 POSITIVE BEHAVIORS CHILDREN SEE THEIR PARENTS DOING (ROLE MODELING) ($\alpha = .884$)

- You feel you are using your money more carefully
- You feel you are setting a better example for your children by spending carefully
- You feel you are a better role model for your children
- You pay more attention to leading by example so your children see your good behavior
- You are more able to think about what your actions are teaching your children

1.6 CURRENT ORIENTATION OF SHORT-TERM SURVIVAL OR LONG-TERM ORIENTATION FOCUSED ON PARENTING ROLE ($\alpha = .910$)

- You are more able to think about the needs of your family in the future
- You feel more confident that you will be able to care for your family in the future
- You feel more positive about the future because of Sunday Friends
- You think about meeting your family's needs each month, but you are more able to think about other things too
- You are better able to handle life's many demands
- You feel more confident that your children will be able care for themselves as they grow up
- You are more able to think about whether your children will grow up able to take care of themselves
- You feel more confident that your children will be financially stable when they grow up
- You feel less stressed in meeting the needs of your family

1.7 CHILDREN'S POSITIVE WELL-BEING AND OPTIMISM ($\alpha = .904$)

- They feel more that life can be good
- (Kids) They like themselves better

- (Kids feel) They are hopeful about themselves
- My child acts less depressed
- (Kids Feel) Close to their family
- (Kids) They appreciate their family more

Table 3. Adult Survey Items Included on the Scales for Program Outcome Two

Program Outcome #2
<i>OUTCOME #2 Children Demonstrate Pro-Social and Pro-Education Attitudes and Behavior</i>
2.1 CHILDREN’S POSITIVE SOCIAL BEHAVIORS ($\alpha = .906$)
<ul style="list-style-type: none"> ● My child helps a neighbor, friend or relative more than before ● (Kids) They show more respect for things around them ● (Kids) They show more respect for people ● (Kids) They use better manners ● (Kids) They have more positive relationships with adults outside the family such as teachers or Sunday Friends volunteers ● (Kids) They realize that they can help others ● My child helps with household chores or cooking more than before ● Your child is more interested in helping the family be successful
2.2 QUALITY OF CHILDREN’S DECISIONS ($\alpha = .875$)
<ul style="list-style-type: none"> ● My child is more able to find acceptable ways to get what s/he wants ● (Kids) They are more able to say no to doing wrong or dangerous things

<ul style="list-style-type: none"> ● (Kids) They make better decisions ● (Kids) They are learning how to manage money ● My child practices making careful decisions about saving and spending ● (Kids) They are learning better ways to get what they want
<p>2.3. CHILDRENS LEARNING & TASK ORIENTATION ($\alpha = .871$)</p>
<ul style="list-style-type: none"> ● They do better in school ● They try harder to do the best they can ● They enjoy learning more ● They pay more attention ● My child is more interested in learning new things ● They read more for fun
<p>2.4. PARENTS' ENGAGEMENT IN CHILD'S ACADEMICS, LEARNING & TASK ORIENTATION ($\alpha = .904$)</p>
<ul style="list-style-type: none"> ● You are more dedicated to ensuring your children's regular attendance in school ● You are more actively involved in helping your child succeed in school ● You better understand ways to help your child succeed in school. ● You talk with your child's teacher about his/her behavior in school ● You talk with your child's teacher about his/her grades ● My child knows I expect her/him to do their best

Table 4. Adult Survey Items Included on the Scales for Program Outcome Three

Program Outcome #3

Outcome #3 Family Members Understand and Practice Sound Financial Management Behaviors

3.1 PROMOTION OF OVERALL FAMILY STABILITY ($\alpha = .854$)

- You are more dedicated to making family stability a priority
- You feel you are a better role model for your children
- You think about meeting your family's needs each month, but you are more able to think about other things too
- You feel more confident that you will be able to care for your family in the future
- You feel less stressed in meeting the needs of the family

3.2 PROMOTION OF FINANCIAL MANGAGEMENT ($\alpha = .852$)

- You feel you are using your money more carefully
- You feel you are setting a better example for your children by spending carefully
- You feel more confident that your children will be financially stable when they grow up
- They are learning how to manage money
- My child practices making careful decisions about saving and spending
- (Kids) Confident that they can earn what they want from the Treasure Chest
- (Kids) They feel proud when they work for the things they want

Graphical Presentation of Items from the Program Outcome Scales

What follows are first graphical presentations of the individual items that form the set of Outcome scales. For some scales the items are clustered further to aid in the visual display.

Outcome #1 Parent’s Behavior Fosters their Children’s Healthy Development

Table 5 presents the descriptive statistics for the Program Outcome scales. To make the results easier to interpret, all scale scores were converted to a five-point metric to mirror the five levels of response options (1=Strongly Disagree, 2=Disagree, 3=Neither Agree or Disagree, 4=Agree, 5=Strongly Agree). As can be seen in the descriptive statistics table, all responses averaged between 4 and 5 on all scales. **This indicates a very high level of agreement with the items on the Adult survey and resounding endorsement of the positive benefits of Sunday Friends.**

Table 5. Descriptive Statistics for the Program Outcome Scales

	N	Minimum	Maximum	Mean	Std. Deviation
Outcome 1.1	108	3.25	4.38	4.1956	.30200
Outcome 1.2	107	3.33	5.00	4.7321	.37971
Outcome1.3	99	3.50	5.00	4.7449	.39606
Outcome 1.4	100	3.25	5.00	4.5212	.46604
Outcome 1.5	110	3.60	5.00	4.7709	.37718
Outcome1.6	108	3.56	5.00	4.7623	.37379
Outcome 1.7	96	3.00	5.00	4.7674	.38349
Outcome 2.1	94	3.75	5.00	4.7354	.34677
Outcome 2.2	94	3.00	5.00	4.7252	.43496
Outcome 2.3	97	3.67	5.00	4.7663	.37241
Outcome 2.4	98	3.67	5.00	4.7177	.41960
Outcome 3.1	110	3.50	5.00	4.7705	.38183
Outcome3.2	92	3.14	5.00	4.7733	.36814

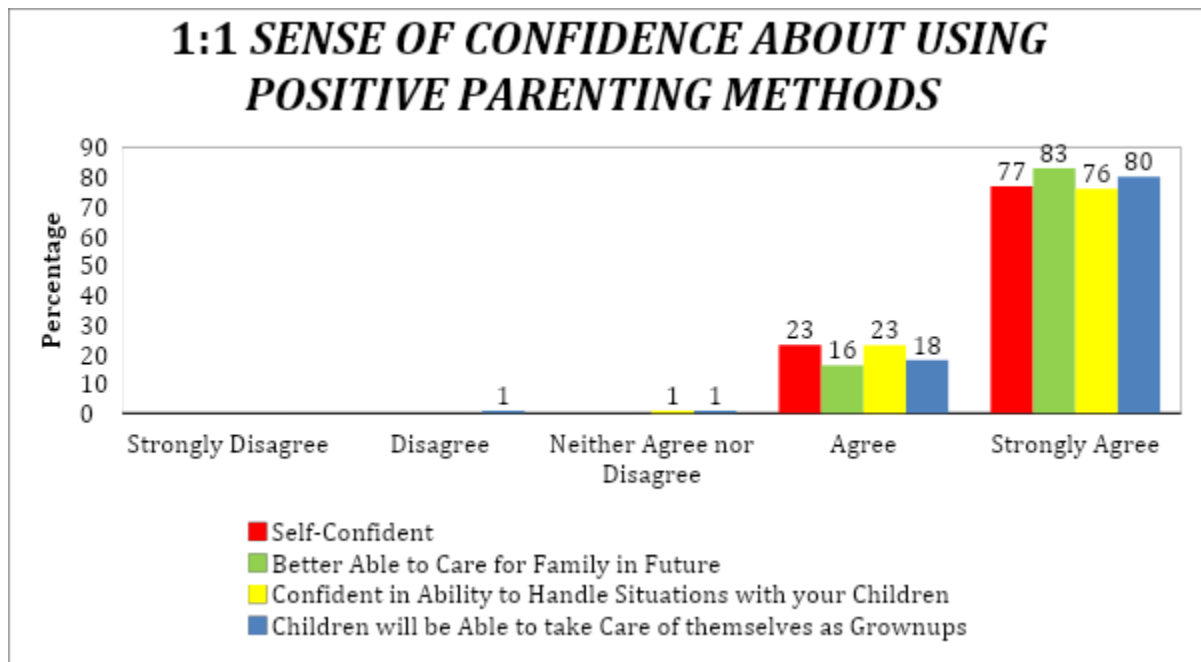
Note. “Not Applicable” responses were not included in the analysis.

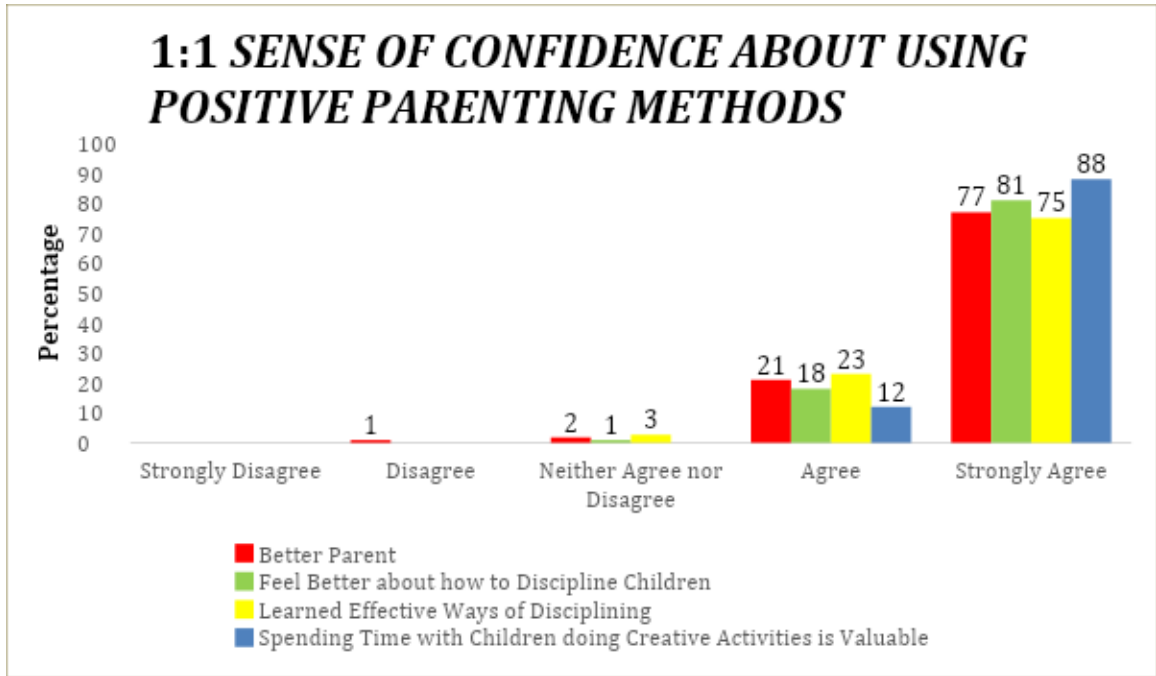
1.1: SENSE OF CONFIDENCE ABOUT USING POSITIVE PARENTING METHODS

Sunday Friends teaches necessary skills to both the children and adults who attend the program in order to help better their lives. Some classes aim to give parents a sense of confidence so that they are better able to use positive parenting methods. Because of such assistance and education, the hope is that the parents will be able to use the information to foster their children’s healthy development. Based on the survey, the vast majority of parents said that their parenting has improved because of the program. When presented with positive change elements, very few participants answered with “strongly disagree” or “disagree”. The elements with the strongest agreement are better able to care for family (83), spending time with

children doing creative activities is valuable (88), more self-confident (77), and feel better about how to discipline their children (81).

Though there is a weaker agreement for the following elements, the majority of the parents agree that their children will be able to take care of themselves in the future (80), they have become better parents (77), they are better able to handle situations with children (76), and they have learned affective ways to discipline their children (81).



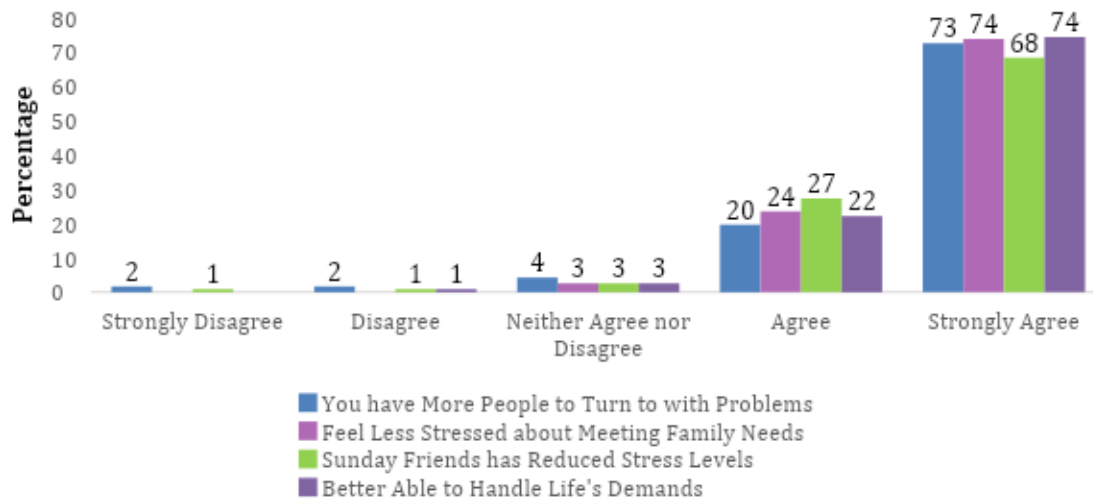


1.2: SENSE OF ONE’S CURRENT STRESS LEVEL (LEVEL OF OPTIMISM AND HOPE)

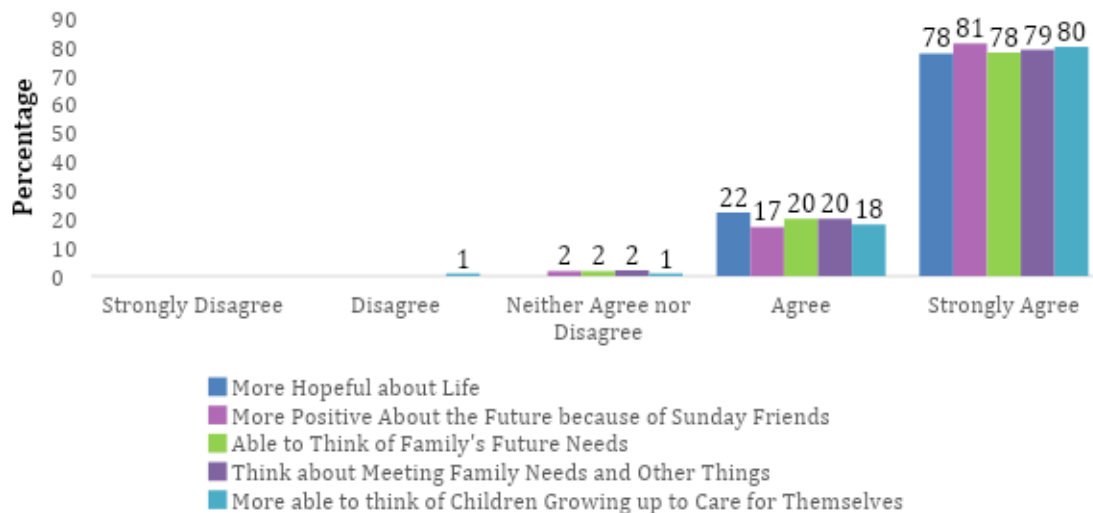
Sunday Friends aims to help reduce the stress levels experienced by the adults through the many classes and programs. By reducing the amount of stress these adults experience, they can focus some of their attention on looking to the future with optimism. A great majority of the adult participants strongly agree that they are more hopeful about their future because of Sunday Friends (81), more hopeful about life (78), able to think about their families future needs (78), able to think about family’s needs as well as other things (79), and able to think about whether your children will be able to care for themselves in the future (80).

The following elements have weaker agreement, but they still show that a great majority of the adults participating in the survey agree that they are better able to handle life’s demands (74), they have people to turn to in times of trouble (73), they are less stressed about meeting family needs (74), and Sunday Friends has reduced their usual stress levels (68).

1.2 SENSE OF ONE'S CURRENT STRESS LEVEL (LEVEL OF OPTIMISM AND HOPE)



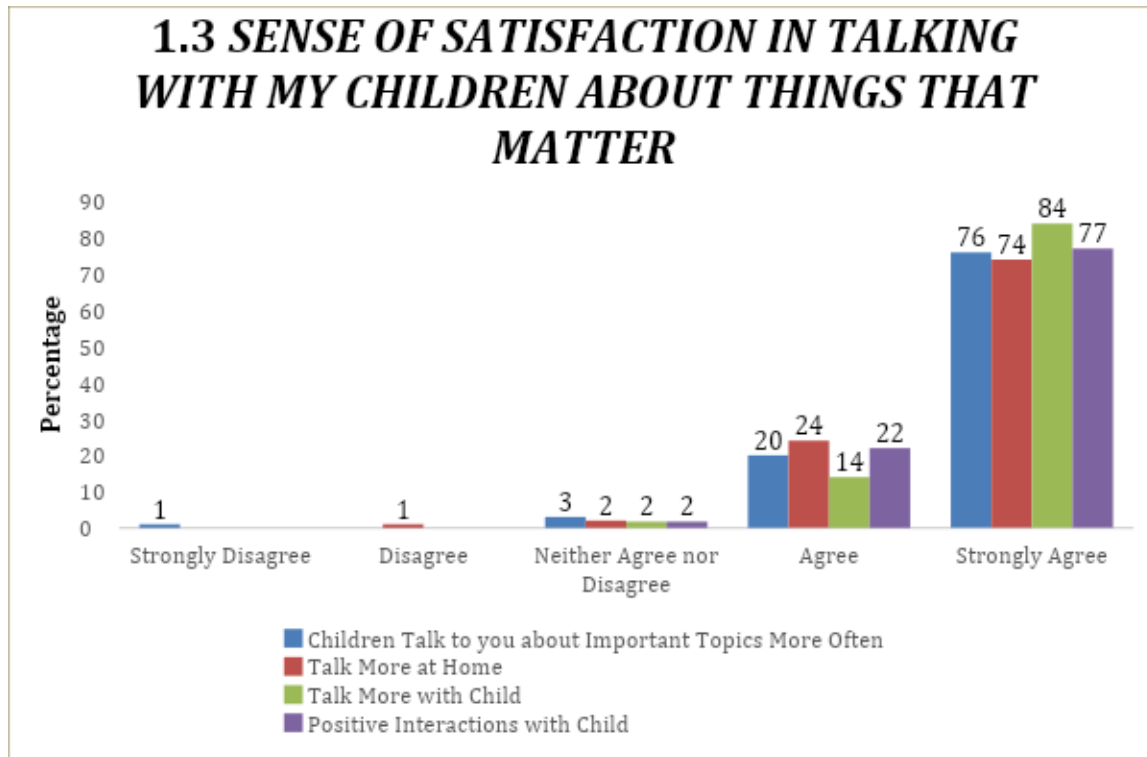
1.2 SENSE OF ONE'S CURRENT STRESS LEVEL (LEVEL OF OPTIMISM AND HOPE)



1.3: SENSE OF SATISFACTION IN TALKING WITH MY CHILDREN ABOUT THINGS THAT MATTER

The Sunday Friends program also hopes to encourage communication within the family about topics that matter to them. Overall, there is strong agreement among the adults that Sunday

Friends has inspired them to talk with their children more often (84), allowed for more positive interactions with their children (77), resulted in their children talking to them about important topics (76), and has encouraged them to talk to their children at home more often (74).

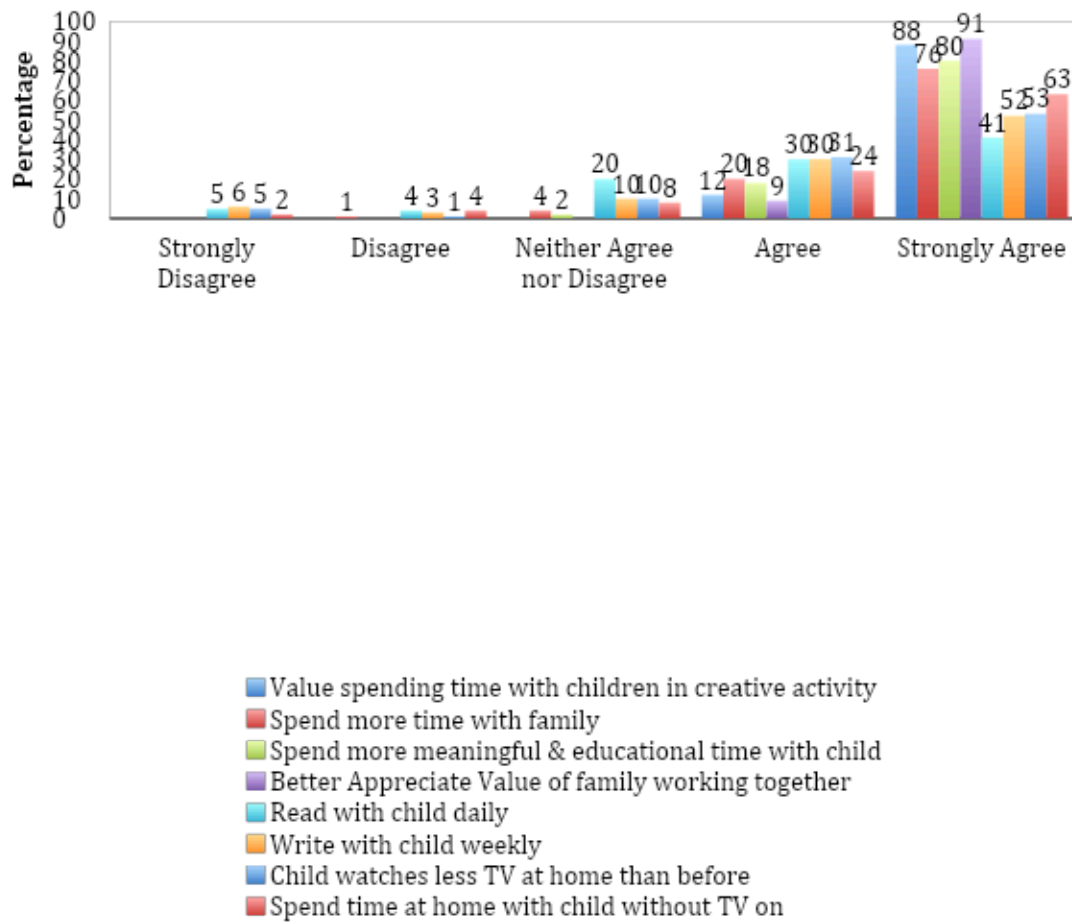


1.4 HOME ACTIVITIES / CONSTRUCTIVE USE OF HOME TIME TOGETHER

The Sunday Friends program encourages families to engage in activities together when they are at home and to make their home time together meaningful. There is strong agreement among the adults that Sunday Friends has inspired them to better appreciate the value of the family working together (91), to value spending time with their children in creative activity (88), to spend more meaningful and educational time with their children (80), and to spend more time in general with family (76).

The following elements have weaker agreement, but they still show that a great majority of the adults participating in the survey agree or strongly agreeing that they spend more time at home with their child without the TV on, that their child spends less time at home in front of the TV, and that they are inclined to read daily and write weekly with their child.

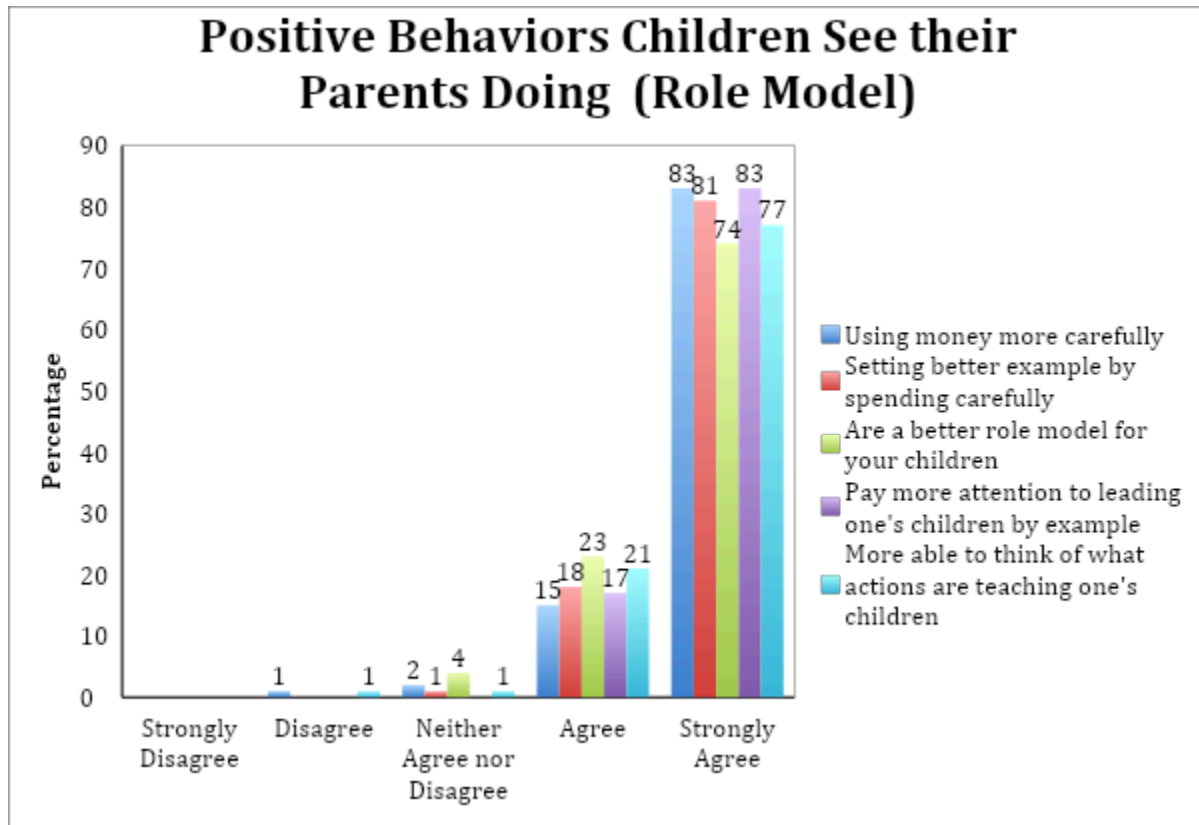
Home Activities: Constructive Use of Home Time Together



1.5 POSITIVE BEHAVIORS CHILDREN SEE THEIR PARENTS DOING (ROLE MODELING)

The Sunday Friends program encourages parents and guardians to consider how they are able to role model positive behaviors to their children. A critical component of this goal is to raise parents' awareness of the example they are setting with their children through their own behavior and to promote reflection on the message their behavior sends to other members of the family. This could be in general, but a particular focus of the program is on role modeling sound money management. There is strong agreement among the adults that Sunday Friends has inspired them to use money more carefully (83), to pay more attention to leading one's children by example (83), and to set a better example by spending carefully (81). Adults report

that they are a better role model for their children (74) and are more able to think about what their actions are teaching their children (77) as a result of participating in the Sunday Friends Program.

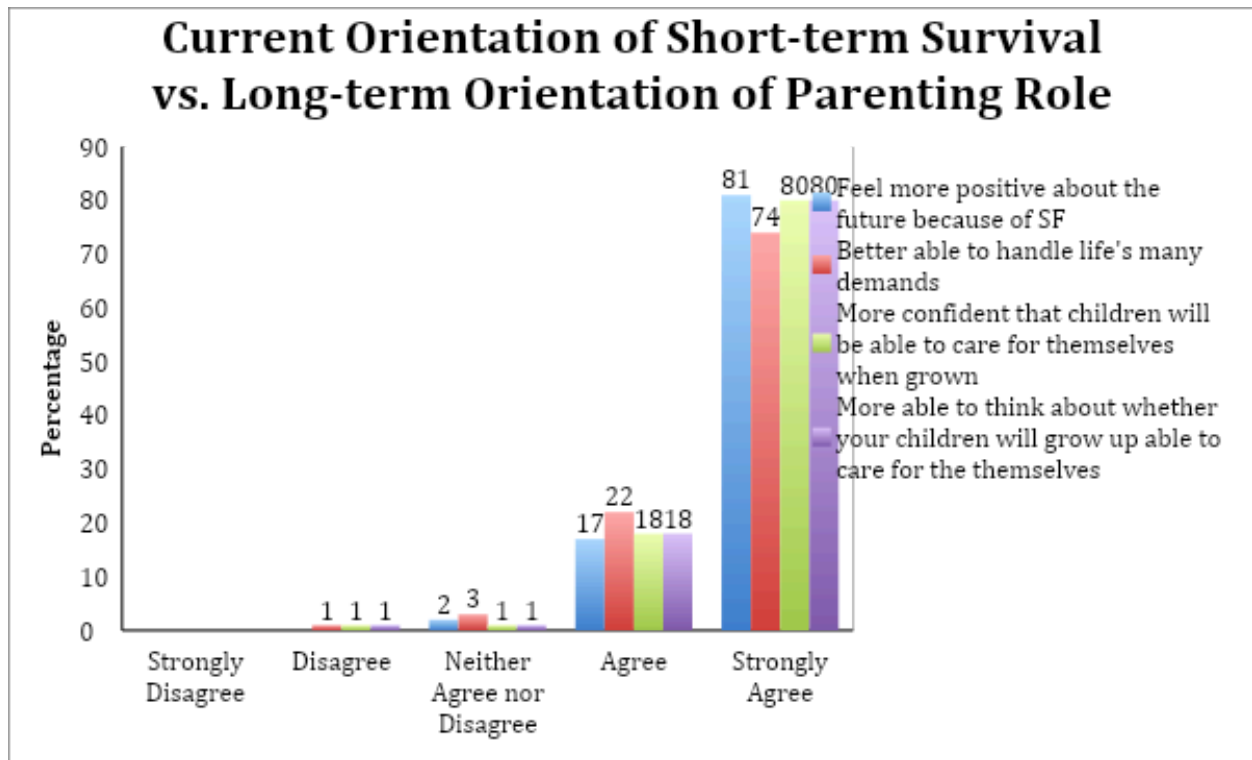


1.6 CURRENT ORIENTATION OF SHORT-TERM SURVIVAL OR LONG-TERM ORIENTATION FOCUSED ON PARENTING ROLE

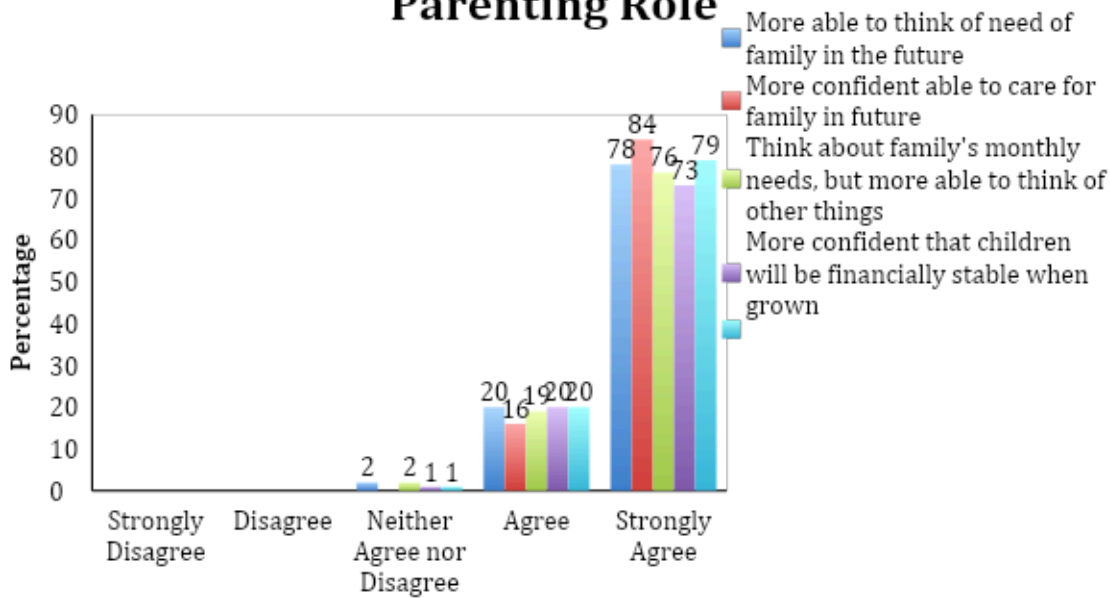
A essential feature of the Sunday Friends Program’s vision for helping families break the cycle of poverty is to promote financial literacy and life skills that enable parents to move beyond a short term orientation on survival to a more long-term orientation focused on the parenting role and the ability to care and provide for one’s family in the future. There is strong agreement among the adults that Sunday Friends has enabled them to feel more positive about the future (81), to be more confident that their children will be able to care for themselves when they are grown (80), they are more confident that they are able to care for their family in the future (84) and that they are more able to think about whether their children will grow up able to care for their themselves (80).

Also strong is the parents’ agreement that the Sunday Friends program has helped them to be better able to handle life’s demands (74), more able to think of the family’s needs in the future

(78), feel less stress in meeting the family's needs (79). And to be able to think about the family's monthly needs but be able to think of other things as well (76).



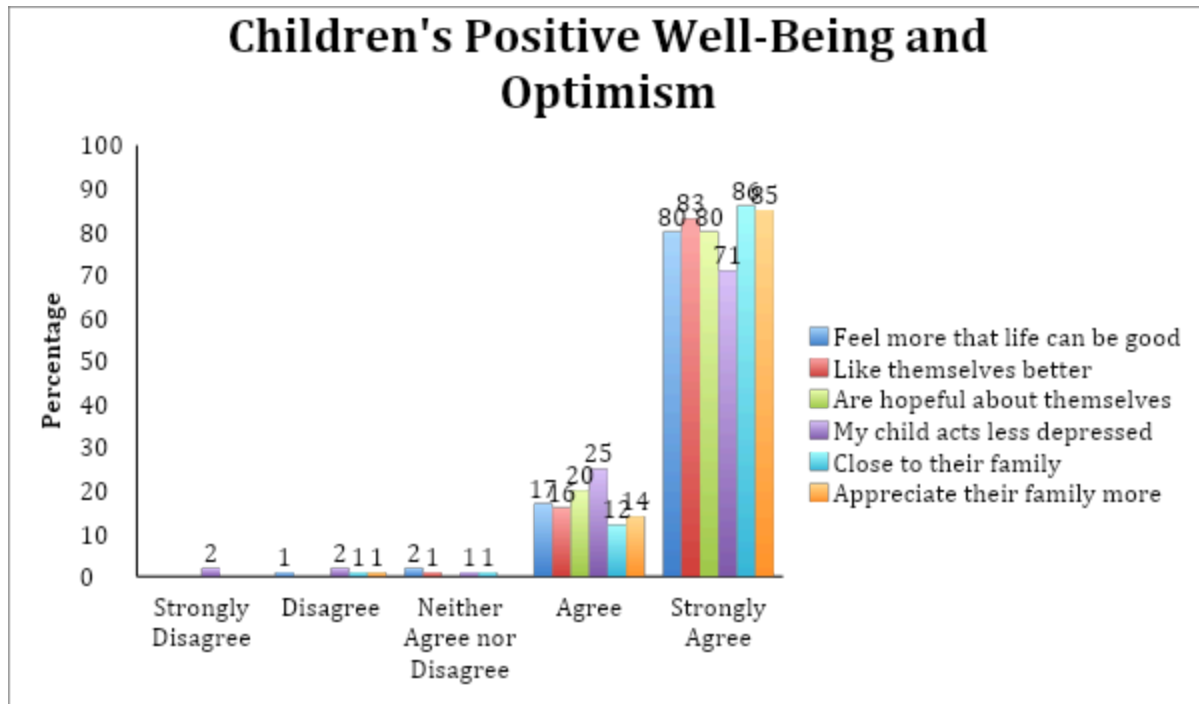
Current Orientation of Short-term Survival vs. Long-term Orientation of Parenting Role



1.7 CHILDREN'S POSITIVE WELL-BEING AND OPTIMISM

The Sunday Friends Program is committed to promoting positive social and emotional well being through its wide array of education classes, activities, and community-based services. The positive benefits are intended for adult and child alike. Parents were asked to indicate whether the Sunday Friends Program has had an impact on the social and emotional well being of their children.

There is strong agreement among the adults that participation in Sunday Friends has encouraged their children to appreciate the family more (85), to feel close to their family (86), to feel hopeful about themselves (80) and to like themselves better (83) and to feel more that life can be good (80). Related to these positive outcomes is the fact that parents were likely to agree or strongly agree that their children act less depressed (96).



Outcome #2 Children Demonstrate Pro-Social and Pro-Education Attitudes and Behavior

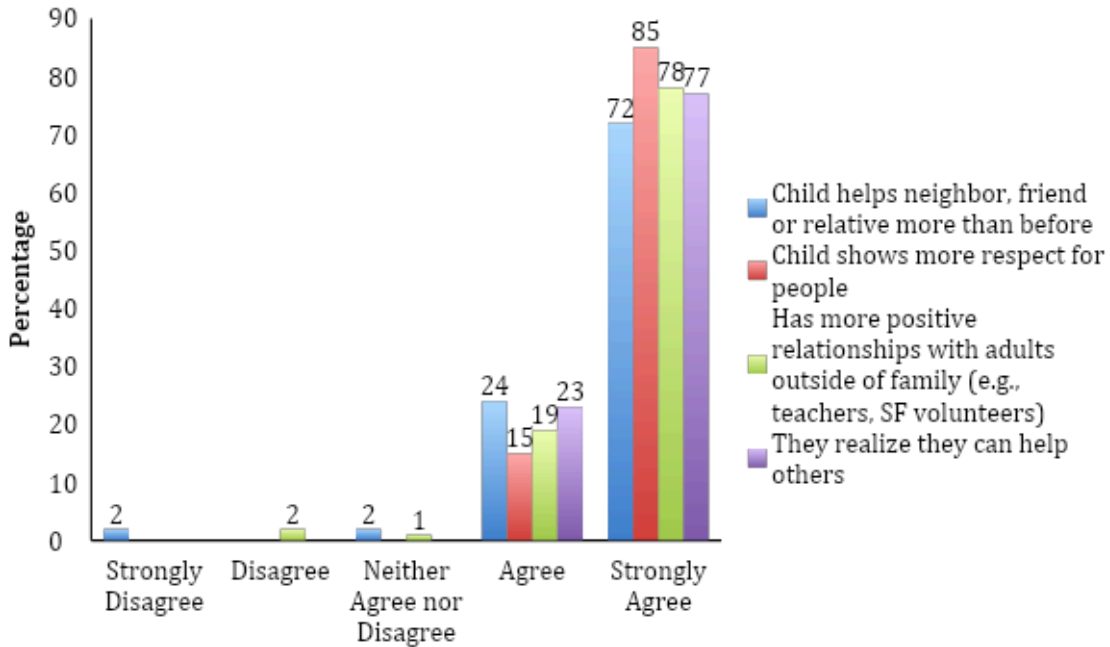
The second Program Outcome for Sunday Friends is squarely focused on the promotion of positive social and educational outcomes among children.

2.1 CHILDREN'S POSITIVE SOCIAL BEHAVIORS

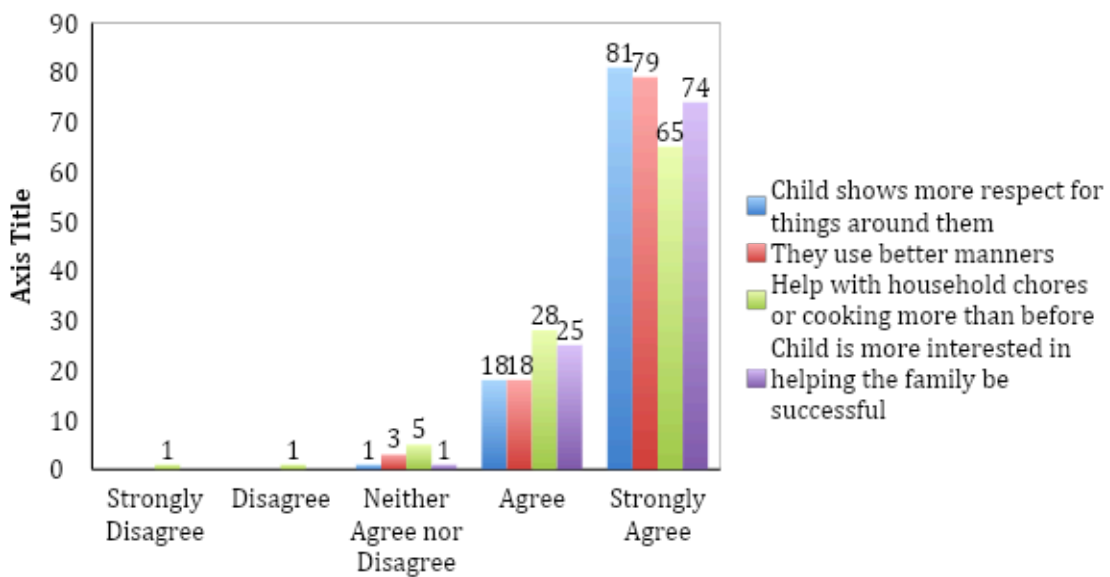
Sunday Friends engages children and youth in a number of activities that promote positive social behaviors and respectful treatment of others. For example, there are thank you letter writing activities for youth and adults to send messages of gratitude to Program sponsors and donors. Also, since Sunday Friends is a day-long program there is opportunity to prepare and share nutritious foods with attendees. The activities for youth and children involve many Sunday Friends volunteers and many are engaged in with small groups. There are many opportunities to help others, whether they are family or friend, throughout the day and into the afternoon when the Treasure Chest (store) is opened for business. Respecting and helping others is an overarching principle of the Sunday Friends day each weekend.

There is strong agreement among the adults that participation in Sunday Friends has encouraged their children to show more respect for people (85) and the things around them (81), to use better manners (79), to have more positive relationships with adults outside of the family (78), and to realize that they can help others (77). Related to these positive respect and helping outcomes is the fact that parents report that their children are helping with household chores more than before (65).

Children's Positive Social Behaviors: Respect & Helping Others

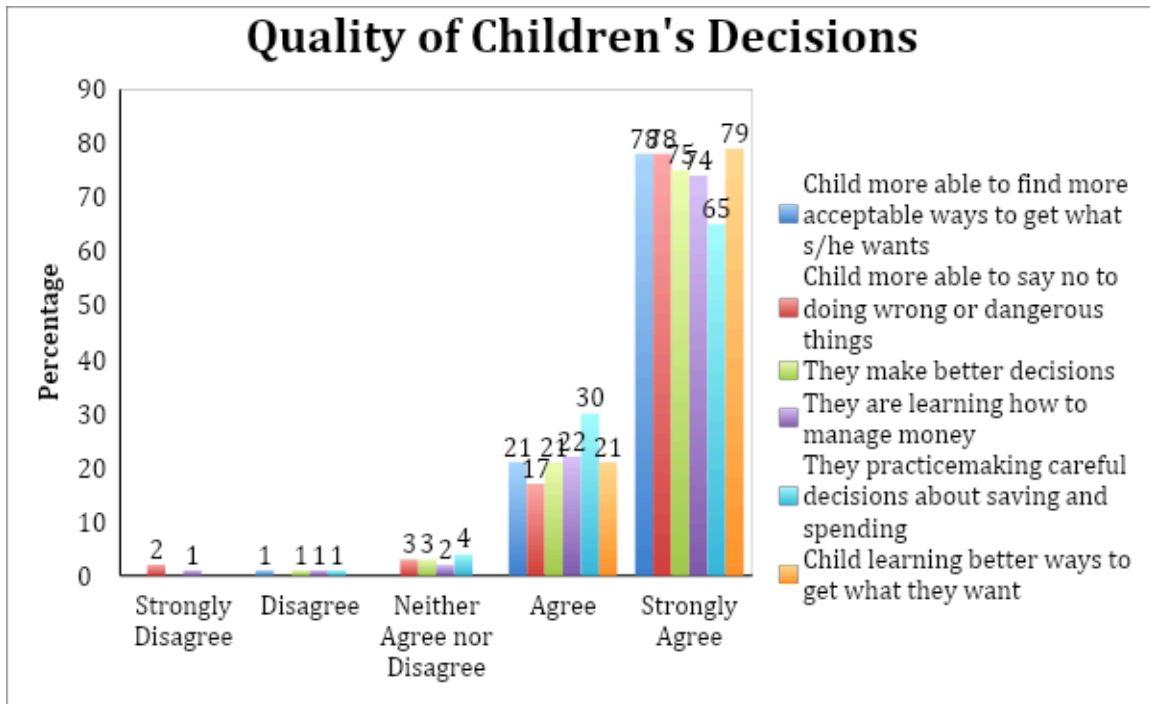


Children's Positive Social Behaviors: Respect & Helping Family



2.2 QUALITY OF CHILDREN'S DECISIONS

There is strong agreement among the adults that participation in Sunday Friends has encouraged their children to find more acceptable ways to get what they want (78) that they are learning how to manage their money (79), that they are more able to say no to wrong or dangerous things (78) and are overall making better decisions (75).

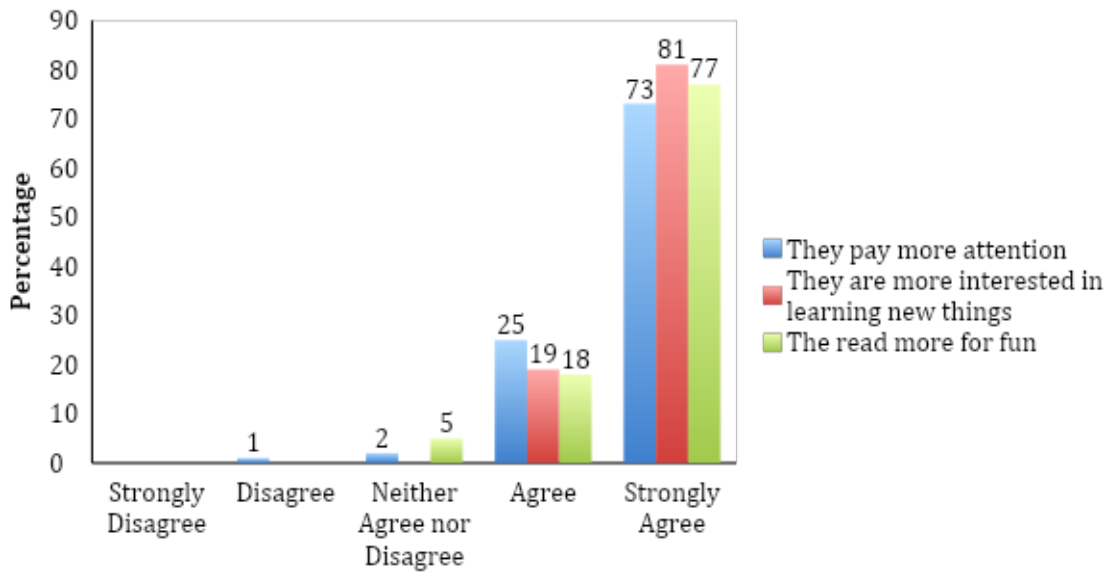


2.3. CHILDRENS LEARNING & TASK ORIENTATION

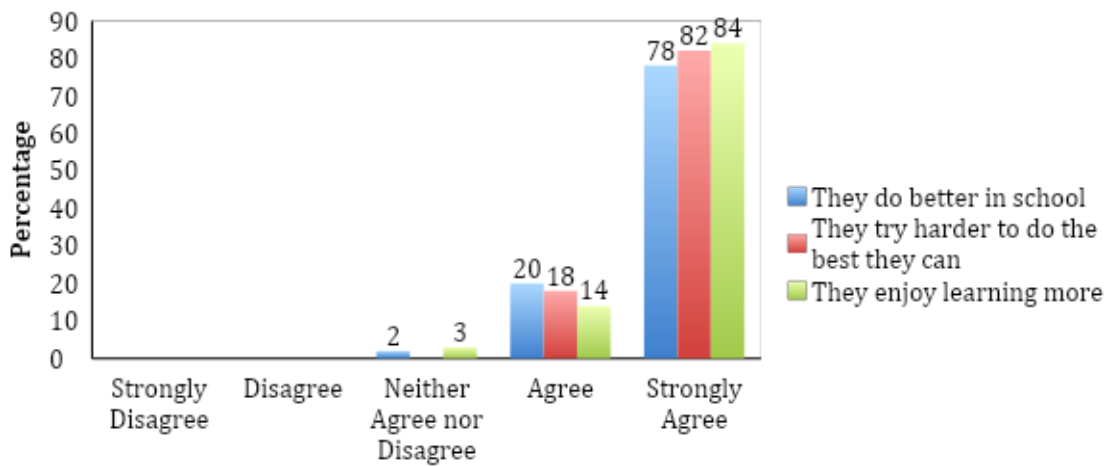
A central Sunday Friends Program goal is to promote the skills and personal values that will contribute to success in school. An important element of this is the nurturing of children's learning and task orientation.

There is strong agreement among the adults that participation in Sunday Friends has influenced their children to pay more attention (73) to read more for fun (77), and to try harder to do the best they can (82). Parents are also strongly in agreement that their children are more interested in learning new things (81), that they are doing better in school (78), and they enjoy learning more (84) as a result of their participation in Sunday Friends.

Youth's Learning and Task Orientation

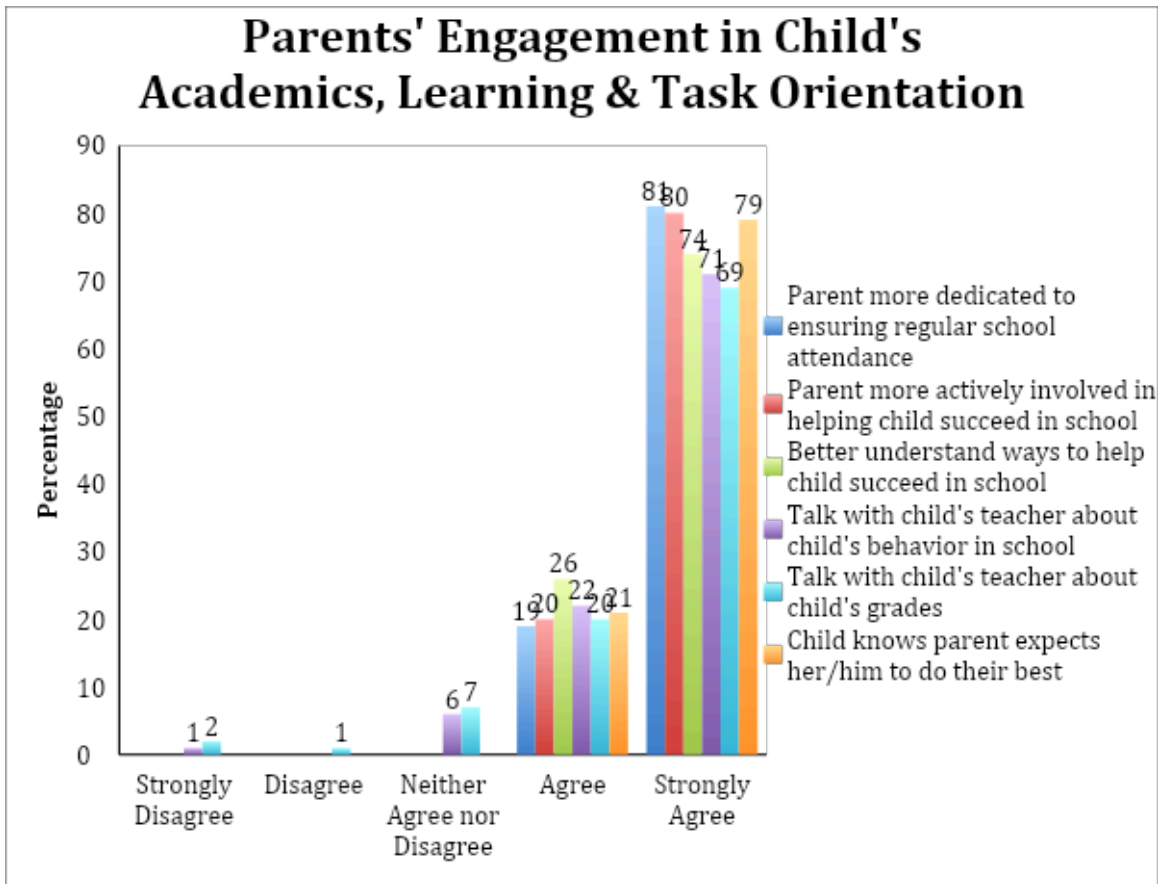


Youth's Learning and Task Orientation (cont.)



2.4 PARENTS' ENGAGEMENT IN CHILD'S ACADEMICS, LEARNING & TASK ORIENTATION

In order for children to be maximally able to succeed in school, parents have to be engaged in their children's academics and promote learning and task orientation. There is strong agreement among the adults that participation in Sunday Friends has helped them to be more dedicated to ensuring their child's regular school attendance (81), being more actively involved in helping their child succeed in school (80), and better understanding ways to help their child succeed in school (74). Parents report that their children know that they expect them to do their best (79). Slightly weaker agreement was expressed for talking with the child's teacher about behavior (71) or grades (69).



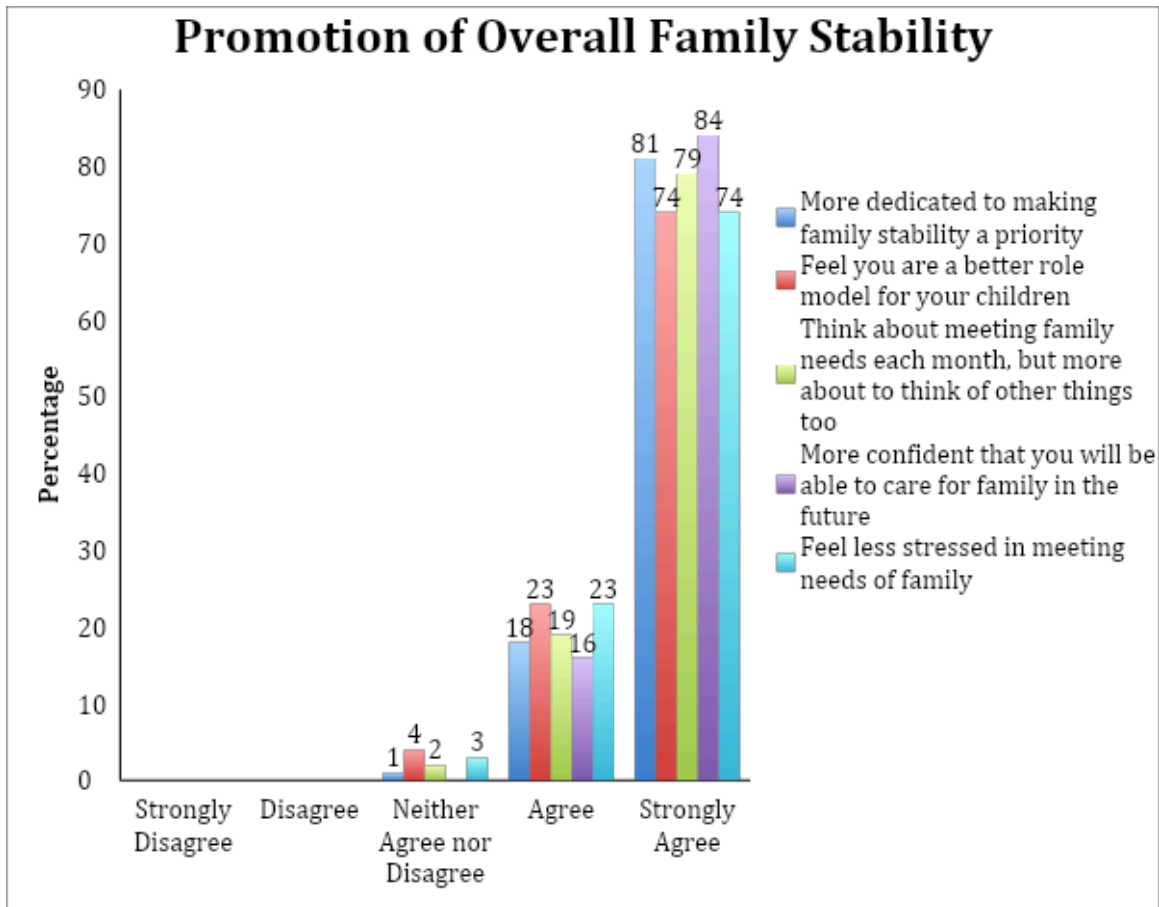
Outcome #3 Family Members Understand and Practice Sound Financial Management Behaviors

Sunday Friends promotes an economic literacy model that is intended to motivate self-reliance through effective budgeting, planning, saving, and working for the common good. The Sunday Friends economic system, in many ways underpins the activities and behaviors at Sunday Friends. Although the goals of the organization are humanitarian like many other charitable organizations, its unique model promotes financial literacy and education as route toward success in the home, school and larger social world.

3.1 PROMOTION OF OVERALL FAMILY STABILITY

There is strong agreement among the adults that participation in Sunday Friends has helped them to be more confident that they will be able to care for their family in the future (84), to be more dedicated to making family stability a priority (81), to be more dedicated to ensuring their child's regular school attendance (81), and to think about the family's needs each month but be able to also think of other things (79). Parents reported strong agreement that they feel they

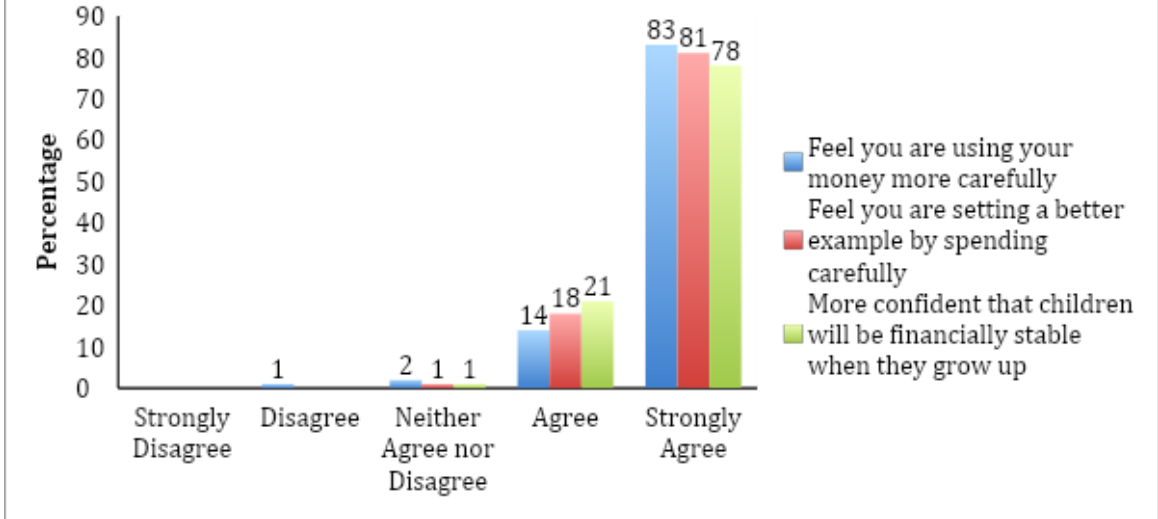
are a better role model for their children (74) and that they feel less stressed in being able to meet the needs of their family (74).



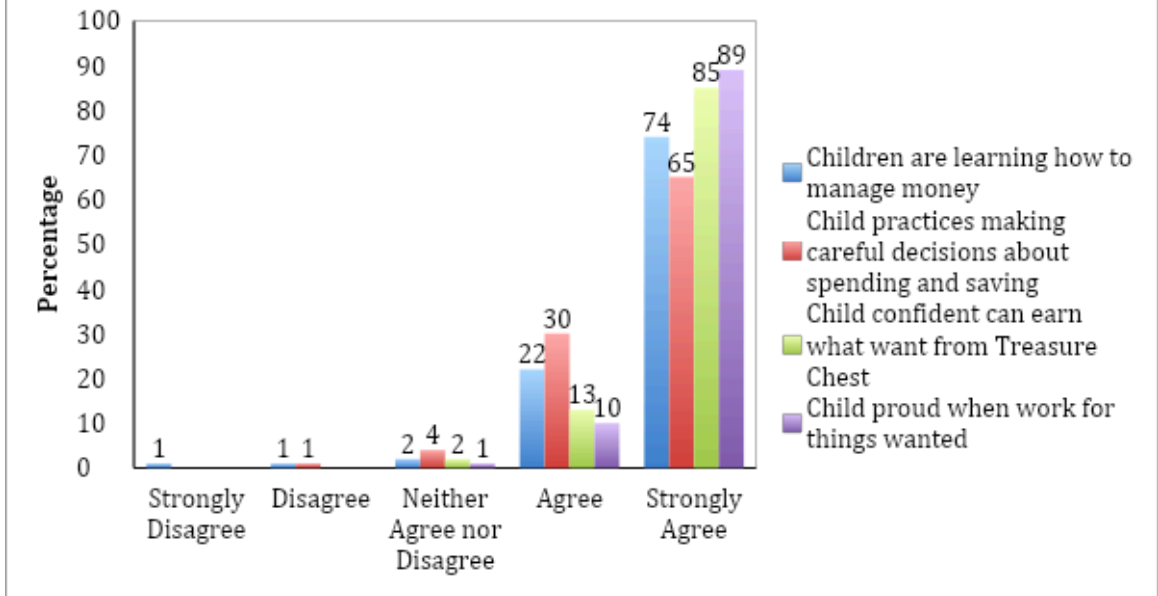
3.2 PROMOTION OF FINANCIAL MANGAGEMENT

There is strong agreement among the adults that participation in Sunday Friends has helped parents to feel that they are using their money more carefully (83), to feel that they are setting a better example by spending carefully (81), and to feel more confident that they children will be financially stable when they grow up (78). The sense of personal benefit in term of financial literacy was mirrored in parents’ statements about their children. Parents were in strong agreement that participation in Sunday Friends has promoted their children’s learning how to manage money (74), and that their children practice making careful spending and saving decisions (65). Parents are in strong agreement that their children are confident in their ability to earn what they want from the Sunday Friends Treasure Chest (store) (85), and that their children are proud when they work for things that they want (89).

Parents' Modeling Financial Management



Parents' Perceptions of Children's Financial Literacy



Analysis of Program Outcome Scales

A key question in the 2015 Program Evaluation was whether successful accomplishment of the three Program Outcomes would be significantly related to the demographic characteristics of the families who are served by Sunday Friends. A wide array of general demographic

information was collected as part of the Adult survey including age, sex, ethnicity, employment status, educational attainment, household income, years living in the United States, housing status and length of time at that residence. Also of interest was the number of years over which time the respondent has been attending Sunday Friends and how frequently they have attended in the past year.

Group comparisons were performed to determine if there are any significant differences based on adult respondents' answers to the demographic questions. An analysis of variance (ANOVA), the statistically technique suitable for comparing two or more groups simultaneously to one another, is only possible for those demographic variables where there is sufficient range of response. In other words, there should be several people identified with each of the possible groups or categories for the demographic variable for the analysis to be valid.

Given the tremendous positive, and consistent endorsement of the Sunday Friend Program across the respondents, it was not expected to see many statistically significant differences for demographic characteristics. In fact, **there were no differences found for age, numbers of years living in the United States, Year started in the program, and frequency of Program participation in the past year.**

Group comparisons could not be performed with three demographic variables in the study. It was not possible to evaluate racial or ethnic group differences because the overwhelming majority of the sample (97%) was from the single category of Hispanic. Likewise, we were unable to evaluate group differences for income in the past year because 96% of the sample earned less than \$50,000. Lastly, we cannot meaningfully evaluate differences by housing status because 90% of the sample fell into the same category of rented house or apartment. This sample homogeneity however lends confidence that the findings from the adult survey are widely representative of the participants in the Sunday Friends program because of the shared Hispanic ethnic and cultural heritage, and lower socio-economic status.

There were four demographic variables found to have statistically significant group differences for some of the Program Outcome scales. These were 1) sex / gender; 2) employment status of self 3) employment status of spouse; and 4) education level of spouse. Each of these will be presented below.

Groups differences by sex / gender

Like with the other demographic variables, for many of the Outcome scales, there were no differences between female and male respondents. Overall there was tremendous similarity between how parents responded to these questions. Mothers and fathers responded consistently across all scales, but there was sufficient difference on six scales to elevate to a statistically significant difference. There were significant gender differences observed for four of the scales related to Outcome #1: Parent's Behavior Fosters their Children's Healthy

Development. For four scales, the female respondents' average scores were significantly higher for:

- 1.2 Sense of one's current stress level (Level of Optimism and Hope)
- 1.3 Sense of satisfaction in talking with children about things that matter
- 1.5: Positive behaviors children see their parents doing (Role Modeling)
- 1.6: Current orientation of short-term survival or long-term orientation on parenting role

There was a significant gender difference observed for one of the scales related to Outcome #2: Children Demonstrate Pro-Social and Pro-Educational Attitudes and Behaviors. Similarly, there was a significant gender difference observed for one of the scales related to Outcome #3: Family Members Understand and Practice Sound Financial Management Behaviors. For these scales, the female respondents' average scores were significantly higher for:

- 2.4 Parents' engagement in child's academic, learning, & task orientation
- 3.1 Promotion of overall family stability

While there are considerably more female respondents for this survey, it is nonetheless noteworthy that there is such a high level of agreement between the two genders in terms of these program outcomes. Even with the six scales where a significant difference was observed it is exciting to see how close the mean scores were for mothers (female parent figures) and fathers (male parent figures). What is most noticeable is the fact that all mean scores are between 4 and 5 indicating the strong positive valuing and positive perceptions of the Sunday Friends Program.

Table 5. Analysis of Difference Between Males and Females on the Program Outcome Scales

	SEX	N	MEAN	SD	t	df	p value
1.2	FEMALES	91	4.77	0.35	2385	106	.072
	MALES	16	4.53	0.48			
1.3	FEMALE	85	4.78	0.36	2.369	97	.020
	MALES	14	4.52	0.53			
1.5	FEMALE	93	4.81	0.35	2.663	108	.009
	MALES	17	4.55	0.47			

1.6	FEMALES	92	4.80	0.35	2.280	106	.025
	MALES	16	4.57	0.46			
2.4	FEMALE	83	4.76	0.40	2.591	96	.011
	MALES	15	4.47	0.47			
3.1	FEMALES	93	4.80	0.37	1.994	108	.049
	MALES	17	4.62	0.55			

Group Differences by Employment Status: Self and Spouse

Participants were asked to indicate their employment status using the categories of working full time, working part-time, homemaker, currently unemployed, retired, student (part time or full time) and “other”. The most frequently used alternative employment status was being on disability. A full 89% of the respondents fell into the categories of working full time, working part time or homemaker. For the analyses in this report, the 11% who reported their employment status to be one of the remaining categories (unemployed, retired, full or part-time student or on disability) were grouped together. Descriptive results for this and the other demographic variables are presented in Appendix A.

For many of the Program Outcome scales there were no differences based on either self or spouse employment status. Again a noticeable findings was the consistency with which mean scores fell between 4 and 5 indicating the strong positive valuing and positive perceptions of the Sunday Friends Program regardless of employment status.

There were significant differences for only three Program Outcome scales among the respondents in terms of their *own employment status*. In all cases, the findings were the same. Significantly higher average score were observed for respondents identifying themselves as homemakers as compared to those respondents who reported full time employment status. No significant group differences were observed for the other categories of employment status. There was a significant difference observed for one of the scales related to Outcome #1: Parent’s Behavior Fosters their Children’s Healthy Development.

- 1.4 Home activities / Constructive use of home time together

There were significant differences observed for two of the scales related to Outcome #2: Children Demonstrate Pro-Social and Pro-Educational Attitudes and Behaviors.

- 2.3 Children’s learning & task orientation
- 2.4 Parents’ engagement in child’s academic, learning, & task orientation

It can be concluded that for these three Program Outcome scales the ability for parents who are homemakers to spend more time with their children has contributed to the higher endorsement of these program goals espoused by Sunday Friends.

There were significant differences for only three Program Outcome scales among the respondents in terms of their *spouse's employment status*. There was a significant difference observed for one of the scales related to Outcome #1: Parent's Behavior Fosters their Children's Healthy Development.

- 1.3 Sense of satisfaction in talking with children about things that matter

The respondents' average scale scores were higher if their spouse was employed full time or employed part-time as compared to when their spouse was identified as a homemaker.

There was a significant difference observed for one of the scales related to Outcome #2: Children Demonstrate Pro-Social and Pro-Educational Attitudes and Behaviors.

- 2.4 Parents' engagement in child's academic, learning, & task orientation

The respondents' average scale scores were higher if their spouse was employed full time as compared to when their spouse was identified as a homemaker or currently unemployed.

Essentially, having an employed spouse contributed to the respondents' being on average *even more inclined* to agree or strongly agree on the positive influences of participating in the Sunday Friends Program in terms of these specific Program Outcome scales.

Group Differences by Level of Education of Spouse

Participants were asked to indicate their highest level of educational attainment for themselves and their spouse. The categories included not completing elementary school, completing elementary school, completing middle school / junior high, completing high school, completing college, and completing graduate / professional school. Due the low numbers of individuals who reported graduate or professional school completion for themselves or their spouse this category was collapsed with the previous one to represent "completing college or higher". Descriptive results for this and the other demographic variables are presented in Appendix A.

As reported above, the views of the adult respondents were similarly high on average for all of the Program Outcomes regardless of their own education level. The same was not the case however in terms of the highest level of education that was reported for the respondents' spouse. There were significant group differences for five of the program outcome scales in terms of reported spouse education level.

There were significant differences related to spouse's educational attainment observed for three of the scales related to Outcome #1: Parent's Behavior Fosters their Children's Healthy Development.

- 1.3 Sense of satisfaction in talking with children about things that matter
- 1.4 Home activities / Constructive use of home time together
- 1.7 Children's positive well being and optimism

There were significant differences related to spouse's educational attainment observed for three of the scales related to Outcome #2: Children Demonstrate Pro-Social and Pro-Educational Attitudes and Behaviors.

- 2.1 Children's positive social behaviors
- 2.3 Children's learning & task orientation

Across all three of these scales, the average score for those respondents whose spouse did not complete elementary school were significantly lower than for those respondents whose spouses' educational attainment was reflected in any of the other educational attainment categories. No other group differences were observed. It is important to note that while the average responses were lower for respondents who had spouses with this lowest level of educational attainment, these respondents still consistently reported average agreement (4) and strong agreement (5) on all scales indicating that they also perceived the Sunday Friends Program to have a positive and valuable impact on themselves, their children and their families.

Conclusions

There was tremendous positive, and consistent endorsement of the Sunday Friend Program by adult respondents in the 2015 evaluation. **Across all Program Outcome scales, the average scores were remarkably high, typically ranging on average between 4 (Agree) and 5 (Strongly Agree), and this was true regardless of the way the individual responded to the demographic variables just mentioned. It can be concluded that the Sunday Friends Program is nearly universally viewed as positive, supportive and beneficial for adult program participants across many varying demographic characteristics.**

The consistently high responses of participants meant that it was not expected to see many statistically significant differences for demographic characteristics. No differences were found for age, ethnicity, income, numbers of years living in the United States, Year started in the program, frequency of Program participation in the past year, or housing status. Across all Program Outcome scales, the average scores were remarkably high, typically ranging on average between 4 (Agree) and 5 (Strongly Agree), and this was true regardless of the way the individual responded to most demographic questions. It can be concluded that the Sunday Friends Program is nearly universally viewed as positive, supportive and beneficial for adult program participants across many varying demographic characteristics.

More detailed comments from the parents on the benefits and value of the Sunday Friends program can be found in Appendix B.

Volunteers

One hundred and thirty-six (136) volunteers completed the survey in 2015. Volunteer data were collected on-site at all three Sunday Friends Program locations. Eligible volunteers were provided with a survey with a consent form cover page by a Sunday Friends Volunteer upon

check-in. A total of 71 volunteers completed the survey in-person during a volunteer shift at one of the three Sunday Friends locations.

Volunteers were also provided the option of completing the survey via an online survey platform. An email was sent to all registered volunteers with a link to the SuveyMonkey Volunteer Survey. Sixty-five of the volunteers participated through the online survey. A total of Demographics of the adult data are presented in Appendix A.

Volunteers were asked to indicate the number of Sundays they spent volunteering with Sunday Friends in the part year (52 weeks). On average, volunteers reported spending 8.42 Sundays volunteering with the program. This is an impressive commitment to this program by its team of volunteers. The minimum was zero and the maximum was 48. Volunteers were asked to indicate the site(s) where they have volunteered. They were allowed to check all that apply. Table 6 shows that the vast majority of volunteers have been to the Lowell Elementary site; over half of the volunteers have participated at the Anne Darling Elementary location and just shy of half have participated at Kennedy. What is particularly important to note is that the Sunday Friends volunteers are engaged at locations and for events that are in addition to the three Sunday program locations.

Table 6. Volunteer Participation by Site

Volunteer Participation by Site		
	Count	Percentage of Total Saying "YES"
LOWELL	110	92
ANNE DARLING	63	61
KENNEDY	43	45
Blackford	17	22
Sunday Friends Store	30	35
Target Shopping Sprees	23	28

Note. Respondents were asked to check "all that apply"

Volunteers were also asked to indicate reasons that they volunteer with Sunday Friends. Respondents were able to select more than one reason. As Table 7 shows, the two most significant reasons indicated were a desire to serve the community (79) and because the volunteer believes in what Sunday Friends is doing (66). Other common reasons were the ability to volunteer as a family (41) and to expose one’s children to volunteering (42).

Table 7. Reasons for Volunteer Participation

Reasons for Volunteer Participation		
	Count	Percentage of Total Saying “YES”
Requirement for School	19	27
Court Order	0	0
For College Application	13	18
Considering Related Careers	7	10
Desire to Serve Community	56	79
Opportunity to Volunteer with Family	29	41
Practice Spanish Language	14	20
Expose Children to Volunteering	30	42
Belief in What SF is Doing	47	66

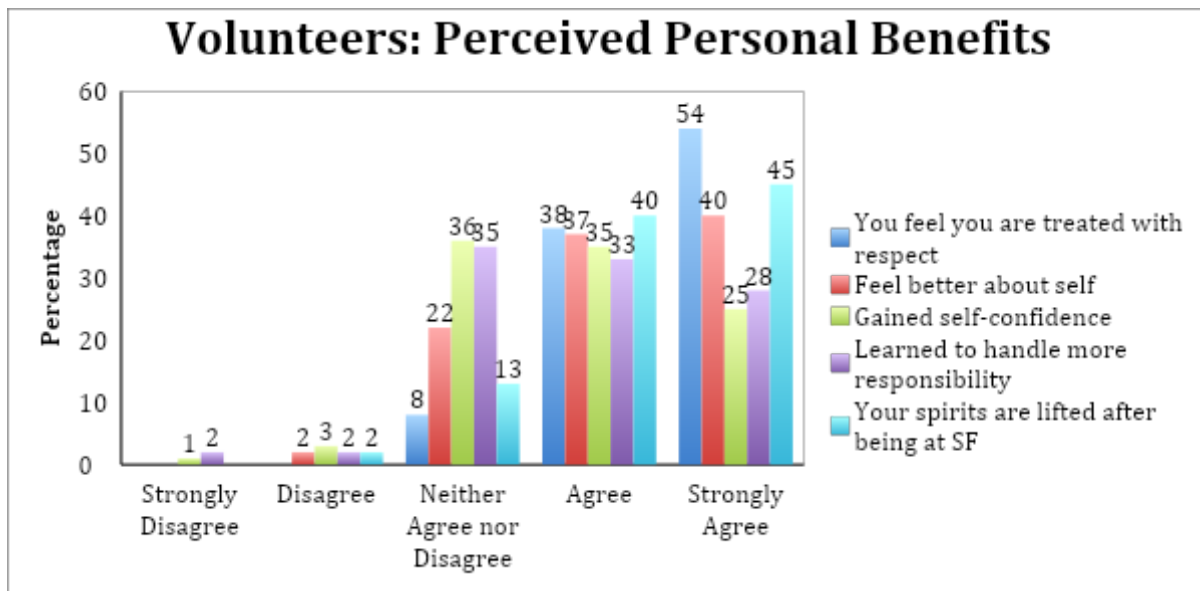
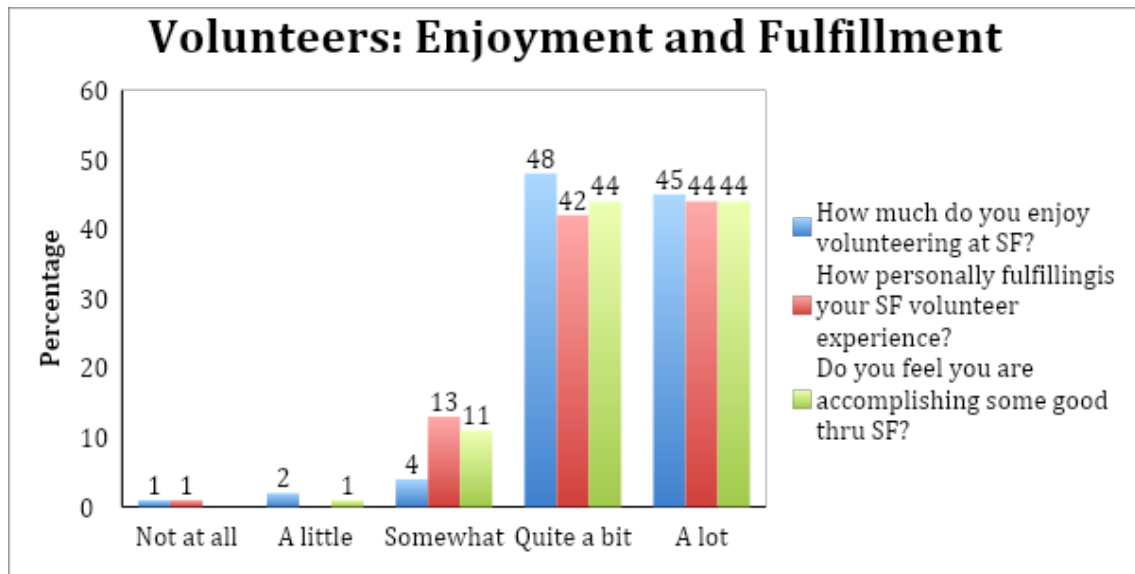
Note. Respondents were asked to check “all that apply”

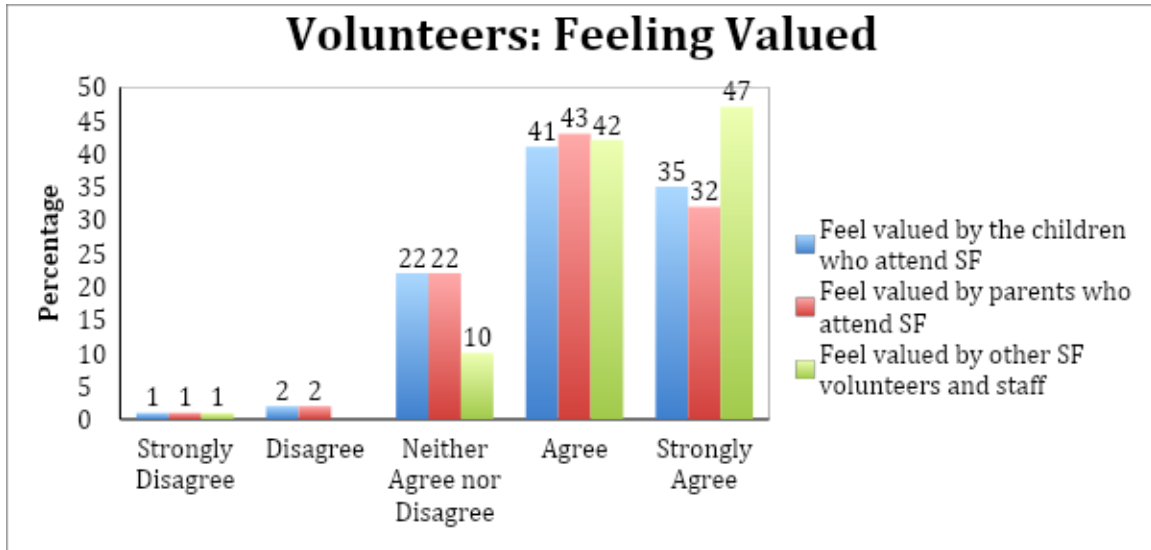
Volunteer Experience While At Sunday Friends

Volunteers reported that they enjoy and are fulfilled by their volunteer experience at Sunday Friends. Ninety-three percent report that they enjoy volunteering at Sunday Friends either “quite a bit” or “a lot”, 86% report the same level of personal fulfillment, and 88% report that they feel a sense of accomplishing something good as a result of their time with Sunday Friends. Seventy-five percent of the volunteers reported feeling valued by the children and parents attending the SF program and 89% of volunteers feel valued by the other volunteers and SF staff.

Volunteering at Sunday Friends has contributed to the sense of increased personal benefits such as feeling respected (92% Agree or Strongly Agree), feeling better about oneself (77), and having one's spirits lifted after volunteering (95).

Overall there is ample evidence that Sunday Friends is contributing to the personal sense of enjoyment and well being of its volunteers.



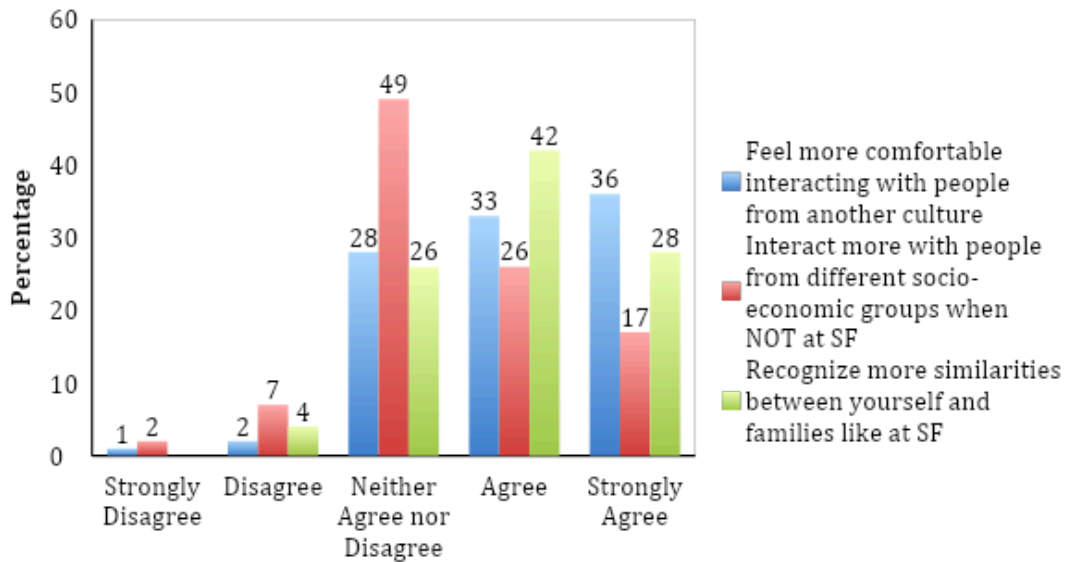


Perceived Impact of Sunday Friends on Volunteers' Skills and Character Building

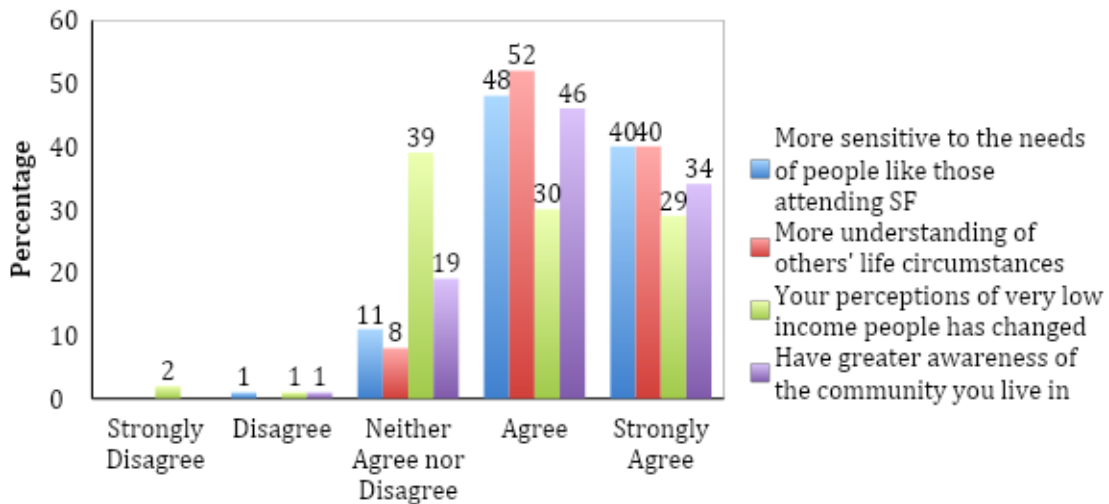
Volunteering at Sunday Friends can increase a person's level of cultural sensitivity and comfort with cultural differences. The volunteers who responded to this survey indicated agreement or strong agreement with the statement that volunteering at Sunday Friends has helped them to feel more comfortable interacting with people from another culture (69) and to recognize more similarities between oneself and the families who attend Sunday Friends (70).

Quite impressive is the percentage of volunteers agreeing or strongly agreeing that their time with Sunday Friends has helped them to be more sensitive to the needs of people like those who attend Sunday Friends (88), to be more understanding of others' life circumstances (92) and to have greater awareness of the community he or she lives in (80).

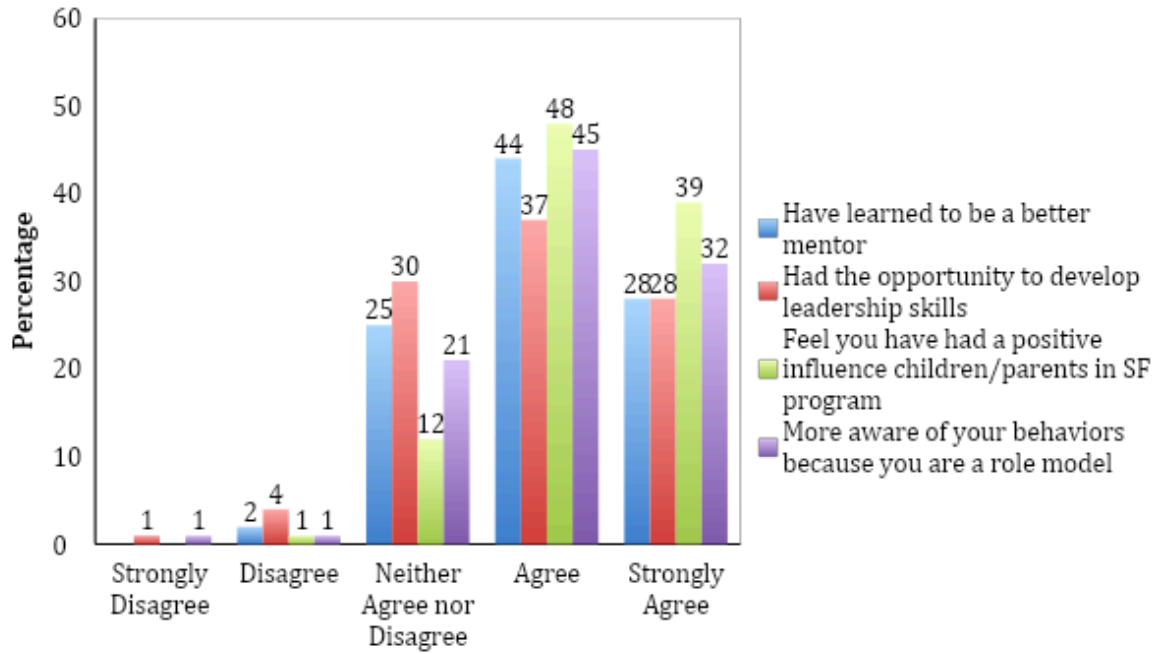
Volunteers: Comfort with Cultural Differences



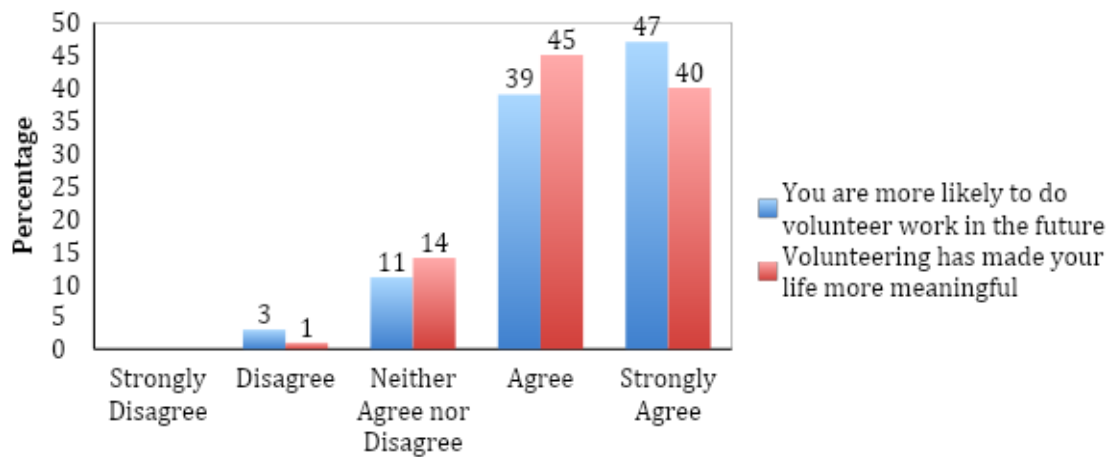
Volunteers: Cultural Sensitivity



Volunteers: Mentoring and Skill Building



Benefits of Volunteering Experience



Conclusions

There is an overall sense that volunteering at Sunday Friends will have a life altering impact. Volunteers overwhelmingly reported that they have learned to be a better mentor and have developed leadership skills; these outcomes are consistent with the strong sense these volunteers had that they have made a positive influence on children and parents through the Sunday Friends program.

The vast majority of volunteers report that they are more likely to do volunteer work in the future and that volunteering has made their life more meaningful.

More detailed comments from the volunteers on the benefits and value of the Sunday Friends program can be found in Appendix B.

DISCUSSION

The majority of the youth who participated in the survey reported that they have been practicing the skills that they have learned at Sunday Friends. Across the board, youth consistently reported that it was very much true that Sunday Friends had a positive impact on multiple areas of their lives. For example, youth overwhelmingly reported that the SF volunteers are very nice to them; that they like attending SF; and they want to be like the SF volunteers. Over half of the youth reported that they attend SF because a parent or family member makes them do so, but this did not detract from their positive reports of the benefits of participating in the SF programs. Furthermore, a majority of the youth who participated in the survey reported that when they are at Sunday Friends they feel motivated to learn new things, willing to try new things, and inclined to want to do their best. Mirroring these findings is the fact that youth were likely to strongly disagree that they feel sad, left out, or bored and unnoticed. Clearly the Sunday Friends Program has masterfully engaged these older children and teens in a way that has fostered their motivation, academic achievement orientation and pro-social behaviors and decision making.

Additional questions were asked of older youth (11 years or older). These questions were reserved for the older respondents because they asked the youths to think about the future, and the possible benefits of the SF program on their ability to plan and think about this future. Older respondents were also asked more detailed questions about their sense of belonging to the SF community.

Older youth were highly likely to report that Sunday Friends has helped them think about planning for college, and that they look forward to the future. Only slightly less strong endorsement was made for youth feeling that their parents show more interest in their schooling and that they try to belong to activity groups such as clubs or sports teams. **Powerful and impressive results were revealed in terms of youths' academic perceptions, social and**

future goals. Youth reported that it was very much true that their parents are more interested in their school work, and that they try to belong to activities groups like sports teams, school clubs, youth groups, etc. An outstanding 73% of youth reported that it was very true that Sunday Friends has helped them think about planning for college. An even higher percentage, 80% say that they very much look forward to the future. A correlated finding was observed among the adult respondents. It is particularly encouraging to see the very high percentage of parents who report that they are more dedicated to ensuring regular school attendance. Parents were very likely to be talking with their child's teacher about the child's behavior and grades.

A core outcome for the Sunday Friends program is the teaching of financial management and financial planning strategies. In terms of the impact on youths, 66% feel that strongly that they are learning money management with 75% saying that they very much believe that it is important to learn how to make good spending decisions. Clearly the SF program brings families together; a tremendous proportion, 84% of youth report that it is very important their family works together.

Adults were asked to indicate the language that they used most. 94% of the respondents indicated that they used Spanish as their dominant language. 6% reported that they used English. Though other language options were provided, no adult surveyed chose a language other than Spanish or English. The majority of adults who responded to the survey reported feeling that the activities offered through Sunday Friends to help with learning English were very helpful, with conversation being perceived as the most helpful. While there are a number of writing and speaking opportunities during the Sunday Friends day, it is noteworthy that parents report strong agreement that the program is particularly good at giving their children help with speaking English and with the parents' overall confidence in their writing abilities.

One extremely positive finding is that 95% of parents either agree or strongly agree that Sunday Friends has helped them to reduce their usual level of stress. Ninety-four percent of parents report that they are regularly encouraging others in the community to attend Sunday Friends.

The vast majority of the parents and guardians who answered this survey reported that their children were benefiting from the Sunday Friends program. When presented with the positive self-concept and pro-social elements, very few parents and guardians answered with "strongly disagree" and "disagree". This means that Sunday Friends is providing the majority of the participating children with positive experiences. Some of the elements with the strongest agreement are they want to do their best, they are willing to try new things, they want to learn new things, they feel supported by the Sunday Friends volunteers, they feel people are glad to see them at Sunday Friends, they feel respected, responsible, successful, they feel close to their family, they feel happy, proud, self-confident, and they feel safe.

Sunday Friends has had a demonstrable positive impact of adults and children's health behaviors. This has been achieved through a program-wide commitment to preparing and

serving healthy food, providing parents with free health and blood pressure screenings, and providing educational programs on the benefits of living a healthy lifestyle. The majority of the adults reported that they were making new efforts to maintain a healthier lifestyle. When presented with whether they have been incorporating specific healthy choices into their daily life, very few people said “no”. Some of the elements to which a large majority of the adults answered “yes” are have they been trying to eat healthier, have they been trying to shop for healthier foods, have they been trying to get their child to eat healthier meals, have they been encouraging their child to get enough sleep, do they believe their child’s health has improved, do they believe that their health has improved, and have they been trying to get more exercise.

Overall, Sunday Friends has created an extraordinary sense of community among its attendees. Ninety-nine percent of adult respondents agreed or strongly agreed with the statement that they felt more a part of the Sunday Friends community. A similarly high percentage stated that they felt hopeful about their life (99). In fact, 97-99% of the adult respondents also agreed or strongly agreed that they feel more self-confident, feel that they are a better parent, feel better about how they are disciplining their children, feel more successful, feel more confident about how they are handling situations with their children, and feel less stress in meeting the needs of their family as well. Such unequivocal endorsements of program effectiveness are rarely seen in surveys of charitable community serve organizations. Sunday Friends is very deserving of this resounding support from the families it serves.

A key question in the 2015 Program Evaluation was whether successful accomplishment of the three Program Outcomes would be significantly related to the demographic characteristics of the families who are served by Sunday Friends. A wide array of general demographic information was collected as part of the Adult survey including age, sex, ethnicity, employment status, educational attainment, household income, years living in the United States, housing status and length of time at that residence. Also of interest was the number of years over which time the respondent has been attending Sunday Friends and how frequently they have attended in the past year.

Group comparisons were performed to determine if there are any significant differences based on adult respondents’ answers to the demographic questions. Given the tremendous positive, and consistent endorsement of the Sunday Friend Program across the respondents, it was not expected to see many statistically significant differences for demographic characteristics. In fact, there were no differences found for age, numbers of years living in the United States, Year started in the program, and frequency of Program participation in the past year. There was tremendous positive, and consistent endorsement of the Sunday Friend Program by adult respondents in the 2015 evaluation. Across all Program Outcome scales, the average scores were remarkably high, typically ranging on average between 4 (Agree) and 5 (Strongly Agree), and this was true regardless of the way the individual responded to the demographic variables just mentioned. It can be concluded that the Sunday Friends Program is nearly universally viewed as positive, supportive and beneficial for adult program participants across many varying demographic characteristics.

The consistently high responses of participants meant that it was not expected to see many statistically significant differences for demographic characteristics. No differences were found for age, ethnicity, income, numbers of years living in the United States, Year started in the program, frequency of Program participation in the past year, or housing status. Across all Program Outcome scales, the average scores were remarkably high, typically ranging on average between 4 (Agree) and 5 (Strongly Agree), and this was true regardless of the way the individual responded to most demographic questions. **It can be concluded that the Sunday Friends Program is nearly universally viewed as positive, supportive and beneficial for adult program participants across many varying demographic characteristics.**

In conclusion, there is ample evidence that Sunday Friends is achieving its mission to educate children and their families in order to foster a commitment to schooling and academic success. The Sunday Friends Program excels at its mission to promote financial literacy, and nurture the capacity to consider and plan for the future. Furthermore, it can be concluded with confidence that Sunday Friends continues to actualize its vision to break the cycle of poverty through education and the development of life skills that will enhance well being among parents and children.

APPENDIX A: Demographics

Youth Demographics

The majority of youth respondents were female. They ranged in age from 7 years to 17 years with the majority being 10 years old or younger. The majority of the respondents were in the elementary grades up through 6th. Not all respondents chose to respond to the demographic questions. Missing responses are noted on each table.

Age of Youth Respondents		
Years	Count	Percentage
7	14	18
8	11	14
9	8	10
10	8	10
11	6	8
12	8	10
13	8	10
14	5	6
15	5	6
16	4	5
17	2	3
TOTAL	79	100

Note. Two participants declined to answer this question.

Sex of Youth Respondents	
Count	Percentage

Male	26	33
Female	53	67
TOTAL	79	100

Note. Two participants declined to answer this question.

Grade Level of Youth Respondents		
Years	Count	Percentage
2	4	5
3	10	12
4	13	16
5	9	11
6	9	11
7	6	8
8	9	11
9	10	12
10	2	3
11	4	5
12	4	5
TOTAL	80	100

Note. One participant declined to answer this question.

The youth respondents were asked to say who brings them most of the time when they attend Sunday Friends. Of the five youth that indicated that they attend Sunday Friends with someone other than a parent or relative, one indicated that s/he comes to the program alone, two others indicated that they attend with friends, a fourth regularly attends with mom and an adult relative, and the fifth indicated that s/he attends with a foster mother.

Most of the times, who brings you to Sunday Friends?		
	Count	Percentage
Only Mom	52	65
Only Dad	0	0
Both Mom and Dad	21	26
Relatives	2	3
Other	5	6

Note. One participant declined to answer this question.

Adult Demographics

Gender, Ethnicity, and Age of Adult Respondents

Of the adults who complete the survey, 85% were female and 15% were male. Ninety-seven percent of the adults indicated that they were Hispanic with the remaining 3% identifying as mixed race (e.g., Mestizo). The adult respondents varied in age from 18 year to over 80 years, with the majority of respondents being between 30 and 50 years old.

Sex of Adult Respondents		
	Count	Percentage
Male	18	15
Female	99	85
TOTAL	117	100

Note. Two participants declined to answer this question.

Age of Adult Respondents		
Range	Count	Percentage
19 or Younger	3	2
20-29 Years	15	13
30-39 Years	45	39
40-49 Years	30	26
50-59 Years	14	12
60-69 Years	7	6
70-79 Years	1	1
80 or Older	1	1
TOTAL	116	100

Note. Three participants declined to answer this question.

Total Family Income, Employment Status, and Education Level

Ninety-six percent of the adults who completed survey reported that the total family income from the previous year was less than \$50,000.

Total Income From Ann Family Members in Past Year		
Range	Count	Percentage
Less than \$50K/year	105	96
\$50K/year	3	3
More than \$50K /year	1	1
TOTAL	115	100

Note. Ten participants did not respond to this question.

Employment Status: Respondent (Self)		
	Count	Percentage
Full Time for Pay	28	26
Part Time for Pay	29	26
Homemaker	40	37
Unemployed	8	7
Retired	3	3
Full Time Student	1	1
TOTAL	109	100

Note. Four participants declined to answer this question.

Employment Status: Spouse		
	Count	Percentage

Full Time for Pay	61	68
Part Time for Pay	13	14
Homemaker	10	11
Unemployed	1	1
Retired	3	3
Disability	3	3
TOTAL	91	100

Note. Twenty-eight participants did not provide a response to this question.

Highest Education Level Achieved: Respondent (Self)		
	Count	Percentage
No Elementary School	16	14
Elementary School	22	19
Middle / Junior High	20	17
High School	44	39
College	10	9
Graduate / Professional School	2	2
TOTAL	114	100

Note. Five participants did not provide a response to this question.

Highest Education Level Achieved: Spouse		
	Count	Percentage
No Elementary School	14	16
Elementary School	19	22

Middle / Junior High	15	17
High School	31	35
College	9	10
TOTAL	88	100

Note. Thirty-one participants did not provide a response to this question.

Family Living Arrangement and Housing Status

Where the Adult Respondent Lives		
	Count	Percentage
Rented House or Apartment	104	90
Self-owned House or Apartment	5	4
Relative's House or Apartment	4	4
Friend's House or Apartment	1	1
Shelter	1	1
TOTAL	115	100

Note. Four participants did not provide a response to this question.

Length of Time at Current Residence		
	Count	Percentage
1-6 Months	6	5
7-11 Months	4	4
1-2 Years	22	19
3-5 Years	36	31
More than 5 Years	47	41
TOTAL	115	100

Note. Four participants did not provide a response to this question.

Where Children Live Most of the Time		
	Count	Percentage
Only Mom	30	26
Only Dad	3	3
Both Mom and Dad	68	59
Relatives (Grandparent, Aunt, Uncle, Cousin, etc.)	5	5
Children are Grown / No Children	10	9
TOTAL	116	100

Note. Three participants did not provide a response to this question.

Attendance at Sunday Friends

Number of SF Programs Attended in Past 12 Months (Any Location)		
	Count	Percentage
1-5 Programs	22	19
6-10 Programs	9	8
11-15 Programs	25	22
16-20 Programs	20	17
21 or More Programs	40	34
TOTAL	116	100

Note. Three participants did not provide a response to this question.

Volunteer Demographics

Sex of Volunteer Respondents		
	Count	Percentage
Male	34	27
Female	91	73
TOTAL	125	100

Note. Eleven participants declined to answer this question.

Race/Ethnicity of Volunteer Respondents		
	Count	Percentage
American Indian / Alaskan Native	0	0
Asian	40	32
Black / African American	3	2
Hispanic	12	10
White / Non-Hispanic	58	47
Pacific Islander	2	2
Multi /Mixed Race	8	7
TOTAL	123	100

Note. Eleven participants declined to answer this question.

Age Range of Volunteer Respondents

	Count	Percentage
19 or Younger	49	40
20-29 Years	18	14
30-39 Years	7	6
40-49 years	25	20
50-59 Years	19	15
60-69 Years	6	5
TOTAL	124	100

Note. Twelve participants declined to answer this question.

Socio-Economic Class of Volunteer Respondents		
	Count	Percentage
Very Low Income	0	0
Low Income	12	10
Middle Income	42	34
Upper Middle Income	44	35
Upper Income	26	21
TOTAL	124	100

Note. Twelve participants declined to answer this question.

Highest Education Level Achieved: Volunteers		
	Count	Percentage
Completed Elementary School	5	4
Completed Middle / Junior High	35	28
Completed High School	19	16
Completed College	33	26
Completed Graduate / Professional School	33	26
TOTAL	125	100

Note. Eleven participants declined to answer this question.

Volunteer Marital Status		
Range	Count	Percentage
Single / Never Married	70	57
Married and /or Living with Partner	47	38
Separated / Divorced	6	5
Widowed	0	0
TOTAL	123	100

Note. Thirteen participants declined to answer this question.

Volunteers Length of Time with Sunday Friends		
	Count	Percentage

Less Than 1 Year	58	43
1-2 Years	49	36
3-4 Years	18	13
4-5 Years	4	3
5-6 Years	1	1
6+ Years	5	4
TOTAL	135	100

Note. One participant declined to answer this question.

Employment Status: Volunteer		
	Count	Percentage
Full Time for Pay	33	29
Part Time for Pay	14	12

Homemaker	12	11
Unemployed	7	6
Retired	4	4
Full-time student	42	37
Part-time student	1	1
TOTAL	113	100

Note. Twenty-three participants declined to answer this question.

APPENDIX B: Open-ended Responses

Adult Responses: “Is there anything else you want to tell us about the Sunday Friends program?”

- Sunday Friends ha impactado positivamente en mi vida y la vida de mis hijos.
- I like the program and love going here, seeing friends, and learning what is important. I would like to thank all the volunteers who help out here!
- Tengo dos años que vengo, y me siento muy bien aquí y he aprendido muchísimo especialmente en las clases. También he aprendido recetas para la comida saludable. También me gusta porque me toman la presión y eso es algo que solo ago cuando me voy al doctor y lo puedo hacer aquí.
- Lugar lleno de paz, bonito y se siente como familia
- I like Sunday Friends because it helps a lot, it is relaxing, and the classes it offers helps you become a better person. It helps better the relations between the family members at home.
- Me siento muy contenta porque nos ayuda y aprendemos muchas cosas. No me gusta estar en la casa haciendo nada entonces vengo y me distraigo y también gano cosas.
- It's a great program that helps lots of families and helps teach us how to interact with other people, as well as how to live a good life.
- Me ha gustado mucho venir. me siento que aprendo cosas que a veces no dan tiempo para aprender como platicar con los niños.
- Sunday Friends me ha ayudado mucho. I me he dado cuenta que me gusta ayudar.
- Sunday Friends is an excellent program and is very organized. It seems like if came from a person who knows and understands the people who go to this program very well.
- Me encanto venir al programa. Es el segundo vez de venir, pero me siento muy agusto y mi hijo también. Me gusta el programa bastante.
- Has greatly helped me and my husband financially especially when he got surgery for his colon and we were struggling economically.
- Esta muy bien este programa para todos lo que necesitan. Venimos para aprender más de los recursos de la comunidad y aprender más cosas como el inglés. Esta bien, esta divertido. Los papas que tienen hijos lo pasan bien también. Esta muy bien el programa aquí.
- I would like to advertise the program on TV because there are many people out there that need help and this program can definitely be beneficial for them.

- She really likes the program and keeps on going because of it. The program has really helped her out.
- Sunday Friends es muy buen programa. Nos escuchan, nos ayudan. Estoy muy agradecida.
- me ha ayudado bastante en todos los aspectos. me gusta bastante.
- It's a great program that she looks forward to attending and the classes are great as well.
- The program has been very helpful to me and my family. i am very grateful. A year ago i was sick because of my colon and during that time i was not working and sunday friends helped me a lot financially.

- The program is a great help to the community.
- Desde que empeze a venir me siento mas relajada, me quita el estress de la semana
- For her it has been a a really good experience, it gave her a chance to get out of the house and make friends and not be lonely
- Esta muy bonito esta programa
- It is a good program and thank you for everyone who helps make the program possible.
- He has learned new skills like how to value yourself an others, and above everything he uses his new information to guide his older sons
- The program has helped my family a lot. It offers many great classes.
- She's very happy to have found the programs, it's helped her a lot
- El programo nos ayuda mucho y mas a mis hijos. Porque tengo hijos especial, tengo que enfocarme mucho en ellos.
- Motivan más a los niños, pay the kids more to motivate them to participate in the activities
- Gracias por este programa
- Nos ayuda mucho.
- I really like the program. I tell my older children about the program and they enjoy it. My son lives in Los Angeles and there is not a similar program like this down in Los Angeles. I have learned how to manage my time to do my household chores and attend Sunday Friends. I love the program that I have spread the information with many people I know.
- Siento que el programa nos a ayudado bastante. Convives con mas personas, conoces muchas maneras y cosas nuevas que te pueden ayudar como educar a tus hijos. Yo me siento muy agusto y siento que mis hijas an aprendido ser mas sociables y convivir con nuevas personas.

- Me gusta mucho y aparte de que nos ayuda a como comer y cocinar, las clases son muy buenas, nos dan mucha ayuda. Hay mucha información sobre todo. Me encanta las clases de ingles y de computadora.
- IT has been great help to us and we are very thankful for the program
- My children were very shy but now they're more open. I've noticed that a lot in them. And that's because we don't have to be with them all the time. They're more independent. They prefer painting over the television now.
- Has been very helpful, makes us feel happy, and good. There are many resources and activities for our children.
- Muchas gracias. Me gusta porque nos ha unido mas como familia y aprendido a ayudar a los que necesitan y trabajar en junto con la comunidad.
- Very thankful for the sponsors especially because he has a very big family that needs the financial support and has no way to pay the program back for all the help he and his family have received.
- Muchas gracias al programa que han podido salir adelante y ayudar en el desarrollo de los hijos.
- Estoy muy contenta lo que estan haciendo, ayudando a la familia y mejorando la educacion
- Me ha ayudado mucho porque si no vendriamos al programa los ninos se salieran a la calle y podrian entrar a pandilleras y aqui se entretenan y lo pasan bien
- My daughter loves it. She was 1-2 years when I started. She always happy and wants to come. She doesn't talk much, but she observes and enjoys it. (Although she doesn't express this in words often). We need more parenting workshops. They have a few good ones (ESL, Exercise). I wish there was more counseling. Even though we are so active and distracted, but I wish there was someone to talk to one-on-one, if time could permit it. I know we get referrals, but i think someone should be here at Sunday Friends.
- I enjoyed coming to the program. It provides resources, and tools we can use everyday of our lives. It provides tools for us to be better role models and the importance of education.
- I REALLY ENJOYED THE PROGRAM AND HAVE USE IN THE PRACTICE THE TOOLS I HAVE LEARNED. IM GRATEFUL FOR THE PROGRAM AND THE STAFF.
- I loved going to this program since it taught me how to teach my children and how to treat people of other cultures. My children learned how to have confidence in themselves. I will continue to invite more and more people!
- Sunday Friends es una organizacion que nos ayuda economicamente.
- I like Sunday Friends, I have gotten less stressed ever since I started going!
- Sunday Friends que ha sido de mucha ayuda para toda la familia en lo economico ,educativo.

- The program has helped a lot, I began coming here ever since my children were young.
- Sunday Friends que es un programa muy bueno y me ha ayudado mucho con mis hijos.
- Sunday Friends ayuda mucho a la comunidad y a los niños.
- This program of Sunday Friends has helped me a lot since I have three daughters and they have become more motivated since they arrived at Sunday Friends.
- Sunday friends is an amazing program. I recommend people to come because people are really nice . you learn so much. helps other people to learn about the world. people come from other business to talk about ex: dmv. vision test. Dentist. Fun.
- Everything is fine.
- Sunday Friends es un excelente programa y ayuda mucho a la familia de bajos ingresos.
- Bien agradecida a la programa, una amiga me trajo La organización es increíble en que da responsabilidad a los niños. Ayuda a todos de la familia
- Mas orden y mas sanitacion en la cocina, porque la comida es algo que debe de estar limpio.
- I have liked the program because it has given me ideas of activities I can do with my kids. Also, it has taught me the patience to read to my children when they want to.
- Siento que hay problemas en cuanto al horario de las clases de ingles. Me gustaria ver una persona avisando cuando sea hora para las clases.
- Es muy diferente de que era antes, hubiera gustado ver lo seguir como era antes. Muchas cosas que ponen en la tienda ahora no son lo que necesitamos. Necesitamos cosas de mejor calidad para la casa She wishes the kids would have more education activities
- Me gustarian que tuvieran clases para niños, para enseñarlos a leer. A veces nos están jugando y no hay muchas actividades. Estarían bien tener una clase específica para aprender a leer y escribir.
- The people who work here and the volunteers are very nice and helpful.
- A mis nietos les ha servido mucho, siempre quieren ir. Nos ha servido en el aspecto que estamos juntos.
- Cuando vengo, encuentro amigas, alegría. Voy a la clase de ingles y me siento bien y contenta. Sunday Friends es maravilloso. He encontrado muchas personas muy buenas. Estoy muy agradecida con todos, hasta con los jefes. Hay amigas lindas, preciosas. Jefes también.
- Sunday Friends me ayuda mucho emocionalmente y economicamente, en lo emocional con las clases que tiene el programa y en lo economico a ahorrar mas.
- Nos ha ayudado bastante a mis hijos y a mi. Son muy amables, me han tratado muy bien

- SF me ha ayudado mucho. Me ha ayudado a ser mejor persona y a tratar mejores a mis hijos.
- Me ha ayudado mucho, economicamente Me divierto y aprendo cosas nuevas Los tickets me ayudan a comprar cosas esenciales para la casa
- Sunday Friends Es un programa muy bueno para toda la comunidad en general porque ayuda a mantenernos unidos y a muchas familias las ayuda economicamente.
- Es un programa muy motivado para la comunidad. Los organizadores son muy lindas personas con toda la comunidad, y los voluntarios tambien.
- She loves Sunday Friends because they help her get items that she needs and saves her money.
- nos ha ayudado mucho a nosotros el niño ahora tiene mas amigos con quien jugar
- It is a great program that opens its doors to all families. My family and I are very grateful fro the help Sunday Friends provides my family with.
- Nos ayuda mucho en lo economico. Ayuda mucho por que pueda comprar las cosas de la casa aqui.
- Que es una oportunidad para aprender, a convivir mas. Si uno llega con una problema, te pueden ayudar
- Sunday Friends me ha ayudado en como conversar con mis hijos y tambien les ha enseñado buenos habitos de alimentacion.
- El programa me ha ayudado mucho, ha ayudado a la economia de la familia
- I am pleased with the program and I am grateful because of the economical help the program provides for me and my family. Thank you for all the donations and volunteer help.
- Ayuda mucho con los nervios El tiempo que pasan los hijos es muy bueno, no lo pasan viendo televisión ni usando sus celulares
- Me ha ayudado mucho en la economia familiar y a cuidar mi salud y ha desbolverme con familias con niños.
- Todo esta bien en el programa.
- para mi el programa es un gran vendicion. para mi me ha ayudado mucho mucho mucho. Las clases que nos dan nos educan, las clases de ingles. Las cosas que podemos comprar aqui no siempre estan en las tiendas, y estoy muy agradecida con todos aqui, todos los voluntarios.
- Gracias porque nos han cambiado la vida, mejorando la salud de mi familia.
- I believe the program needs better organization. Think about the child's motivation. For example, paying them more tickets for things they accomplish.
- esta muy bien este programa, me gusta mucho. excelente
- Program has helped us a lot in terms of resources, making friends, development, and learning that there are many people who are generous enough to share and make our lives better.

- Sunday Friends has helped me with buying household utilities like cleaning materials and providing my children with things that I would otherwise not be able to spend money on.
- Sometimes there is preference in terms of buying things at the store. Paying very little (tickets) for doing things or working at the store. Sometimes it is not fair, things are reserved for those that are "preferred".
- me gusta el programa porque haces que ellos [los niños] sepan a valorar las cosas y como ganar lo que quieren.
- Organization
- me gusta mucho venir aqui por las cosas que han aprendido mis hijos y yo tambien.
- The program had helped and benefited my whole family, such as providing us with all the opportunities available to my children. Each one of the classes are very important because they teach us how to be better parents. I give thanks to the benefactors who make this program possible on behalf of me and my whole family.
- estoy muy agradecida con todos los donadores y todos los voluntarios de este programa porque mi vida a cambiado desde cuando estoy un participante de este programa porque he aprendido a valorar las cosas y que mis hijos aprendan a convivir y hacer voluntarios y ayudar a las demas personas. Y mis ahorros an aumentado desde cuando vengo al programa porque me ayudan mucho en los gastos de la casa y de mis hijos.
- Teach my daughters how to interact with others since my daughters are shy/timid
- hasta ahora todo me ha hecho muy bien
- I bring friends and they bring families. Satisfied ith the program
- el programa esta bien, lo pasamos bien aqui.
- Liked the program since the start. has learned many new good and healthy things. Not only herself, but her children. Doesn't get tired. Loves helping in the kitchen. Has made many new friends. Loves coming.
- Me ha ayudado mucho, me gusta venir. Pero cuando hay otras cosas que hacer no puedo venir.

Volunteer Responses: “Compared to other places you have volunteered, what do you think is different about Sunday Friends?”

- I love interacting with the families and seeing them grow. I believe that family participation has been an asset to this program.
- I'm a former Board Member and JLSJ committee member. Due to distance, I'm a donor rather than volunteer. I love to see how much the project has grown. Sunday Friends provides families and volunteers hands-on interaction. There's never a 'hand-out' atmosphere as families and volunteers engage together in constructive activities and contribute to a true community.
- The "cycle" of participation, service and gratitude.
- it seems to provide a sense of community for the families and a safe place for the kids
- People come to Sunday Friends as a place to experience joy and community, which goes far beyond just providing donations to those who can benefit. Moreover, Sunday Friends provides life skills to people young and old, such as collaboration in projects and patience to learn a new skill that will translate to finding jobs and above all provide life skills much more valuable than the donations themselves.
- It is a unique model that teaches families skills to help them succeed rather than just giving handouts.
- You treat the clients with dignity, respect and as partners. No one is talked down or belittled. You take the clients' needs first! I love this about SF!!
- Sunday friends has a unique system in which everyone benefits and is driven by positive means. Children gain rewards through educational projects. In turn, these rewards or "money" is towards essential items.
- The entire family working together towards learning and earning tickets for purchases.
- Empowering and teaching life skills to the mothers and children
- Immediately palpable response is so rewarding
- They have fun activities that everyone can do and also teaches everyone things about helping out and just brings a smile to people's faces.
- The number of projects and classes available to families to participate in.
- Strong community and empowerment of participants
- Lots of volunteers
- I just love SF's mission statement :)
- So many varieties of opportunities available like teaching, shopping guide, cashier, timer, academic games etc
- Real appreciation and consideration for volunteers
- More fun. All family is involved. Many areas where you can help so you can find the ones you like the most. Also, it's on Sundays, so I can help on my day off.

- Well organized and lots to do!
- Lilly is great and really appreciative of the help that I give. I also believe in the cause and want to help families, particularly the kids, see that their current circumstances are not permanent and do not define or limit what they can achieve in their lives.
- I decided not to continue volunteering at Sunday Friends because I felt I wasn't needed. When I and my young son volunteered, I saw many, many Bellarmine boys who were there to embellish their college applications and/or to fulfill high school community service requirements. It seemed like purely a program for Bellarmine kids who needed to round out their experiences for college. There were more than enough volunteers. I also felt like volunteering to serve this community was an HONOR. I almost felt as if we who come from more well-to-do communities (such as Bellarmine, Gunn etc) should have to pay for that honor, not just with our time but with a monetary contribution. I felt as if my presence wasn't needed as much as my dollars. I do realize that both is needed, but I think the program should expand beyond the high school kids from wealthy schools -- and boy, can I see the difference between the have and have-nots when those college prep kids are in the room. So the difference between your program and others is that I see kids using it as a means of fulfilling mandatory community service requirements and as a way to add community service to their college applications. It's not a bad thing - perhaps they are learning about the spirit of giving, empathy etc. But it seems Sunday Friends primarily serves the need to help wealthy students look good on their college applications.
- Educational and community oriented
- Interact with people, more close win-win situation, we get to learn Spanish and gets to go out too Great atmosphere, Great inspiration, Great practical teaching
- The population helped by the program actually need to show commitment and participation.
- The ability to interact with the people served by Sunday Friends.
- Fun as well as helpful
- THE BEST. I so believe in what you are doing for the community. I have told so many people about you. It's fabulous and I wish I could come more often!
- It is a lot more open and easy to get into, especially when one is just starting out.
- Well organized
- I like that recipients have to participate to earn rewards instead of receiving straight handouts.
- I enjoy the environment of Sunday friends. I always feel welcomed and I enjoy being thanked by the people part of Sunday friends. I think this is the most different about other places.
- The chance to interact with families attending the program. You feel like you are being useful, there is real work to do. The families are happy to take part.

- There is a more sense of community.
- The focus on earning, rather than charity, and on education.
- The atmosphere
- You get to interact with the kids a lot more than other organizations!
- Inclusive, variety of ages
- The community being a member provides.
- Wide Variety of Activities
- have not volunteered at any other organization
- Comparing to other places, I feel a very strong connection at Sunday friends. I feel the loving and the warmth that Sunday friends give out no matter if it's volunteer or anyone there. Sunday friends give people that feeling of family.
- Best place I have volunteered. Very rewarding, very well organized. Unique philosophy.
- Sunday Friends is a very organized program that does make a difference (a good difference) in the lives of the families that are part of the program. Those in charge are very good at keeping the program organized and fun for the kids. U like other organizations, Sunday Friends allows children to learn the value of hard work to get what is needed- soaps, detergents, etc. Overall, this program teaches great life skills.
- Sunday Friends has families earn their tickets. Things are not given for free to them. Families work to earn the tickets, and in the process, they learn life-skills that can help them in the workplace and in the household
- They require the families whom they help to give back to the community and to earn the items they "buy." I like that Sunday Friends do not believe in hand-outs.
- Interactions with the community at SF and the emphasis on earning tickets to be saved or spent.
- One of the big things is that we can volunteer here at the office (which you don't include above). It gives more people exposure to the organization.
- Nice to see instant impact our work has to the customers. Also wonderful to meet, greet and talk with customers.
- Many organizations just give out resources to people in need. For example, people in poverty can go to Sacred Heart and just receive food and other items. At Sunday Friends, people have to work to get tickets, which they can spend accordingly to purchase items they want or need. It teaches people to work for things and not just wait for someone to give it to them. It is much more motivational and creates a hardworking mentality.
- It's a lot more organized and structured than most other programs, which is beneficial.
- Extremely positive energy, everyone is looking to make a difference; Not charity is so clear with the entire program
- The best place to volunteer.

- Sunday Friends gives me an opportunity to work with and directly help the people who are benefiting from my service. Not only that, but SF gives me exposure to the community and has helped me gain leadership and management skills.
- Sunday Friends serves a community I can easily relate to when I volunteer for SF I have an enjoyable time compared to other places I have volunteered at.
- Sunday Friends is a lot more energetic, fun, and a lot more organized than other places I have worked at.
- The program offers an incentive for the members to do a good job in all the activities offered at SF.
- Sunday Friends very hand-on and focus on the children and parents who attend.
- This program really helps educate families and help them economically wise with things they may be missing at home.
- Sense of Community and Family
- Can contribute directly to community
- Different ways to volunteer, get to know kids and teach them different things
- Teaches Families valuable life skills, help form a community
- Wonderful working with the families, impact seen instantaneously, enthusiastic environment
- Families are taught valuable lessons, work to earn what they need just like in the real world, they do not just receive stuff
- Families and volunteers form a safe, small community. There is a sense of unity
- I never volunteered elsewhere
- Sunday Friends asks its participants to first educate themselves or give back to the community before they earn the benefits of donated items. Sunday Friends champions the value of families and individuals to achieve a wholesome and dynamic environment for the growth of its participants
- You get to directly interact with kids more. You feel proud and happy that you can make a difference in someone's education. Through Sunday Friends I am able to help kids understand math better and get better grades in school
- Respects clients' needs and wants and treats them as equals. Participants are encouraged to earn what they want and need, not what someone thinks they need
- I love the mission. It's very clear and every project reflects it.
- I really love the part where the children are a part of the project. They're so engaged in serving the food and preparing the food. They're fully excited to help assist.
- Concept of family earning their assistance and contributing as well. Strong family atmosphere
- The involvement of families. The ticket and earning component are really unique and seem to motivate participation. There is also a high level of participation from volunteers

- I love the communal feel of the Sunday Friends program. The 'buy-in' of all to participate in sharing diverse gifts, helping one another and circling back with gratitude is refreshing (and brilliant!).
- You interact with kids on a personal levels and you can see them have fun
- Sunday Friends is different because families are able to come together to learn and are rewarded with the things they need at home, and I think that's a really great thing to do.
- I like how Sunday Friends teaches kids valuable skills, not just acts as a charity. It really resembles the real world with ticket earning, as is a wonderful way to bring families together. The atmosphere is always positive and nice to be around.
- This place allows my kids and I to interact with the kids in the community who are from low-income families. It feels really good to be lending support and being a friend to them, even if it's just one Sunday per year.
- I have not volunteered anywhere else.
- The sense of accomplishment children feel from completing projects and earning tickets
- I think this program offers activities for every age to take part in. Also, this program is centered around education and helping families learn skills like English, letterwriting, arts, working, money management, computer education, and more. Volunteers of all ages and walks of life can assist at this program.
- I really love the idea of the whole family participating and working towards earning tickets. It takes away the helpless/dependent aspect of charity and really gives the families a chance to empower themselves.
- At Sunday Friends, I work in direct contact with the kids I am helping.
- They are interested in each individual volunteer and utilizing what they are good at.
- The community is very welcoming and diverse. Sunday Friends really focuses on helping the families and they show that through the amount of support they give the families. I like volunteering at Sunday Friends because it's very heart-warming to see how much the organization cares for the families.
- The Leaders here at Sunday Friends are very welcoming including the people attending the program. The community is very close knit which is a nice touch compared to other places.
- What I like most about Sunday Friends is that has a little for all family members, the families are exposed to the importance of eating healthier, exercise, learning english, learning the basics of computers, and the ability to earn credit and use it for family basic needs.
- Sunday Friends is more personal and you are able to interact with others. You are also able to practice spanish.
- Family, Friendly, able to interact with clients.

- This is a local, well thought-out, and long-term goal and everything that happens here is a clear reflection of improving participants financial futures.
- I think Sunday Friends is different because there are so many different things you can do. Also, it brings the people who are working there together and feels like a big community.
- I think Sunday Friends really cares and treats everyone equally. Sunday friends to me is all about helping and solidarity.
- The mission is unique. I believe it is an innovative program that helps families get support with dignity, develop their own sense of service and develop practical life skills. The Sunday Friends Staff is extremely competent and welcoming. As a volunteer, I always feel like the expectations are and I know how to be successful. I really appreciate the clear direction that is provided to volunteers.
- I haven't volunteered anywhere else, but I think Sunday Friends has a unique way of doing service.
- There's an aspect that is especially prominent in the Sunday Friends experience, that no matter what jobs you are given throughout the day, that everyone is working as a community to achieve the same goal. Having most of the activities occur in the same room really helps this communal experience for me. And, everyone is sacrificing their Sunday to help and entertain people who aren't used to that luxury.
- I like how the families at Sunday Friends enjoy the day cooking and doing art projects together.
- I like Sunday Friends compared to other places I have volunteered because of the fact that it is non-discriminatory towards the people they help and that it provides so many opportunities to those who are in need.
- Sunday Friends is really efficient because it provides flexible and affordable plans for clients as well as incredibly flexible scheduling for volunteers.
- I really like the fact that SF incorporates healthy eating/cooking in their program. I also like the bank system they have as well as the physical activity program.
- Sunday Friends is a very welcoming place and I get to see people's lives change right in front of me, rather than just packaging food at other community service places.
- I think what makes Sunday Friends different is their goal to help educate adults and children in areas that will really help them throughout their lives. Sunday Friends helps them learn about healthy lifestyles, computers, giving back to the community, and other relevant topics. They are making a long term difference in people's lives.
- I have not volunteered at any other places.
- Sunday Friends has a more direct impact in the lives of local families. They also help families in more diverse ways, such as financially, educationally, and emotionally.
- The thing I see different here at Sunday Friends is everyone makes you feel like family.

- I think this program is inspiration and I like that I directly participate and interact with the people that I help. I enjoy getting to know the participants of this program and seeing how they're helped.
- "The difference is the whole payment system and how they use that to purchase items."
- Sunday Friends is really family based, which is really nice because it gives families time to do fun activities together and get to know other families.
- When I have volunteered at Sunday Friends, They have given me less direct instruction/do not micromanage which is nice. Also it is nice that they have young volunteers who get to be very included.
- Sunday Friends is very organized and has many activities for the children/parents. Sunday Friends also is a good way to reach out to the community, other community services are annually and not continuous.
- Sunday Friends has a lot of interaction and communication happening, which I think is very important. I also enjoy seeing the families having a good time and earning more tickets as well as important life skills.
- There is a lot more variety in what you can volunteer to do. The shifts are longer, and it is larger.
- The fact that people do things to earn tickets and then use the tickets to purchase things is different.
- We work directly with people of lower income and feel the sense of direct influence on others. This differs from previous volunteering experiences because others do not provide that their work has only transisient(?) effect on low income communities.
- Sunday Friends really serves the needs of many needed family in academic and non-academic areas. Kids here are eager to learn and receive tickets to help themselves and their family. Many are very smart, but did not have as many opportunities as other kids from better economic backgrounds. Hence, 'SF' provides these opportunities.
- It provides a place for people of different socioeconomic groups to help each other, but all the volunteers plans I have been to have not offered that opportunity.

APPENDIX C: Surveys

YOUTH SURVEY



Form ID

We are very interested in knowing how young people like you who come to SUNDAY FRIENDS feel about this program. We would like to improve this program so your answers will be very helpful. I will read out each question. **There are no right or wrong answers.** Please choose ONE answer that you think is **best** for you.

A. About you and SUNDAY FRIENDS:



Not at all

Little

Okay

Fairly

Very

A1. When you are at SUNDAY FRIENDS, do you feel...

Safe	Others don't notice you
Happy	You want to learn new things
Proud of yourself	Hopeful about yourself
Successful	You help make things better
Lonely	You try to do your best
Eager to participate	You are willing to try new things
Sad	You feel left out
Respected	Confident of yourself
Responsible	You make new friends
Close to your family	People listen to your ideas
Bored	You feel good about helping others
Confident that you can earn what you want from the store	People are glad that you are here at the Sunday Friends program

	People appreciate you
--	-----------------------

A2. Compared to other times during the week, when you are at SUNDAY FRIENDS, do you...

	Use better manners		Show more respect for things around you
	Participate more in activities		Show more respect for people
	Appreciate your family more		Like yourself better
	Enjoy learning more		Get help with speaking English
	Try harder to do the best you can		Feel more that life can be good
	Make better decisions		Pay more attention
	Help out others more		Spend more time with other family members
	Feel less stress		Feel more sure about yourself
	Feel like adults show you more respect		Want to do your best



1



2



3



4



5

Not at all

Little

Okay

Fairly

Very

A3. When you are NOT at SUNDAY FRIENDS, do you...

	Practice using English with others		Think people listen to your ideas
	Feel proud when you work for things you want		Read for fun more often
	Talk with your family about things that are important to you		Feel you make better decisions
	Try to eat healthy foods when you can		Spend more time with your family
	Feel comfortable with people of other cultures		Feel like you are angry more often
	Worry about your parents		Exercise more

	Try to prepare foods like the ones you helped make at Sunday Friends		Think your parents are paying more attention to you
--	--	--	---

A4. I think that...

	Sunday Friends helps me to like other people better		I attend Sunday Friends only because my parents or family members make me
	I really like attending Sunday Friends		Things I learn at Sunday Friends help me be successful in school.
	I want to be like the volunteers at Sunday Friends		The volunteers at Sunday Friends are nice to me
	It is important to do better in school		I can help others
	It is important to have goals for the future		It is important to stand up for myself
	It is important to say no to wrong or dangerous activities.		Sunday Friends helps me to be a leader



Not at all

Little

Okay

Fairly

Very

A5. FOR YOUTH 11 YEARS OR OLDER ONLY:

Tell us how you feel...

PARENT SURVEY

We are very interested in knowing how parents like you who come to SUNDAY FRIENDS feel about this program. We would like to improve this program, so your answers will be very helpful. I will read out each question. **There are no right or wrong answers.** Please choose ONE answer that you think is **best** for you.

A1. Tell us how you respond to each statement about you and SUNDAY FRIENDS below.

1	2	3	4	5
Strongly	Disagree	Neither Agree	Agree	Strongly
Disagree		nor Disagree		Agree

	You are treated with dignity and respect		The volunteers are good role models for your children
	The program is organized well		The volunteers are friendly
	You practice English through speaking or conversation at Sunday Friends		Sunday Friends feels like a friendly place to be
	Sunday Friends has helped you reduce your usual stress level		If you were unable to attend Sunday Friends it would make you sad
	You encourage others in your community to attend Sunday Friends		

Most of the time, who comes with you to Sunday Friends? Check ALL THAT APPLY:

- ₁ Son or Daughter
- ₄ Adult relatives (parents, grandparents, aunt, uncle, cousin)
- ₂ Niece or Nephew
- ₅ Other (specify) _____
- ₃ Grandchild

B. ABOUT HEALTH HABITS:

Regarding YOUR current health and eating habits:

Please answer the questions below if you have been attending Sunday Friends for more than 2 months.

Since I began coming to Sunday Friends...	YES	SOMETIMES	NO	N/A
a. I have been trying to eat a healthier diet than I did before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
b. I have actually been eating a healthier diet than I did before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
c. I have tried to shop for healthier foods more than I did before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
d. I believe my health has improved.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
e. I have been trying to get more exercise than I did before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
f. I have actually been exercising more than I did before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
g. I have been trying to get enough sleep at night.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
h. I have been trying to encourage my children to eat a healthy diet.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. My children have been eating a healthier diet than they did before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. My children take pride in preparing healthy food.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

k. I have encouraged my children to get enough sleep at night.

l. I believe my children's health has improved.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

C. ABOUT ENGLISH LANGUAGE:

C1. **Mostly**, what language do you use? Check ONE.

- ₁ English
- ₂ Spanish
- ₃ Vietnamese
- ₄ Chinese
- ₅ Other: _____

C2. By attending SUNDAY FRIENDS have **you** improved your English language skills?

- NO (*SKIP TO NEXT SECTION*)
- YES (*CONTINUE*)
- NOT APPLICABLE as you are fluent in English

C3. How much does each of the following help **you** with learning English?

	Not at all	Somewhat helpful	Very helpful	Don't participate
ESL class	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Letter-writing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Conversation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reading publications in both English and Spanish	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other(specify): _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

C4. When not at Sunday Friends, do you practice using English with others? Practice with your children?

YES

NO

When not at Sunday Friends, do you practice with your children?

YES

NO

D. ABOUT YOUR CHILDREN AND SUNDAY FRIENDS:

D1. When you are at SUNDAY FRIENDS with your children, do you think **your children feel...**

1		2		3		4		5		NA
---	--	---	--	---	--	---	--	---	--	----

Strongly Applicable	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Not
------------------------	----------	-------------------------------	-------	-------------------	-----

<input type="checkbox"/>	Safe
<input type="checkbox"/>	Happy
<input type="checkbox"/>	Proud of themselves
<input type="checkbox"/>	Successful
<input type="checkbox"/>	Lonely
<input type="checkbox"/>	Eager to participate
<input type="checkbox"/>	Motivated
<input type="checkbox"/>	Respected
<input type="checkbox"/>	Responsible
<input type="checkbox"/>	Close to their family
<input type="checkbox"/>	Bored
<input type="checkbox"/>	Sad
<input type="checkbox"/>	Supported by the volunteers

<input type="checkbox"/>	They want to learn new things
<input type="checkbox"/>	They are not part of the group
<input type="checkbox"/>	People appreciate them
<input type="checkbox"/>	They help make things better
<input type="checkbox"/>	Confident that they can earn what they want from the Treasure Chest
<input type="checkbox"/>	They are willing to try new things
<input type="checkbox"/>	They are hopeful about themselves
<input type="checkbox"/>	Confident in themselves
<input type="checkbox"/>	Others don't notice them
<input type="checkbox"/>	They want to do their best
<input type="checkbox"/>	They belong here
<input type="checkbox"/>	People are glad they are here

D2. Tell us in what ways do you think YOUR CHILDREN'S participation in SUNDAY FRIENDS has influenced their life?

1		2		3		4		5	NA
---	--	---	--	---	--	---	--	---	----

Strongly Disagree Neither Agree Agree Strongly Not
Applicable

Disagree nor Disagree Agree

<input type="checkbox"/>	They use better manners	<input type="checkbox"/>	They show more respect for things around them
<input type="checkbox"/>	They participate more in activities	<input type="checkbox"/>	They show more respect for people
<input type="checkbox"/>	They appreciate their family more	<input type="checkbox"/>	They like themselves better
<input type="checkbox"/>	They enjoy learning more	<input type="checkbox"/>	They get help with speaking English
<input type="checkbox"/>	They try harder to do the best they can	<input type="checkbox"/>	They feel more that life can be good
<input type="checkbox"/>	They enjoy writing more	<input type="checkbox"/>	They make better decisions
<input type="checkbox"/>	They are learning math, science, and computer skills	<input type="checkbox"/>	They pay more attention

<input type="checkbox"/>	They do better in school	<input type="checkbox"/>	They act more like a leader
<input type="checkbox"/>	They feel more proud when they work for things they want	<input type="checkbox"/>	They belong to more activity groups (like sports teams, school clubs, youth groups, or others)
<input type="checkbox"/>	They are better at making friends	<input type="checkbox"/>	They read more for fun
<input type="checkbox"/>	They are more comfortable being with people from other cultures	<input type="checkbox"/>	They talk more at home about things that are important to them
<input type="checkbox"/>	They realize that they can help others	<input type="checkbox"/>	They are better at standing up for themselves
<input type="checkbox"/>	They are more able to say no to doing wrong or dangerous things	<input type="checkbox"/>	They are learning better ways to get what they want
<input type="checkbox"/>	They are learning how to manage money	<input type="checkbox"/>	They have more positive relationships with adults outside the family such as teachers or Sunday Friends volunteers

E. YOU, YOUR CHILD, YOUR FAMILY AND SUNDAY FRIENDS:

E1. Think about YOURSELF and how you have changed since starting SUNDAY FRIENDS. Tell us in what ways do you think YOUR PARTICIPATION in SUNDAY FRIENDS has made a **positive change in YOUR life.**

1	2	3	4	5	NA
---	---	---	---	---	----

Strongly Applicable	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Not
------------------------	----------	-------------------------------	-------	-------------------	-----

<input type="checkbox"/>	You are more comfortable speaking English
<input type="checkbox"/>	You feel you are a better parent
<input type="checkbox"/>	You feel more self-confident
<input type="checkbox"/>	You feel less stressed in meeting the needs of your family
<input type="checkbox"/>	You are more hopeful about your life
<input type="checkbox"/>	You feel a sense of belonging
<input type="checkbox"/>	You feel more successful

	You feel more comfortable writing in English
	You feel more confident in your writing ability (in general)
	You have more desire to be active in the community
	You feel more confident that you will be able to care for your family in the future
	You trust other people more
	You feel more positive about the future because of Sunday Friends.
	You feel more comfortable when around people from other races or cultures
	You have gotten more involved in other groups (such as religious, parents, neighborhood)
	You feel you are a better role model for your children
	You share the things you learn with other people outside of Sunday Friends
	You have made new friends
	You feel more able to give back to the community
	You feel angry less often
	You have learned useful things that will help you
	You have more knowledge about how things work so you solve your problems.
	You feel you are using your money more carefully
	You feel you have more people or places to turn to when you have problems.
	You feel you are setting a better example for your children by spending carefully
	You better understand the value of spending time with your children doing creative activities
	You feel more confident that your children will be financially stable when they grow up
	You feel more confident about how you are handling situations with your children
	You feel better about how you are disciplining your children
	You have learned some effective ways to discipline your children
	You pay more attention to leading by example so your children see your good behavior
	You think about meeting your family's needs each month, but you are more able to think about other things too
	You are better able to handle life's many demands
	You are more dedicated to ensuring your children's regular attendance in school

	You feel more confident that your children will be able care for themselves as they grow up
	You better appreciate the value of your family working together
	You are more able to think about the needs of your family in the future
	You are more able to think about whether your children will grow up able to take care of themselves
	You are more able to think about what your actions are teaching your children
	You are more dedicated to making family stability a priority
	You feel more a part of the Sunday Friends community

E2. Think about your child and how he or she has changed since starting SUNDAY FRIENDS. Tell us in what ways do you think YOUR PARTICIPATION in SUNDAY FRIENDS has made a **positive change in your CHILD'S life**.

1	2	3	4	5	NA
---	---	---	---	---	----

Strongly Disagree Disagree Neither Agree Agree Strongly Agree Not Applicable

Disagree nor Disagree Agree

	My child knows I expect her/him to do their best
	My child is more interested in learning new things
	My child is more able to find acceptable ways to get what s/he wants
	My child helps a neighbor, friend or relative more than before
	My child watches less TV than before whenever s/he is at home
	My child reads for fun more than before whenever s/he is at home
	My child helps with household chores or cooking more than before
	My child practices making careful decisions about saving and spending

	My child acts less depressed
	My child spends more time doing creative activities
	My child doesn't look forward to the future

E3. Think about YOUR INTERACTIONS WITH YOUR CHILD AND YOUR CHILD'S SCHOOL and how this has changed since starting SUNDAY FRIENDS. Tell us in what ways do you think YOUR PARTICIPATION in SUNDAY FRIENDS has made a **positive change in your INTERACTIONS WITH YOUR CHILD.**

1	2	3	4	5	NA
Strongly Applicable	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Not

	You have more positive interactions with your child
	You are more actively involved in helping your child succeed in school
	You spend more time with your family
	You talk more with your child
	You are spending more meaningful and educational time with your child
	You better understand ways to help your child succeed in school.
	You and your child read together every day
	You and your child write together every week
	You talk with your child's teacher about his/her behavior in school
	You talk with your child's teacher about his/her grades
	Your child talks with you about things that are important to him/her more than before

You and your child spend more time at home sharing activities without a TV on

You have a united family that works together

Your child is more interested in helping the family be successful

F. SOME QUESTIONS ABOUT YOU AND YOUR FAMILY:

F1. Are you:

•₁ Male

•₂ Female

F2. How old are you? _____ (years)

F3. Approximately when was the first time you attended SUNDAY FRIENDS program?

_____ (month) _____ (year)

F4. During the past 12 months, approximately how many SUNDAY FRIENDS programs have you attended at any location?

•₁ 1-5 programs

•₂ 6-10 programs

•₃ 11-15 programs

•₄ 16-20 programs

•₅ 21-26 programs

F5. Most of the times, with whom do your children live?

Check ONE.

•₁ Only Mom

•₂ Only Dad

•₃ Both Mom and Dad

•₄ Relatives (grandparent, aunt, uncle, cousin)

•₅ Other (specify) _____

F6. Where do you live? Check ONE

- ₁ Rented house or apartment
- ₂ Self-owned house or apartment
- ₃ Relative's house or apartment (includes grandparent, aunt, uncle, cousin)
- ₄ Friend's house or apartment
- ₅ Shelter
- ₆ Other (specify) _____

F11. How would you describe yourself? Check ONE

- ₁ American Indian/Alaskan Native
- ₂ Asian
- ₃ Black/African American (not of Hispanic origin)
- ₄ Hispanic
- ₅ White (not of Hispanic origin)
- ₆ Pacific Islander
- ₇ Multiethnic/Mixed Race
- ₈ Other (please specify) _____

F7. For how long have you been living in your

present house/apartment?

Check ONE

F12. What is the highest level of education for you and your spouse/significant other? Check ONE

• ₁ 1 - 6 months				Spouse/
• ₂ 7 - 11 months				Significant
				Other
			You	

•₃ 1 - 2 years

• ₄ 3 - 5 years	Not completed Elementary School	• ₁	• ₁
----------------------------	---	----------------	----------------

• ₅ More than 5 years	Completed Elementary School.....	• ₂	• ₂
----------------------------------	--	----------------	----------------

	Completed Middle School/Junior High	• ₃	• ₃
--	--	----------------	----------------

	Completed High School.....	• ₄	• ₄
--	--	----------------	----------------

F8. In the past year what was the
TOTAL income

	Completed College.....	• ₅	• ₅
--	------------------------------------	----------------	----------------

from earnings of ALL the
members of your

	Completed Graduate/Profess ional		• ₆
		• ₆	

family?

School.....
.....

•₁ Less than \$50,000/year

Other (write in) _____	• ₇	• ₇

•₂ \$50,000/year

Not applicable.....•₈

- ₃ More than \$50,000 year

F13. This question is about the employment status for you and your spouse/significant other.

F9. How long have you lived in this country (US)?

Check ALL that apply

- ₁ Less than 1 year
- ₂ 1-3 years
- ₃ 4-6 years
- ₄ More than 6 years

		Spouse/
	You	Signific
		ant
		Other

Work full-time
for
pay.....
.....

•₁

•₁

Work part-time
for pay

•₂

•₂

F10. In what city and country were you born?

Home-maker

•₃

•₃

_____ (city) _____
(country)

Currently
unemployed

•₄

•₄

Retired
.....

•₅

•₅

Full-time
student ...

•₆

•₆

Part-time
student

•₇

•₇

Other (specify)

•8

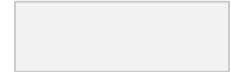
•8

Not applicable.....•9

G1 Is there anything else you want to tell us about the SUNDAY FRIENDS program?

Thank You for Completing the Survey!

VOLUNTEER SURVEY



Form ID

My name is Dr. Carol Ann Gittens, a professor at Santa Clara University, and in cooperation with Sunday Friends, we are evaluating the effectiveness of the Sunday Friends program. You are being asked to complete a Volunteer survey for this purpose. Your answers may help Sunday Friends improve their program. The survey will take about 15 minutes or less to complete.

Procedure

- Your Sunday Friends involvement, and any relationship with Santa Clara University, will NOT be affected by choosing to not participate.
- You may skip any questions you do not feel comfortable answering, and you may withdraw from the study at any time. There will be no penalty for withdrawing. Simply close the browser to end the survey.

Other Information

- We are studying what volunteers tell us about Sunday Friends, NOT any specific person's answers
- We will make sure that your answers are NOT shared with anyone and that they are kept safely in a locked office at Santa Clara University.
- Findings may be published and / or released in reports about Sunday Friends, but individuals will NOT be identified.

Contact Information

- To asked questions about the survey: Carol Gittens (408) 551-1855, cgittens@scu.edu
- If you have any questions about you or your child's rights as a subject/participant in this research, or if you feel you or your child have been placed at risk, you can contact the Chair of the Human Subjects Committee through Office of Research Compliance and Integrity at (408) 554-5591.

By completing this survey you are giving consent to participate in the above study.

SECTION A: About being with SUNDAY FRIENDS

A1. Approximately how long have you been volunteering with SUNDAY FRIENDS?

- ₁ Less than 1 year
- ₂ 1 - 2 years
- ₃ 3 - 4 years
- ₄ 4 - 5 years
- ₅ 5 - 6 years
- ₆ More than 6 years

A2. During the past year (or 52 weeks) approximately how many Sundays have you spent volunteering with SUNDAY FRIENDS? _____ (# of Sundays)

A3. Other than Sundays, during the **past year** (or 52 weeks), approximately how many times have you volunteered with SUNDAY FRIENDS, for instance, at events, at the weekday store, or behind the scenes? _____ (# of times excluding Sunday)

A4. At what sites have you volunteered? (CHECK ALL THAT APPLY):

- ₁ Lowell
- ₂ Anne Darling
- ₃ Kennedy
- ₄ Blackford
- ₅ SUNDAY FRIENDS Store on Story Rd
- ₆ Target Shopping Sprees

A5. People often volunteer for several reasons. Which of these reasons would you say are true for you.

CHECK ALL THAT APPLY

- ₁ Part of requirement for a degree/class
- ₂ Court ordered programs (e.g., Sentencing Alternatives Program, Restorative Justice Program, etc.)
- ₃ For college application
- ₄ Considering related careers
- ₅ Desire to serve community
- ₆ Opportunity to volunteer with my family
- ₇ Practice Spanish language
- ₈ Expose my children to volunteering
- ₉ Because I believe in what the program is doing
- ₁₀ Other (write in) _____

A6. In which of the following areas have you volunteered? (CHECK ALL THAT APPLY)

	Cafeteria / Store Setup		Health Snacks
	Food / Cooking Projects		Kitchen Manager Asst.
	Piano		ESL Class
	Academic Games		Spanish Letter Translating
	Art Projects		Exercise
	Bank		Computer Education Class
	Photography		Bike Shop
	Store Role		Sidewalk Sale
	Shopping Guide		Shopping Coordination
	Educational Board Games		Takedown
	Outreach Events		Behind the Scenes activities
	Other: _____		

A7. Are you a member of the SUNDAY FRIENDS Volunteer Leader Team?

•₁ YES

•₂ NO

A8. Compared to other places you have volunteered, what do you think is different about SUNDAY

FRIENDS? Please describe.

SECTION B: Your experience as a volunteer with SUNDAY FRIENDS

B1. How much do you enjoy your volunteer experience with SUNDAY FRIENDS?

€₁

•₂

•₃

•₄

•₅

Not at all

A little

Somewhat

Quite a bit

A lot

B2. How personally fulfilling is your volunteer experience with SUNDAY FRIENDS?

•₁

•₂

•₃

•₄

•₅

Not at all

A little

Somewhat

Quite a bit

A lot

B3. To what extent do you feel you accomplish some “good” through your work with SUNDAY FRIENDS?

•₁

•₂

•₃

👤₄

🗨️₅

Not at all

A little

Somewhat

Quite a bit

A lot

B4. To what extent do you agree or disagree that because of **your experience** with SUNDAY FRIENDS...

	Strongly Disagree	Disagree	Neither Agree or Disagree	Agree	Strongly Agree
a. You feel more comfortable interacting with people who belong to another culture	1	2	3	4	5
b. You are more sensitive to the needs of people like those attending the Sunday Friends program for low income families.....	1	2	3	4	5
c. You are more understanding of others' life circumstances.....	1	2	3	4	5
d. You have learned to be a better mentor	1	2	3	4	5
e. You have had the opportunity to develop leadership skills.....	1	2	3	4	5
f. You feel that you have had a positive influence on children and/or parents in this program	1	2	3	4	5
g. You feel you are treated with respect	1	2	3	4	5
h. You are more aware of your behaviors because you are a role model.....	1	2	3	4	5
i. Your perceptions of very low-income people have changed.....	1	2	3	4	5
j. You interact more with people from different socio-economic groups when you are NOT at Sunday Friends.....	1	2	3	4	5
k. You recognize more similarities between yourself and families like those of Sunday Friends.....	1	2	3	4	5
l. You now have a greater awareness of the community that you live in.....	1	2	3	4	5
m. You are more likely to do volunteer work in the future	1	2	3	4	5
n. Volunteering has made your life more meaningful.....	1	2	3	4	5
o. You feel better about yourself.....	1	2	3	4	5

p. You have gained self-confidence.....	1	2	3	4	5
q. You have learned to handle more responsibility.....	1	2	3	4	5
r. You feel valued by children who attend this program.....	1	2	3	4	5
s. You feel valued by parents who attend this program	1	2	3	4	5
t. You feel valued by other volunteers and staff in this program.....	1	2	3	4	5
u. Your spirits are lifted after volunteering with Sunday Friends.....	1	2	3	4	5

SECTION C: Lastly, about yourself

C1. Are you:

- ₁ Male
- ₂ Female

C2. How old are you? _____ (years)

C3. What is your current marital status? CHECK ONE

- ₁ Single, never married
- ₂ Married and/or living with partner
- ₃ Separated/Divorced
- ₄ Widowed

C4. Would you describe yourself as: CHECK ONE

- ₁ American Indian/Alaskan Native
- ₂ Asian
- ₃ Black/African American (not of Hispanic origin)
- ₄ Hispanic
- ₅ White (not of Hispanic origin)
- ₆ Pacific Islander
- ₇ Multiethnic/Mixed Race

- ₈ Other (please specify)_____

C5. What is your highest level of education? CHECK ONE

- ₁ Completed Elementary School
- ₂ Completed Middle School/Junior High
- ₃ Completed High School
- ₄ Completed College
- ₅ Completed graduate or professional school
- ₆ Other (write in)_____

C6. This question is about your employment status. CHECK ALL THAT APPLY

- ₁ Work full-time for pay
- ₂ Work part-time for pay
- ₃ Homemaker
- ₄ Currently unemployed
- ₅ Retired
- ₆ Full-time student
- ₇ Part-time student
- ₈ Other (specify)_____

C7. To which of the following socio-economic classes do you consider yourself to belong? CHECK ONE

- ₁ Very low-income
- ₂ Low income
- ₃ Middle income
- ₄ Upper middle income
- ₅ Upper income

APPENDIX D: Item Result Tables

Youth Survey

Descriptive Results for Youth Survey Section A1.

	N	Minimum	Maximum	Mean	Std. Deviation
Safe	81	2	5	4.60	.683
Happy	81	1	5	4.59	.755
Proud of yourself	81	1	5	4.49	.976
Successful	81	1	5	4.44	.922
Lonely	81	1	5	1.74	1.233
Eager to participate	81	1	5	3.95	1.378
Sad	81	1	5	1.44	1.000
Respected	81	1	5	4.64	.841
Responsible	81	1	5	4.59	.848
Close to your family	81	1	5	4.60	.801
Bored	81	1	5	2.06	1.298
Confident that you can earn what you want from the store	81	1	5	4.52	.937
People appreciate you	81	1	5	4.51	.950
Others don't notice you	81	1	5	2.07	1.439
You want to learn new things	81	1	5	4.69	.801
Hopeful about yourself	81	1	5	4.51	.910
You help make things better	81	1	5	4.31	.917
You try to do your best	81	1	5	4.63	.732
You are willing to try new things	81	1	5	4.62	.751
You feel left out	81	1	4	1.37	.858
Confident of yourself	81	1	5	4.43	1.036
You make new friends	81	1	5	4.22	1.225
People listen to your ideas	81	1	5	4.21	1.033
Your feel good about helping others	81	3	5	4.86	.411
People are glad you are here at the SF program	81	1	5	4.35	.951

Descriptive Results for Youth Survey Section A2.

	N	Minimum	Maximum	Mean	Std. Deviation
Use better manners	81	1	5	4.41	1.104
Participate in more activities	81	1	5	4.51	.976
Appreciate your family more	81	2	5	4.75	.603
Enjoy learning more	81	1	5	4.49	1.038
Try harder to do the best you can	80	1	5	4.50	.914
Make better decisions	81	1	5	4.30	1.134
Help out others more	81	1	5	4.54	.881
Feel less stress	80	1	5	3.53	1.475
Feel like adults show you more respect	81	1	5	4.37	1.112
Show more respect for things around you	81	1	5	4.62	.768
Show more respect for people	81	1	5	4.65	.793
Like yourself better	80	1	5	4.36	1.046
Get help with speaking English	81	1	5	3.41	1.694
Feel more that life can be good	81	1	5	4.63	.843
Pay more attention	81	1	5	4.23	1.297
Spend more time with other family members	81	1	5	3.72	1.510
Feel more sure about yourself	81	1	5	4.33	1.162
Want to do your best	81	1	5	4.69	.752

Descriptive Results for Youth Survey Section A3.

	N	Minimum	Maximum	Mean	Std. Deviation
Practice using English with others	81	1	5	4.02	1.475
Feel proud when you work for things you want	81	1	5	4.74	.628
Talk with your family about things that are important to you	81	1	5	4.32	1.035
Try to eat healthy foods when you can	81	1	5	4.41	.919
Feel comfortable with people of other cultures	81	1	5	4.25	1.124
Worry about your parents	81	1	5	4.59	.932
Try to prepare foods like the ones you helped make at SF	81	1	5	3.91	1.371
Think people listen to your ideas	81	1	5	4.12	1.122
Read for fun more often	81	1	5	3.62	1.609
Feel you make better decisions	81	1	5	4.31	1.056
Spend more time with your family	81	1	5	4.49	1.050
Feel like you are angry more often	80	1	5	2.03	1.331
Exercise more	81	1	5	3.91	1.451
Think your parents are paying more attention to you	81	1	5	4.12	1.279

Descriptive Results for Youth Survey Section A4.

	N	Minimum	Maximum	Mean	Std. Deviation
SF helps me to like other people better	81	1	5	4.42	1.071
I really like attending SF	81	1	5	4.51	.924
I want to be like the volunteers at SF	81	1	5	4.26	1.191
It is important to do better in school	81	2	5	4.88	.430
It is important to have goals for the future	81	1	5	4.84	.558
It is important to say no to wrong or dangerous activities	81	1	5	4.09	1.526
I attend SF only because my parents or family members make me	81	1	5	2.30	1.654
Things I learn at SF help me be successful in school.	81	1	5	4.57	.894
The volunteers at SF are nice to me	81	3	5	4.85	.422
I can help others	81	2	5	4.73	.633
It is important to stand up for myself	81	1	5	4.69	.831
SF helps me to be a leader	81	1	5	4.46	.962

Descriptive Results for Youth Survey Section A5.

(Completed by youth 11 years or older)

	N	Minimum	Maximum	Mean	Std. Deviation
I feel I am learning to manage money	44	1	5	4.39	1.017
I look forward to the future	44	1	5	4.66	.805
I talk about SF with other people	44	1	5	3.43	1.531
SF has helped me think about planning for college	44	1	5	4.36	1.203
My parent shows more interest in my school work	43	1	5	4.35	1.110
I try to belong to activity groups (sports teams, school clubs, youth groups)	44	1	5	4.11	1.418
I think learning how to make good spending decisions is important	44	2	5	4.66	.680
I think it is important that my family works together	44	1	5	4.77	.677
I feel I belong to the SF community	44	1	5	4.30	1.069

Frequency Tables for Youth Survey Section A1.

SAFE

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Little	1	1.2	1.2	1.2
Okay	6	7.4	7.4	8.6
Fairly	17	21.0	21.0	29.6
Very	57	70.4	70.4	100.0
Total	81	100.0	100.0	

HAPPY

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	1	1.2	1.2	2.5
	Okay	4	4.9	4.9	7.4
	Fairly	18	22.2	22.2	29.6
	Very	57	70.4	70.4	100.0
	Total	81	100.0	100.0	

PROUD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	3.7	3.7
	Little	2	2.5	2.5	6.2
	Okay	4	4.9	4.9	11.1
	Fairly	15	18.5	18.5	29.6
	Very	57	70.4	70.4	100.0
	Total	81	100.0	100.0	

SUCCESSFUL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	2	2.5	2.5	4.9
	Okay	6	7.4	7.4	12.3
	Fairly	19	23.5	23.5	35.8
	Very	52	64.2	64.2	100.0
	Total	81	100.0	100.0	

LONELY

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	54	66.7	66.7	66.7
	Little	9	11.1	11.1	77.8
	Okay	8	9.9	9.9	87.7
	Fairly	5	6.2	6.2	93.8
	Very	5	6.2	6.2	100.0
	Total	81	100.0	100.0	

EAGER

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	10	12.3	12.3	12.3
	Little	4	4.9	4.9	17.3
	Okay	6	7.4	7.4	24.7
	Fairly	21	25.9	25.9	50.6
	Very	40	49.4	49.4	100.0
	Total	81	100.0	100.0	

SAD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	65	80.2	80.2	80.2
	Little	4	4.9	4.9	85.2
	Okay	6	7.4	7.4	92.6
	Fairly	4	4.9	4.9	97.5
	Very	2	2.5	2.5	100.0
	Total	81	100.0	100.0	

RESPECTED

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	1	1.2	1.2	3.7
	Okay	4	4.9	4.9	8.6
	Fairly	10	12.3	12.3	21.0
	Very	64	79.0	79.0	100.0
	Total	81	100.0	100.0	

RESPONSIBLE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	1	1.2	1.2	3.7
	Okay	4	4.9	4.9	8.6
	Fairly	14	17.3	17.3	25.9
	Very	60	74.1	74.1	100.0
	Total	81	100.0	100.0	

CLOSEFAM

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	2	2.5	2.5	3.7
	Okay	4	4.9	4.9	8.6
	Fairly	14	17.3	17.3	25.9
	Very	60	74.1	74.1	100.0
	Total	81	100.0	100.0	

BORED

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	43	53.1	53.1	53.1
	Little	8	9.9	9.9	63.0
	Okay	16	19.8	19.8	82.7
	Fairly	10	12.3	12.3	95.1
	Very	4	4.9	4.9	100.0
	Total	81	100.0	100.0	

CONFIDENT

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	3.7	3.7
	Okay	7	8.6	8.6	12.3
	Fairly	13	16.0	16.0	28.4
	Very	58	71.6	71.6	100.0
	Total	81	100.0	100.0	

APPRECIATE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	3.7	3.7
	Okay	8	9.9	9.9	13.6
	Fairly	12	14.8	14.8	28.4
	Very	58	71.6	71.6	100.0
	Total	81	100.0	100.0	

NOTICE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	46	56.8	56.8	56.8
	Little	8	9.9	9.9	66.7
	Okay	11	13.6	13.6	80.2
	Fairly	7	8.6	8.6	88.9
	Very	9	11.1	11.1	100.0
	Total	81	100.0	100.0	

LEARNING

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	1	1.2	1.2	3.7
	Okay	2	2.5	2.5	6.2
	Fairly	10	12.3	12.3	18.5
	Very	66	81.5	81.5	100.0
	Total	81	100.0	100.0	

HOPEFUL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	2	2.5	2.5	4.9
	Okay	5	6.2	6.2	11.1
	Fairly	16	19.8	19.8	30.9
	Very	56	69.1	69.1	100.0
	Total	81	100.0	100.0	

HELPBETTER

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	1	1.2	1.2	3.7
	Okay	10	12.3	12.3	16.0
	Fairly	25	30.9	30.9	46.9
	Very	43	53.1	53.1	100.0
	Total	81	100.0	100.0	

TRYBEST

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	1	1.2	1.2	2.5
	Okay	3	3.7	3.7	6.2
	Fairly	17	21.0	21.0	27.2
	Very	59	72.8	72.8	100.0
	Total	81	100.0	100.0	

WILLING

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Okay	7	8.6	8.6	9.9
	Fairly	13	16.0	16.0	25.9
	Very	60	74.1	74.1	100.0
	Total	81	100.0	100.0	

LEFTOUT

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	67	82.7	82.7	82.7
	Little	2	2.5	2.5	85.2
	Okay	8	9.9	9.9	95.1
	Fairly	4	4.9	4.9	100.0
	Total	81	100.0	100.0	

CONFIDENT

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	4.9	4.9
	Little	1	1.2	1.2	6.2
	Okay	6	7.4	7.4	13.6
	Fairly	15	18.5	18.5	32.1
	Very	55	67.9	67.9	100.0
	Total	81	100.0	100.0	

NEWFRIENDS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	5	6.2	6.2	6.2
	Little	5	6.2	6.2	12.3
	Okay	8	9.9	9.9	22.2
	Fairly	12	14.8	14.8	37.0
	Very	51	63.0	63.0	100.0
	Total	81	100.0	100.0	

LISTEN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	6	7.4	7.4	8.6
	Okay	12	14.8	14.8	23.5
	Fairly	18	22.2	22.2	45.7
	Very	44	54.3	54.3	100.0
	Total	81	100.0	100.0	

FEELGOOD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Okay	2	2.5	2.5	2.5
	Fairly	7	8.6	8.6	11.1
	Very	72	88.9	88.9	100.0
	Total	81	100.0	100.0	

GLADHERE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	3	3.7	3.7	4.9
	Okay	12	14.8	14.8	19.8
	Fairly	16	19.8	19.8	39.5
	Very	49	60.5	60.5	100.0
	Total	81	100.0	100.0	

Frequency Tables for Youth Survey Section A2.

MANNERS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	5	6.2	6.2	6.2
	Okay	9	11.1	11.1	17.3
	Fairly	10	12.3	12.3	29.6
	Very	57	70.4	70.4	100.0
	Total	81	100.0	100.0	

PARTICIPATE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	4.9	4.9
	Okay	4	4.9	4.9	9.9
	Fairly	16	19.8	19.8	29.6
	Very	57	70.4	70.4	100.0
	Total	81	100.0	100.0	

APPRECFAM

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Little	1	1.2	1.2	1.2
	Okay	4	4.9	4.9	6.2
	Fairly	9	11.1	11.1	17.3
	Very	67	82.7	82.7	100.0
	Total	81	100.0	100.0	

ENJOYLEARN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	4.9	4.9
	Little	2	2.5	2.5	7.4
	Okay	3	3.7	3.7	11.1
	Fairly	13	16.0	16.0	27.2
	Very	59	72.8	72.8	100.0
	Total	81	100.0	100.0	

TRYHARD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	2	2.5	2.5	5.0
	Okay	5	6.2	6.3	11.3
	Fairly	16	19.8	20.0	31.3
	Very	55	67.9	68.8	100.0
	Total	80	98.8	100.0	
Missing	System	1	1.2		
Total		81	100.0		

DECISIONS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	5	6.2	6.2	6.2
	Little	2	2.5	2.5	8.6
	Okay	7	8.6	8.6	17.3
	Fairly	17	21.0	21.0	38.3
	Very	50	61.7	61.7	100.0
	Total	81	100.0	100.0	

HELPOOTHERS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	3	3.7	3.7	4.9
	Okay	6	7.4	7.4	12.3
	Fairly	12	14.8	14.8	27.2
	Very	59	72.8	72.8	100.0
	Total	81	100.0	100.0	

STRESS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	14	17.3	17.5	17.5
	Little	5	6.2	6.3	23.8
	Okay	15	18.5	18.8	42.5
	Fairly	17	21.0	21.3	63.7
	Very	29	35.8	36.3	100.0
	Total	80	98.8	100.0	
Missing	System	1	1.2		
Total		81	100.0		

ADULTRESPECT

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	5	6.2	6.2	6.2
	Little	1	1.2	1.2	7.4
	Okay	7	8.6	8.6	16.0
	Fairly	14	17.3	17.3	33.3
	Very	54	66.7	66.7	100.0
	Total	81	100.0	100.0	

RESPECTTHING

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	1	1.2	1.2	2.5
	Okay	5	6.2	6.2	8.6
	Fairly	14	17.3	17.3	25.9
	Very	60	74.1	74.1	100.0
	Total	81	100.0	100.0	

RESPECTPPL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	2	2.5	2.5	3.7
	Okay	4	4.9	4.9	8.6
	Fairly	10	12.3	12.3	21.0
	Very	64	79.0	79.0	100.0
	Total	81	100.0	100.0	

LIKESELF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	5.0	5.0
	Little	1	1.2	1.3	6.3
	Okay	7	8.6	8.8	15.0
	Fairly	18	22.2	22.5	37.5
	Very	50	61.7	62.5	100.0
	Total	80	98.8	100.0	
Missing	System	1	1.2		
Total		81	100.0		

SPEAKENGL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	21	25.9	25.9	25.9
	Little	6	7.4	7.4	33.3
	Okay	9	11.1	11.1	44.4
	Fairly	9	11.1	11.1	55.6
	Very	36	44.4	44.4	100.0
	Total	81	100.0	100.0	

LIFEGOOD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Okay	7	8.6	8.6	11.1
	Fairly	8	9.9	9.9	21.0
	Very	64	79.0	79.0	100.0
	Total	81	100.0	100.0	

ATTENTION

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	7	8.6	8.6	8.6
	Little	4	4.9	4.9	13.6
	Okay	6	7.4	7.4	21.0
	Fairly	10	12.3	12.3	33.3
	Very	54	66.7	66.7	100.0

LIFEGOOD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Okay	7	8.6	8.6	11.1
	Fairly	8	9.9	9.9	21.0
	Very	64	79.0	79.0	100.0
Total		81	100.0	100.0	

FAMTIME

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	13	16.0	16.0	16.0
	Little	7	8.6	8.6	24.7
	Okay	7	8.6	8.6	33.3
	Fairly	17	21.0	21.0	54.3
	Very	37	45.7	45.7	100.0
	Total	81	100.0	100.0	

FEELSURE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	6	7.4	7.4	7.4
	Little	1	1.2	1.2	8.6
	Okay	6	7.4	7.4	16.0
	Fairly	15	18.5	18.5	34.6
	Very	53	65.4	65.4	100.0
	Total	81	100.0	100.0	

WANTBEST

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Little	1	1.2	1.2	2.5
	Okay	5	6.2	6.2	8.6
	Fairly	8	9.9	9.9	18.5
	Very	66	81.5	81.5	100.0
	Total	81	100.0	100.0	

Frequency Tables for Youth Survey Section A3.

PRACENGL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	10	12.3	12.3	12.3
	Little	7	8.6	8.6	21.0
	Okay	5	6.2	6.2	27.2
	Fairly	8	9.9	9.9	37.0
	Very	51	63.0	63.0	100.0
	Total	81	100.0	100.0	

FEELPROUD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Okay	2	2.5	2.5	3.7
	Fairly	13	16.0	16.0	19.8
	Very	65	80.2	80.2	100.0
	Total	81	100.0	100.0	

TALKWFAM

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	3.7	3.7
	Little	1	1.2	1.2	4.9
	Okay	13	16.0	16.0	21.0
	Fairly	14	17.3	17.3	38.3
	Very	50	61.7	61.7	100.0
	Total	81	100.0	100.0	

EATHEALTH

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	3	3.7	3.7	6.2
	Okay	3	3.7	3.7	9.9
	Fairly	25	30.9	30.9	40.7
	Very	48	59.3	59.3	100.0
	Total	81	100.0	100.0	

COMFCULTURE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	4.9	4.9
	Little	2	2.5	2.5	7.4
	Okay	13	16.0	16.0	23.5
	Fairly	13	16.0	16.0	39.5
	Very	49	60.5	60.5	100.0
	Total	81	100.0	100.0	

PARWORRY

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	3.7	3.7
	Little	1	1.2	1.2	4.9
	Okay	4	4.9	4.9	9.9
	Fairly	10	12.3	12.3	22.2
	Very	63	77.8	77.8	100.0
	Total	81	100.0	100.0	

PREPAREFOOD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	9	11.1	11.1	11.1
	Little	4	4.9	4.9	16.0
	Okay	13	16.0	16.0	32.1
	Fairly	14	17.3	17.3	49.4
	Very	41	50.6	50.6	100.0
	Total	81	100.0	100.0	

LISTEN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	4.9	4.9
	Little	4	4.9	4.9	9.9
	Okay	10	12.3	12.3	22.2
	Fairly	23	28.4	28.4	50.6
	Very	40	49.4	49.4	100.0
	Total	81	100.0	100.0	

READ4FUN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	18	22.2	22.2	22.2
	Little	4	4.9	4.9	27.2
	Okay	5	6.2	6.2	33.3
	Fairly	18	22.2	22.2	55.6
	Very	36	44.4	44.4	100.0
	Total	81	100.0	100.0	

BETTERDEC

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	3.7	3.7
	Little	3	3.7	3.7	7.4
	Okay	9	11.1	11.1	18.5
	Fairly	17	21.0	21.0	39.5
	Very	49	60.5	60.5	100.0
	Total	81	100.0	100.0	

TIMEWFAM

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	4.9	4.9
	Little	2	2.5	2.5	7.4
	Okay	4	4.9	4.9	12.3
	Fairly	11	13.6	13.6	25.9
	Very	60	74.1	74.1	100.0
	Total	81	100.0	100.0	

ANGRY

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	44	54.3	55.0	55.0
	Little	9	11.1	11.3	66.3
	Okay	14	17.3	17.5	83.8
	Fairly	7	8.6	8.8	92.5
	Very	6	7.4	7.5	100.0
	Total	80	98.8	100.0	
Missing	System	1	1.2		
Total		81	100.0		

EXCERCISE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	11	13.6	13.6	13.6
	Little	5	6.2	6.2	19.8
	Okay	7	8.6	8.6	28.4
	Fairly	15	18.5	18.5	46.9
	Very	43	53.1	53.1	100.0
	Total	81	100.0	100.0	

PARENTATTN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	7	8.6	8.6	8.6
	Little	4	4.9	4.9	13.6
	Okay	7	8.6	8.6	22.2
	Fairly	17	21.0	21.0	43.2
	Very	46	56.8	56.8	100.0
	Total	81	100.0	100.0	

Frequency Tables for Youth Survey Section A4.**LIKEPPL**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	4.9	4.9
	Little	2	2.5	2.5	7.4
	Okay	6	7.4	7.4	14.8
	Fairly	13	16.0	16.0	30.9
	Very	56	69.1	69.1	100.0
	Total	81	100.0	100.0	

LIKEATTEND

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	1	1.2	1.2	3.7
	Okay	9	11.1	11.1	14.8
	Fairly	11	13.6	13.6	28.4
	Very	58	71.6	71.6	100.0
	Total	81	100.0	100.0	

BELIKEVOLS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	6	7.4	7.4	7.4
	Little	1	1.2	1.2	8.6
	Okay	10	12.3	12.3	21.0
	Fairly	13	16.0	16.0	37.0
	Very	51	63.0	63.0	100.0
	Total	81	100.0	100.0	

DOBETTERSCHL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Little	1	1.2	1.2	1.2
	Fairly	7	8.6	8.6	9.9
	Very	73	90.1	90.1	100.0
	Total	81	100.0	100.0	

FUTUREGOALS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	1.2	1.2
	Okay	1	1.2	1.2	2.5
	Fairly	7	8.6	8.6	11.1
	Very	72	88.9	88.9	100.0
	Total	81	100.0	100.0	

DANGER

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	13	16.0	16.0	16.0
	Little	2	2.5	2.5	18.5
	Okay	6	7.4	7.4	25.9
	Fairly	4	4.9	4.9	30.9
	Very	56	69.1	69.1	100.0
	Total	81	100.0	100.0	

PARSMAKEME

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	44	54.3	54.3	54.3
	Little	10	12.3	12.3	66.7
	Okay	2	2.5	2.5	69.1
	Fairly	9	11.1	11.1	80.2
	Very	16	19.8	19.8	100.0
	Total	81	100.0	100.0	

SCLSUCCESS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	3.7	3.7
	Okay	4	4.9	4.9	8.6
	Fairly	15	18.5	18.5	27.2
	Very	59	72.8	72.8	100.0
	Total	81	100.0	100.0	

VOLSNICE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Okay	2	2.5	2.5	2.5
	Fairly	8	9.9	9.9	12.3
	Very	71	87.7	87.7	100.0
	Total	81	100.0	100.0	

HELPOOTHERS

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Little	1	1.2	1.2	1.2
	Okay	5	6.2	6.2	7.4
	Fairly	9	11.1	11.1	18.5
	Very	66	81.5	81.5	100.0
	Total	81	100.0	100.0	

STANDUP

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	1	1.2	1.2	3.7
	Okay	4	4.9	4.9	8.6
	Fairly	6	7.4	7.4	16.0
	Very	68	84.0	84.0	100.0
	Total	81	100.0	100.0	

BEALEADER

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	2.5	2.5
	Little	4	4.9	4.9	7.4
	Okay	3	3.7	3.7	11.1
	Fairly	18	22.2	22.2	33.3
	Very	54	66.7	66.7	100.0
	Total	81	100.0	100.0	

Frequency Tables for Youth Survey Section A4.**(Completed by Youth 11 years or older)****MONEY**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	2.3	2.3
	Little	2	2.5	4.5	6.8
	Okay	5	6.2	11.4	18.2
	Fairly	7	8.6	15.9	34.1
	Very	29	35.8	65.9	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

FOREFUTURE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	2.3	2.3
	Okay	3	3.7	6.8	9.1
	Fairly	5	6.2	11.4	20.5
	Very	35	43.2	79.5	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

TALKSF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	8	9.9	18.2	18.2
	Little	5	6.2	11.4	29.5
	Okay	7	8.6	15.9	45.5
	Fairly	8	9.9	18.2	63.6
	Very	16	19.8	36.4	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

COLLEGE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	3	3.7	6.8	6.8
	Little	1	1.2	2.3	9.1
	Okay	5	6.2	11.4	20.5
	Fairly	3	3.7	6.8	27.3
	Very	32	39.5	72.7	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

PARENTSSCHL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	4.7	4.7
	Little	2	2.5	4.7	9.3
	Okay	3	3.7	7.0	16.3
	Fairly	8	9.9	18.6	34.9
	Very	28	34.6	65.1	100.0
	Total	43	53.1	100.0	
Missing	System	38	46.9		
Total		81	100.0		

ACTIVITIES

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	4	4.9	9.1	9.1
	Little	5	6.2	11.4	20.5
	Okay	2	2.5	4.5	25.0
	Fairly	4	4.9	9.1	34.1
	Very	29	35.8	65.9	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

SPENDING

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Little	1	1.2	2.3	2.3
	Okay	2	2.5	4.5	6.8
	Fairly	8	9.9	18.2	25.0
	Very	33	40.7	75.0	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

FAMWORK

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	1	1.2	2.3	2.3
	Fairly	6	7.4	13.6	15.9
	Very	37	45.7	84.1	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

SFCOMM

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not at all	2	2.5	4.5	4.5
	Little	1	1.2	2.3	6.8
	Okay	5	6.2	11.4	18.2
	Fairly	10	12.3	22.7	40.9
	Very	26	32.1	59.1	100.0
	Total	44	54.3	100.0	
Missing	System	37	45.7		
Total		81	100.0		

Adult Survey

Descriptive Results for Adult Survey Section A1.

	N	Minimum	Maximum	Mean	Std. Deviation
You are treated with dignity and respect	118	1	5	4.66	.707
The program is organized well	119	1	5	4.55	.789
You practice English through speaking or conversation at SF	118	1	5	3.63	1.364
SF has helped you reduce your usual stress	117	1	5	4.62	.668
You encourage others in your community to attend SF	117	1	5	4.55	.815
The volunteers are good role models for your children	117	1	5	4.71	.617
The volunteers are friendly	119	1	5	4.74	.617
SF feels like a friendly place to be	118	1	5	4.71	.615
If you were unable to attend SF it would make you sad	119	1	5	4.33	.922

Note. "Not Applicable" responses removed.

Descriptive Results for Adult Survey Section D1.

	N	Minimum	Maximum	Mean	Std. Deviation
When at SF do your children feel: SAFE	104	3	5	4.83	.450
When at SF do your children feel: HAPPY	103	3	5	4.85	.381
When at SF do your children feel: Proud of themselves	104	3	5	4.84	.397
When at SF do your children feel: SUCCESSFUL	102	1	5	4.81	.540
When at SF do your children feel: LONELY	103	1	5	1.46	.894

When at SF do your children feel: Eager to participate	102	1	5	4.64	.806
When at SF do your children feel: MOTIVATED	102	3	5	4.80	.423
When at SF do your children feel: RESPECTED	104	4	5	4.87	.343
When at SF do your children feel: RESPONSIBLE	103	4	5	4.83	.373
When at SF do your children feel: Close to their family	102	2	5	4.83	.468
When at SF do your children feel: BORED	103	1	5	1.67	1.033
When at SF do your children feel: SAD	104	1	5	1.44	.846
When at SF do your children feel: Supported by the volunteers	104	3	5	4.86	.380
They want to learn new things	104	1	5	4.87	.484
They are not part of the group	102	1	5	1.67	1.237
People appreciate them	104	1	5	4.71	.678
They help make things better	104	1	5	4.76	.583
Confident that they can earn what they want from the Treasure Chest	103	3	5	4.82	.459
They are willing to try new things	100	4	5	4.86	.349
They are hopeful about themselves	103	4	5	4.80	.405
Confident in themselves	104	4	5	4.82	.388
Others don't notice them	116	1	6	2.67	1.955
Others don't notice them	101	1	5	2.18	1.577
They want to do their best	103	3	5	4.85	.381
They belong at SF	104	1	5	4.77	.642
People are glad they are at SF	103	2	5	4.83	.452

Note. "Not Applicable" responses removed.

Descriptive Results for Adult Survey Section D2.

	N	Minimum	Maximum	Mean	Std. Deviation
They use better manners	102	3	5	4.76	.491
They participate more in activities	103	3	5	4.78	.441

They appreciate their family more	101	2	5	4.83	.449
They enjoy learning more	103	3	5	4.81	.466
They try harder to do the best they can	103	4	5	4.82	.390
They enjoy writing more	101	3	5	4.68	.546
They are learning math, science, and computer skills	97	3	5	4.76	.495
They do better in school	98	3	5	4.76	.478
They feel more proud when they work for things they want	103	3	5	4.88	.351
They are better at making friends	103	3	5	4.77	.469
They are more comfortable being with people from other cultures	103	1	5	4.64	.712
They realize that they can help others	102	4	5	4.76	.426
They are more able to say no to doing wrong or dangerous things	101	1	5	4.69	.718
They are learning how to manage money	96	1	5	4.67	.675
They show more respect for things around them	116	3	6	4.93	.555
They show more respect for things around them	103	3	5	4.80	.428
They show more respect for people	103	4	5	4.84	.364
They like themselves better	103	3	5	4.82	.414
They get help with speaking English	96	1	5	4.34	1.159
They feel more that life can be good	102	2	5	4.76	.530
They make better decisions	101	2	5	4.70	.575
They pay more attention	102	2	5	4.69	.563
They act more like a leader	100	2	5	4.64	.659
They belong to more activity groups (like sports teams, school clubs, youth groups)	96	1	5	4.40	1.090
They read more for fun	103	3	5	4.72	.550
They talk more at home about things that are important to them	101	2	5	4.69	.561
They are better at standing up for themselves	102	1	5	4.64	.686
They are learning better ways to get what they want	103	4	5	4.79	.412
They have more positive relationships with adults outside of the family such as teachers or SF volunteers	101	2	5	4.73	.581

Note. "Not Applicable" responses removed.

Descriptive Results for Adult Survey Section E1.

	N	Minimum	Maximum	Mean	Std. Deviation
You are more comfortable speaking English	115	1	5	3.51	1.320
You feel you are a better parent	111	2	5	4.73	.538
You feel more self-confident	117	4	5	4.77	.423
You feel less stressed in meeting the needs of your family	115	3	5	4.71	.509
You are more hopeful about your life	117	4	5	4.78	.418
You feel a sense of belonging	117	4	5	4.80	.399
You feel more successful	117	2	5	4.71	.542
You feel more comfortable writing in English	111	1	5	3.33	1.410
You feel more confident in your writing ability (in general)	116	1	5	4.45	.898
You have more desire to be active in the community	116	2	5	4.77	.517
You feel more confident that you will be able to care for your family in the future	116	4	5	4.84	.372
You trust other people more	117	1	5	4.13	1.103
You feel more positive about the future because of SF	117	3	5	4.79	.446
You feel more comfortable when around people from other races and cultures	117	1	5	4.48	.867
You have gotten more involved in other groups (religious, parent, neighborhood)	116	1	5	4.13	1.255
You feel you are a better role model for your children	110	3	5	4.70	.534
You share the things you learn with other people outside of SF	117	1	5	4.69	.688
You have made new friends	116	1	5	4.61	.832
You feel more able to give back to the community	116	3	5	4.76	.468
You feel angry less often	116	1	5	4.36	1.050
You have learned useful things that will help you	117	1	5	4.71	.603

You have more knowledge about how things work so you solve your problems	117	4	5	4.75	.434
You feel you are using your money more carefully	117	2	5	4.79	.501
You feel you have more people or places to turn to when you have problems	117	1	5	4.60	.799
You feel you are setting a better example for your children by spending carefully	110	3	5	4.80	.424
You better understand the value of spending time with your children doing creative activities	110	4	5	4.88	.324
You feel more confident that your children will be financially stable when they grow up	109	3	5	4.77	.444
You feel more confident about how you are handling situations with your children	110	3	5	4.75	.453
You feel better about how you are disciplining your children	110	3	5	4.80	.424
You have learned some effective ways to discipline your children	110	3	5	4.72	.509
You pay more attention to leading by example so your children see your good behavior	110	4	5	4.83	.380
You think about meeting your family's needs each month, but you are more able to think about other things too	113	3	5	4.77	.463
You are better able to handle life's many demands	117	2	5	4.70	.561
You are more dedicated to ensuring your children's regular attendance in school	105	4	5	4.81	.395
You feel more confident that your children will be able to care for themselves as they grow up	109	2	5	4.77	.502
You better appreciate the value of your family working together	115	4	5	4.91	.283
You are more able to think about the needs of your family in the future	116	3	5	4.77	.464

You are more able to think about whether your children will grow up able to take care of themselves	111	2	5	4.77	.499
You are more able to think about what your actions are teaching your children	110	2	5	4.75	.515
You are more dedicated to making family stability a priority	115	3	5	4.80	.423
You feel more a part of the SF community	116	3	5	4.80	.422

Note. "Not Applicable" responses removed.

Descriptive Results for Adult Survey Section E2.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
My child knows I expect her/him to do their best	104	4	5	4.79	.410
My child is more interested in learning new things	104	4	5	4.81	.396
My child is more able to find acceptable ways to get what s/he wants	104	2	5	4.76	.493
My child helps a neighbor, friend, or relative more than before	101	1	5	4.64	.715
My child watches less TV than before whenever s/he is at home	103	1	5	4.27	1.021
My child reads for fun more than before whenever s/he is at home	103	1	5	4.54	.789
My child helps with household chores or cooking more than before	100	1	5	4.55	.730
My child practices making careful decisions about saving and spending	96	2	5	4.58	.627
My child acts less depressed	102	1	5	4.60	.787
My child spends more time doing creative activities	103	3	5	4.68	.528
My child doesn't look forward to the future	98	1	5	2.13	1.440

Note. "Not Applicable" responses removed.

Descriptive Results for Adult Survey Section E3.

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
You have more positive interactions with your child	107	3	5	4.75	.478
You are more actively involved in helping your child succeed in school	103	4	5	4.80	.405
You spend more time with your family	107	2	5	4.70	.586
You talk more with your child	106	3	5	4.82	.432
You are spending more meaningful and educational time with your child	106	3	5	4.78	.458
You better understand ways to help your child succeed in school	104	4	5	4.74	.441
You and your child read together every day	103	1	5	3.98	1.102
You and your child write together every week	102	1	5	4.19	1.115
You talk with your child's teacher about his/her behavior in school	100	1	5	4.62	.693
You talk with your child's teacher about his/her grades	98	1	5	4.54	.839
Your child talks with you about things that are important to him/her more than before	106	1	5	4.71	.617
You and your child spend more time at home sharing activities without a TV on TV	106	1	5	4.42	.925
You have a united family that works together	106	1	5	4.68	.655
Your child is more interested in helping the family be successful	105	3	5	4.73	.465

Note. "Not Applicable" responses removed.

Frequency Results for Adult Survey Section A1.

You are treated with dignity and respect

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.7	1.7
	Neither Agree nor Disagree	4	3.4	3.4	5.1
	Agree	24	20.2	20.3	25.4
	Strongly Agree	88	73.9	74.6	100.0
	Total	118	99.2	100.0	
Missing	System	1	.8		
Total		119	100.0		

The program is organized well

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.8	.8
	Disagree	4	3.4	3.4	4.2
	Neither Agree nor Disagree	4	3.4	3.4	7.6
	Agree	29	24.4	24.4	31.9
	Strongly Agree	81	68.1	68.1	100.0
	Total	119	100.0	100.0	

You practice English through speaking or conversation at SF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	14	11.8	11.9	11.9
	Disagree	12	10.1	10.2	22.0
	Neither Agree nor Disagree	19	16.0	16.1	38.1
	Agree	32	26.9	27.1	65.3
	Strongly Agree	41	34.5	34.7	100.0
	Total	118	99.2	100.0	
Missing	System	1	.8		
Total		119	100.0		

SF has helped you reduce your usual stress

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.9	.9
	Disagree	1	.8	.9	1.7
	Neither Agree nor Disagree	3	2.5	2.6	4.3
	Agree	32	26.9	27.4	31.6
	Strongly Agree	80	67.2	68.4	100.0
Total		117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You encourage others in your community to attend SF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	2.5	2.6	2.6
	Disagree	1	.8	.9	3.4
	Neither Agree nor Disagree	3	2.5	2.6	6.0
	Agree	32	26.9	27.4	33.3
	Strongly Agree	78	65.5	66.7	100.0
Total		117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

The volunteers are good role models for your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	4	3.4	3.4	4.3
	Agree	22	18.5	18.8	23.1
	Strongly Agree	90	75.6	76.9	100.0
Total		117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

The volunteers are friendly

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.8	.8
	Neither Agree nor Disagree	5	4.2	4.2	5.0
	Agree	17	14.3	14.3	19.3
	Strongly Agree	96	80.7	80.7	100.0
	Total	119	100.0	100.0	

SF feels like a friendly place to be

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.8	.8
	Neither Agree nor Disagree	4	3.4	3.4	4.2
	Agree	22	18.5	18.6	22.9
	Strongly Agree	91	76.5	77.1	100.0
	Total	118	99.2	100.0	
Missing	System	1	.8		
	Total	119	100.0		

If you were unable to attend SF it would make you sad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	2.5	2.5	2.5
	Disagree	3	2.5	2.5	5.0
	Neither Agree nor Disagree	10	8.4	8.4	13.4
	Agree	39	32.8	32.8	46.2
	Strongly Agree	64	53.8	53.8	100.0
	Total	119	100.0	100.0	

Frequency Results for Adult Survey Section B.

I have been trying to eat a healthier diet than I did before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	102	85.7	87.9	87.9
	SOMETIMES	13	10.9	11.2	99.1
	NO	1	.8	.9	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
	Total	119	100.0		

I have actually been eating a healthier diet than I did before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	94	79.0	81.7	81.7
	SOMETIMES	19	16.0	16.5	98.3
	NO	2	1.7	1.7	100.0
	Total	115	96.6	100.0	
Missing	System	4	3.4		
Total		119	100.0		

I have tried to shop for healthier foods more than I did before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	106	89.1	91.4	91.4
	SOMETIMES	9	7.6	7.8	99.1
	NO	1	.8	.9	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

I believe my health has improved

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	99	83.2	85.3	85.3
	SOMETIMES	12	10.1	10.3	95.7
	NO	5	4.2	4.3	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

I have been trying to get more exercise than I did before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	98	82.4	85.2	85.2
	SOMETIMES	12	10.1	10.4	95.7
	NO	5	4.2	4.3	100.0
	Total	115	96.6	100.0	
Missing	System	4	3.4		
Total		119	100.0		

I have actually been exercising more than I did before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	84	70.6	73.0	73.0
	SOMETIMES	25	21.0	21.7	94.8
	NO	6	5.0	5.2	100.0
	Total	115	96.6	100.0	
Missing	System	4	3.4		
Total		119	100.0		

I have been trying to get enough sleep at night

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	92	77.3	79.3	79.3
	SOMETIMES	20	16.8	17.2	96.6
	NO	4	3.4	3.4	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

I have been trying to encourage my children to eat a healthier diet

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	102	85.7	95.3	95.3
	SOMETIMES	4	3.4	3.7	99.1
	NO	1	.8	.9	100.0
	Total	107	89.9	100.0	
Missing	System	12	10.1		
Total		119	100.0		

My children have been eating a healthier diet than they did before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	94	79.0	87.0	87.0
	SOMETIMES	13	10.9	12.0	99.1
	NO	1	.8	.9	100.0
	Total	108	90.8	100.0	
Missing	System	11	9.2		
Total		119	100.0		

My children take pride in preparing healthy food

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	96	80.7	91.4	91.4
	SOMETIMES	8	6.7	7.6	99.0
	NO	1	.8	1.0	100.0
	Total	105	88.2	100.0	
Missing	System	14	11.8		
Total		119	100.0		

I have encouraged my children to get enough sleep at night

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	103	86.6	94.5	94.5
	SOMETIMES	6	5.0	5.5	100.0
	Total	109	91.6	100.0	
Missing	System	10	8.4		
Total		119	100.0		

I believe my children's health has improved

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	YES	101	84.9	92.7	92.7
	SOMETIMES	6	5.0	5.5	98.2
	NO	2	1.7	1.8	100.0
	Total	109	91.6	100.0	
Missing	System	10	8.4		
Total		119	100.0		

Frequency Results for Adult Survey Section C3.

How much does ESL class help you with learning English?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not At All	3	2.5	4.4	4.4
	Somewhat Helpful	22	18.5	32.4	36.8
	Very Helpful	43	36.1	63.2	100.0
	Total	68	57.1	100.0	
Missing	System	51	42.9		
Total		119	100.0		

How much does letter writing help you with learning English?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not At All	10	8.4	11.6	11.6
	Somewhat Helpful	24	20.2	27.9	39.5
	Very Helpful	52	43.7	60.5	100.0
	Total	86	72.3	100.0	
Missing	System	33	27.7		
Total		119	100.0		

How much does conversation help you with learning English?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not At All	8	6.7	8.5	8.5
	Somewhat Helpful	24	20.2	25.5	34.0
	Very Helpful	62	52.1	66.0	100.0
	Total	94	79.0	100.0	
Missing	System	25	21.0		
Total		119	100.0		

How much does reading publications in both English and Spanish help you with learning English?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Not At All	5	4.2	5.6	5.6
	Somewhat Helpful	33	27.7	36.7	42.2
	Very Helpful	52	43.7	57.8	100.0
	Total	90	75.6	100.0	
Missing	System	29	24.4		
Total		119	100.0		

Frequency Results for Adult Survey Section D1.

When at SF do your children feel: SAFE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	2.9	2.9
	Agree	12	10.1	11.5	14.4
	Agree Strongly	89	74.8	85.6	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

When at SF do your children feel: HAPPY

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	13	10.9	12.6	13.6
	Agree Strongly	89	74.8	86.4	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

When at SF do your children feel: Proud of themselves

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	15	12.6	14.4	15.4
	Agree Strongly	88	73.9	84.6	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

When at SF do your children feel: SUCCESSFUL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	1	.8	1.0	2.0
	Agree	13	10.9	12.7	14.7
	Agree Strongly	87	73.1	85.3	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

When at SF do your children feel: LONELY

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	73	61.3	70.9	70.9
	Disagree	22	18.5	21.4	92.2
	Neither Agree nor Disagree	1	.8	1.0	93.2
	Agree	5	4.2	4.9	98.1
	Agree Strongly	2	1.7	1.9	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

When at SF do your children feel: Eager to participate

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	2.5	2.9	2.9
	Neither Agree nor Disagree	3	2.5	2.9	5.9
	Agree	19	16.0	18.6	24.5
	Agree Strongly	77	64.7	75.5	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

When at SF do your children feel: MOTIVATED

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	18	15.1	17.6	18.6
	Agree Strongly	83	69.7	81.4	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

When at SF do your children feel: RESPECTED

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	14	11.8	13.5	13.5
	Agree Strongly	90	75.6	86.5	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

When at SF do your children feel: RESPONSIBLE

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	17	14.3	16.5	16.5
	Agree Strongly	86	72.3	83.5	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

When at SF do your children feel: Close to their family

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	1	.8	1.0	2.0
	Agree	12	10.1	11.8	13.7
	Agree Strongly	88	73.9	86.3	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

When at SF do your children feel: BORED

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	63	52.9	61.2	61.2
	Disagree	22	18.5	21.4	82.5
	Neither Agree nor Disagree	10	8.4	9.7	92.2
	Agree	5	4.2	4.9	97.1
	Agree Strongly	3	2.5	2.9	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

When at SF do your children feel: SAD

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	73	61.3	70.2	70.2
	Disagree	23	19.3	22.1	92.3
	Neither Agree nor Disagree	3	2.5	2.9	95.2
	Agree	3	2.5	2.9	98.1
	Agree Strongly	2	1.7	1.9	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

When at SF do your children feel: Supported by the volunteers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	13	10.9	12.5	13.5
	Agree Strongly	90	75.6	86.5	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

They want to learn new things

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	1.0	1.0
	Agree	10	8.4	9.6	10.6
	Agree Strongly	93	78.2	89.4	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

They are not part of the group

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	72	60.5	70.6	70.6
	Disagree	13	10.9	12.7	83.3
	Neither Agree nor Disagree	3	2.5	2.9	86.3
	Agree	7	5.9	6.9	93.1
	Agree Strongly	7	5.9	6.9	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

People appreciate them

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.9	1.9
	Neither Agree nor Disagree	1	.8	1.0	2.9
	Agree	20	16.8	19.2	22.1
	Agree Strongly	81	68.1	77.9	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

They help make things better

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	2	1.7	1.9	2.9
	Agree	17	14.3	16.3	19.2
	Agree Strongly	84	70.6	80.8	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

Confident that they can earn what they want from the Treasure Chest

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	2.9	2.9
	Agree	13	10.9	12.6	15.5
	Agree Strongly	87	73.1	84.5	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They are willing to try new things

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	14	11.8	14.0	14.0
	Agree Strongly	86	72.3	86.0	100.0
	Total	100	84.0	100.0	
Missing	System	19	16.0		
Total		119	100.0		

They are hopeful about themselves

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	21	17.6	20.4	20.4
	Agree Strongly	82	68.9	79.6	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

Confident in themselves

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	19	16.0	18.3	18.3
	Agree Strongly	85	71.4	81.7	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

Others don't notice them

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	56	47.1	55.4	55.4
	Disagree	14	11.8	13.9	69.3
	Neither Agree nor Disagree	6	5.0	5.9	75.2
	Agree	7	5.9	6.9	82.2
	Agree Strongly	18	15.1	17.8	100.0
	Total	101	84.9	100.0	
Missing	System	18	15.1		
	Total	119	100.0		

They want to do their best

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	13	10.9	12.6	13.6
	Agree Strongly	89	74.8	86.4	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
	Total	119	100.0		

They belong at SF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.9	1.9
	Agree	16	13.4	15.4	17.3
	Agree Strongly	86	72.3	82.7	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
	Total	119	100.0		

People are glad they are at SF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Agree	15	12.6	14.6	15.5
	Agree Strongly	87	73.1	84.5	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

Frequency Results for Adult Survey Section D2.

They use better manners

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	2.9	2.9
	Agree	18	15.1	17.6	20.6
	Agree Strongly	81	68.1	79.4	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

They participate more in activities

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	21	17.6	20.4	21.4
	Agree Strongly	81	68.1	78.6	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They appreciate their family more

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Agree	14	11.8	13.9	14.9
	Agree Strongly	86	72.3	85.1	100.0
	Total	101	84.9	100.0	
Missing	System	18	15.1		
Total		119	100.0		

They enjoy learning more

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	2.9	2.9
	Agree	14	11.8	13.6	16.5
	Agree Strongly	86	72.3	83.5	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They try harder to do the best they can

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	19	16.0	18.4	18.4
	Agree Strongly	84	70.6	81.6	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They enjoy writing more

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	4	3.4	4.0	4.0
	Agree	24	20.2	23.8	27.7
	Agree Strongly	73	61.3	72.3	100.0
	Total	101	84.9	100.0	
Missing	System	18	15.1		
Total		119	100.0		

They are learning math, science, and computer skills

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	3.1	3.1
	Agree	17	14.3	17.5	20.6
	Agree Strongly	77	64.7	79.4	100.0
	Total	97	81.5	100.0	
Missing	System	22	18.5		
Total		119	100.0		

They do better in school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	2.0	2.0
	Agree	20	16.8	20.4	22.4
	Agree Strongly	76	63.9	77.6	100.0
	Total	98	82.4	100.0	
Missing	System	21	17.6		
Total		119	100.0		

They feel more proud when they work for things they want

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	10	8.4	9.7	10.7
	Agree Strongly	92	77.3	89.3	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They are better at making friends

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.9	1.9
	Agree	20	16.8	19.4	21.4
	Agree Strongly	81	68.1	78.6	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They are more comfortable being with people from other cultures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.9	1.9
	Neither Agree nor Disagree	2	1.7	1.9	3.9
	Agree	25	21.0	24.3	28.2
	Agree Strongly	74	62.2	71.8	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They realize that they can help others

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	24	20.2	23.5	23.5
	Agree Strongly	78	65.5	76.5	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

They are more able to say no to doing wrong or dangerous things

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	2.0	2.0
	Neither Agree nor Disagree	3	2.5	3.0	5.0
	Agree	17	14.3	16.8	21.8
	Agree Strongly	79	66.4	78.2	100.0
	Total	101	84.9	100.0	
Missing	System	18	15.1		
Total		119	100.0		

They are learning how to manage money

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	1.0	1.0
	Disagree	1	.8	1.0	2.1
	Neither Agree nor Disagree	2	1.7	2.1	4.2
	Agree	21	17.6	21.9	26.0
	Agree Strongly	71	59.7	74.0	100.0
	Total	96	80.7	100.0	
Missing	System	23	19.3		
Total		119	100.0		

They show more respect for things around them

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	19	16.0	18.4	19.4
	Agree Strongly	83	69.7	80.6	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They show more respect for people

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	16	13.4	15.5	15.5
	Agree Strongly	87	73.1	84.5	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They like themselves better

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	17	14.3	16.5	17.5
	Agree Strongly	85	71.4	82.5	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They get help with speaking English

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	8	6.7	8.3	8.3
	Neither Agree nor Disagree	5	4.2	5.2	13.5
	Agree	21	17.6	21.9	35.4
	Agree Strongly	62	52.1	64.6	100.0
	Total	96	80.7	100.0	
Missing	System	23	19.3		
Total		119	100.0		

They feel more that life can be good

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	2	1.7	2.0	2.9
	Agree	17	14.3	16.7	19.6
	Agree Strongly	82	68.9	80.4	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

They make better decisions

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	3	2.5	3.0	4.0
	Agree	21	17.6	20.8	24.8
	Agree Strongly	76	63.9	75.2	100.0
	Total	101	84.9	100.0	
Missing	System	18	15.1		
Total		119	100.0		

They pay more attention

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	2	1.7	2.0	2.9
	Agree	25	21.0	24.5	27.5
	Agree Strongly	74	62.2	72.5	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

They act more like a leader

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	7	5.9	7.0	8.0
	Agree	19	16.0	19.0	27.0
	Agree Strongly	73	61.3	73.0	100.0
	Total	100	84.0	100.0	
Missing	System	19	16.0		
Total		119	100.0		

They belong to more activity groups (like sports teams, school clubs, youth groups)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	4	3.4	4.2	4.2
	Disagree	4	3.4	4.2	8.3
	Neither Agree nor Disagree	9	7.6	9.4	17.7
	Agree	12	10.1	12.5	30.2
	Agree Strongly	67	56.3	69.8	100.0
	Total	96	80.7	100.0	
Missing	System	23	19.3		
Total		119	100.0		

They read more for fun

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	5	4.2	4.9	4.9
	Agree	19	16.0	18.4	23.3
	Agree Strongly	79	66.4	76.7	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They talk more at home about things that are important to them

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	2	1.7	2.0	3.0
	Agree	24	20.2	23.8	26.7
	Agree Strongly	74	62.2	73.3	100.0
	Total	101	84.9	100.0	
Missing	System	18	15.1		
Total		119	100.0		

They are better at standing up for themselves

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	1.0	1.0
	Disagree	1	.8	1.0	2.0
	Neither Agree nor Disagree	3	2.5	2.9	4.9
	Agree	24	20.2	23.5	28.4
	Agree Strongly	73	61.3	71.6	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

They are learning better ways to get what they want

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	22	18.5	21.4	21.4
	Agree Strongly	81	68.1	78.6	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

They have more positive relationships with adults outside of the family such as teachers or SF volunteers

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	2	1.7	2.0	2.0
	Neither Agree nor Disagree	1	.8	1.0	3.0
	Agree	19	16.0	18.8	21.8
	Agree Strongly	79	66.4	78.2	100.0
Total		101	84.9	100.0	
Missing	System	18	15.1		
Total		119	100.0		

Frequency Results for Adult Survey Section E1.

You are more comfortable speaking English

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	13	10.9	11.3	11.3
	Disagree	11	9.2	9.6	20.9
	Neither Agree nor Disagree	30	25.2	26.1	47.0
	Agree	26	21.8	22.6	69.6
	Agree Strongly	35	29.4	30.4	100.0
	Total	115	96.6	100.0	
Missing	System	4	3.4		
Total		119	100.0		

You feel you are a better parent

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	2	1.7	1.8	2.7
	Agree	23	19.3	20.7	23.4
	Agree Strongly	85	71.4	76.6	100.0
	Total	111	93.3	100.0	
Missing	System	8	6.7		
Total		119	100.0		

You feel more self-confident

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	27	22.7	23.1	23.1
	Agree Strongly	90	75.6	76.9	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel less stressed in meeting the needs of your family

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	2.6	2.6
	Agree	27	22.7	23.5	26.1
	Agree Strongly	85	71.4	73.9	100.0
	Total	115	96.6	100.0	
Missing	System	4	3.4		
Total		119	100.0		

You are more hopeful about your life

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	26	21.8	22.2	22.2
	Agree Strongly	91	76.5	77.8	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel a sense of belonging

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	23	19.3	19.7	19.7
	Agree Strongly	94	79.0	80.3	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel more successful

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	2	1.7	1.7	2.6
	Agree	27	22.7	23.1	25.6
	Agree Strongly	87	73.1	74.4	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel more comfortable writing in English

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	19	16.0	17.1	17.1
	Disagree	10	8.4	9.0	26.1
	Neither Agree nor Disagree	27	22.7	24.3	50.5
	Agree	25	21.0	22.5	73.0
	Agree Strongly	30	25.2	27.0	100.0
	Total	111	93.3	100.0	
Missing	System	8	6.7		
Total		119	100.0		

You feel more confident in your writing ability (in general)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	3	2.5	2.6	2.6
	Disagree	2	1.7	1.7	4.3
	Neither Agree nor Disagree	8	6.7	6.9	11.2
	Agree	30	25.2	25.9	37.1
	Agree Strongly	73	61.3	62.9	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You have more desire to be active in the community

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	2	1.7	1.7	2.6
	Agree	20	16.8	17.2	19.8
	Agree Strongly	93	78.2	80.2	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You feel more confident that you will be able to care for your family in the future

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	19	16.0	16.4	16.4
	Agree Strongly	97	81.5	83.6	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You trust other people more

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	4.2	4.3	4.3
	Disagree	6	5.0	5.1	9.4
	Neither Agree nor Disagree	16	13.4	13.7	23.1
	Agree	32	26.9	27.4	50.4
	Agree Strongly	58	48.7	49.6	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel more positive about the future because of SF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.7	1.7
	Agree	20	16.8	17.1	18.8
	Agree Strongly	95	79.8	81.2	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel more comfortable when around people from other races and cultures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.7	1.7
	Disagree	3	2.5	2.6	4.3
	Neither Agree nor Disagree	8	6.7	6.8	11.1
	Agree	28	23.5	23.9	35.0
	Agree Strongly	76	63.9	65.0	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You have gotten more involved in other groups (religious, parent, neighborhood)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	8	6.7	6.9	6.9
	Disagree	6	5.0	5.2	12.1
	Neither Agree nor Disagree	18	15.1	15.5	27.6
	Agree	15	12.6	12.9	40.5
	Agree Strongly	69	58.0	59.5	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You feel you are a better role model for your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	4	3.4	3.6	3.6
	Agree	25	21.0	22.7	26.4
	Agree Strongly	81	68.1	73.6	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You share the things you learn with other people outside of SF

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.9	.9
	Disagree	2	1.7	1.7	2.6
	Neither Agree nor Disagree	3	2.5	2.6	5.1
	Agree	20	16.8	17.1	22.2
	Agree Strongly	91	76.5	77.8	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You have made new friends

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.7	1.7
	Disagree	4	3.4	3.4	5.2
	Neither Agree nor Disagree	2	1.7	1.7	6.9
	Agree	21	17.6	18.1	25.0
	Agree Strongly	87	73.1	75.0	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You feel more able to give back to the community

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.7	1.7
	Agree	24	20.2	20.7	22.4
	Agree Strongly	90	75.6	77.6	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You feel angry less often

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	4.2	4.3	4.3
	Disagree	4	3.4	3.4	7.8
	Neither Agree nor Disagree	8	6.7	6.9	14.7
	Agree	26	21.8	22.4	37.1
	Agree Strongly	73	61.3	62.9	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You have learned useful things that will help you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	3	2.5	2.6	3.4
	Agree	24	20.2	20.5	23.9
	Agree Strongly	89	74.8	76.1	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You have more knowledge about how things work so you solve your problems

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	29	24.4	24.8	24.8
	Agree Strongly	88	73.9	75.2	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel you are using your money more carefully

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	2	1.7	1.7	2.6
	Agree	17	14.3	14.5	17.1
	Agree Strongly	97	81.5	82.9	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel you have more people or places to turn to when you have problems

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.7	1.7
	Disagree	2	1.7	1.7	3.4
	Neither Agree nor Disagree	5	4.2	4.3	7.7
	Agree	23	19.3	19.7	27.4
	Agree Strongly	85	71.4	72.6	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You feel you are setting a better example for your children by spending carefully

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	.9	.9
	Agree	20	16.8	18.2	19.1
	Agree Strongly	89	74.8	80.9	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You better understand the value of spending time with your children doing creative activities

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	13	10.9	11.8	11.8
	Agree Strongly	97	81.5	88.2	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You feel more confident that your children will be financially stable when they grow up

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	.9	.9
	Agree	23	19.3	21.1	22.0
	Agree Strongly	85	71.4	78.0	100.0
	Total	109	91.6	100.0	
Missing	System	10	8.4		
Total		119	100.0		

You feel more confident about how you are handling situations with your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	.9	.9
	Agree	25	21.0	22.7	23.6
	Agree Strongly	84	70.6	76.4	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You feel better about how you are disciplining your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	.9	.9
	Agree	20	16.8	18.2	19.1
	Agree Strongly	89	74.8	80.9	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You have learned some effective ways to discipline your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	2.7	2.7
	Agree	25	21.0	22.7	25.5
	Agree Strongly	82	68.9	74.5	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You pay more attention to leading by example so your children see your good behavior

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	19	16.0	17.3	17.3
	Agree Strongly	91	76.5	82.7	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You think about meeting your family's needs each month, but you are more able to think about other things too

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.8	1.8
	Agree	22	18.5	19.5	21.2
	Agree Strongly	89	74.8	78.8	100.0
	Total	113	95.0	100.0	
Missing	System	6	5.0		
Total		119	100.0		

You are better able to handle life's many demands

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	3	2.5	2.6	3.4
	Agree	26	21.8	22.2	25.6
	Agree Strongly	87	73.1	74.4	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

You are more dedicated to ensuring your children's regular attendance in school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	20	16.8	19.0	19.0
	Agree Strongly	85	71.4	81.0	100.0
	Total	105	88.2	100.0	
Missing	System	14	11.8		
Total		119	100.0		

You feel more confident that your children will be able to care for themselves as they grow up

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	1	.8	.9	1.8
	Agree	20	16.8	18.3	20.2
	Agree Strongly	87	73.1	79.8	100.0
	Total	109	91.6	100.0	
Missing	System	10	8.4		
Total		119	100.0		

You better appreciate the value of your family working together

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	10	8.4	8.7	8.7
	Agree Strongly	105	88.2	91.3	100.0
	Total	115	96.6	100.0	
Missing	System	4	3.4		
Total		119	100.0		

You are more able to think about the needs of your family in the future

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.7	1.7
	Agree	23	19.3	19.8	21.6
	Agree Strongly	91	76.5	78.4	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

You are more able to think about whether your children will grow up able to take care of themselves

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	1	.8	.9	1.8
	Agree	20	16.8	18.0	19.8
	Agree Strongly	89	74.8	80.2	100.0
	Total	111	93.3	100.0	
Missing	System	8	6.7		
Total		119	100.0		

You are more able to think about what your actions are teaching your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	1	.8	.9	1.8
	Agree	23	19.3	20.9	22.7
	Agree Strongly	85	71.4	77.3	100.0
	Total	110	92.4	100.0	
Missing	System	9	7.6		
Total		119	100.0		

You are more dedicated to making family stability a priority

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	.9	.9
	Agree	21	17.6	18.3	19.1
	Agree Strongly	93	78.2	80.9	100.0
	Total	115	96.6	100.0	
Missing	System	4	3.4		
Total		119	100.0		

You feel more a part of the SF community

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	.9	.9
	Agree	21	17.6	18.1	19.0
	Agree Strongly	94	79.0	81.0	100.0
	Total	116	97.5	100.0	
Missing	System	3	2.5		
Total		119	100.0		

Frequency Results for Adult Survey Section E2.

My child knows I expect her/him to do their best

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	22	18.5	21.2	21.2
	Agree Strongly	82	68.9	78.8	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

My child is more interested in learning new things

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	20	16.8	17.1	17.1
	Agree Strongly	84	70.6	71.8	88.9
	N/A	13	10.9	11.1	100.0
	Total	117	98.3	100.0	
Missing	System	2	1.7		
Total		119	100.0		

My child is more interested in learning new things

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	20	16.8	19.2	19.2
	Agree Strongly	84	70.6	80.8	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

My child is more able to find acceptable ways to get what s/he wants

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Agree	22	18.5	21.2	22.1
	Agree Strongly	81	68.1	77.9	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

My child helps a neighbor, friend, or relative more than before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	2.0	2.0
	Neither Agree nor Disagree	2	1.7	2.0	4.0
	Agree	24	20.2	23.8	27.7
	Agree Strongly	73	61.3	72.3	100.0
	Total	101	84.9	100.0	
Missing	System	18	15.1		
Total		119	100.0		

My child watches less TV than before whenever s/he is at home

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	4.2	4.9	4.9
	Disagree	1	.8	1.0	5.8
	Neither Agree nor Disagree	10	8.4	9.7	15.5
	Agree	32	26.9	31.1	46.6
	Agree Strongly	55	46.2	53.4	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

My child reads for fun more than before whenever s/he is at home

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.9	1.9
	Disagree	2	1.7	1.9	3.9
	Neither Agree nor Disagree	1	.8	1.0	4.9
	Agree	31	26.1	30.1	35.0
	Agree Strongly	67	56.3	65.0	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

My child helps with household chores or cooking more than before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	1.0	1.0
	Disagree	1	.8	1.0	2.0
	Neither Agree nor Disagree	5	4.2	5.0	7.0
	Agree	28	23.5	28.0	35.0
	Agree Strongly	65	54.6	65.0	100.0
	Total	100	84.0	100.0	
Missing	System	19	16.0		
Total		119	100.0		

My child practices making careful decisions about saving and spending

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	4	3.4	4.2	5.2
	Agree	29	24.4	30.2	35.4
	Agree Strongly	62	52.1	64.6	100.0
		Total	96	80.7	100.0
Missing	System	23	19.3		
Total		119	100.0		

My child acts less depressed

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	2.0	2.0
	Disagree	2	1.7	2.0	3.9
	Neither Agree nor Disagree	1	.8	1.0	4.9
	Agree	25	21.0	24.5	29.4
	Agree Strongly	72	60.5	70.6	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

My child spends more time doing creative activities

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	3	2.5	2.9	2.9
	Agree	27	22.7	26.2	29.1
	Agree Strongly	73	61.3	70.9	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

My child doesn't look forward to the future

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	49	41.2	50.0	50.0
	Disagree	21	17.6	21.4	71.4
	Neither Agree nor Disagree	6	5.0	6.1	77.6
	Agree	10	8.4	10.2	87.8
	Agree Strongly	12	10.1	12.2	100.0
Total		98	82.4	100.0	
Missing	System	21	17.6		
Total		119	100.0		

Frequency Results for Adult Survey Section E3.

You have more positive interactions with your child

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.9	1.9
	Agree	23	19.3	21.5	23.4
	Agree Strongly	82	68.9	76.6	100.0
	Total	107	89.9	100.0	
Missing	System	12	10.1		
Total		119	100.0		

You are more actively involved in helping your child succeed in school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	21	17.6	20.4	20.4
	Agree Strongly	82	68.9	79.6	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

You spend more time with your family

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	4	3.4	3.7	4.7
	Agree	21	17.6	19.6	24.3
	Agree Strongly	81	68.1	75.7	100.0
	Total	107	89.9	100.0	
Missing	System	12	10.1		
Total		119	100.0		

You talk more with your child

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.9	1.9
	Agree	15	12.6	14.2	16.0
	Agree Strongly	89	74.8	84.0	100.0
	Total	106	89.1	100.0	
Missing	System	13	10.9		
Total		119	100.0		

You are spending more meaningful and educational time with your child

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	2	1.7	1.9	1.9
	Agree	19	16.0	17.9	19.8
	Agree Strongly	85	71.4	80.2	100.0
	Total	106	89.1	100.0	
Missing	System	13	10.9		
Total		119	100.0		

You better understand ways to help your child succeed in school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Agree	27	22.7	26.0	26.0
	Agree Strongly	77	64.7	74.0	100.0
	Total	104	87.4	100.0	
Missing	System	15	12.6		
Total		119	100.0		

You and your child read together every day

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	5	4.2	4.9	4.9
	Disagree	4	3.4	3.9	8.7
	Neither Agree nor Disagree	21	17.6	20.4	29.1
	Agree	31	26.1	30.1	59.2
	Agree Strongly	42	35.3	40.8	100.0
	Total	103	86.6	100.0	
Missing	System	16	13.4		
Total		119	100.0		

You and your child write together every week

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	6	5.0	5.9	5.9
	Disagree	3	2.5	2.9	8.8
	Neither Agree nor Disagree	10	8.4	9.8	18.6
	Agree	30	25.2	29.4	48.0
	Agree Strongly	53	44.5	52.0	100.0
	Total	102	85.7	100.0	
Missing	System	17	14.3		
Total		119	100.0		

You talk with your child's teacher about his/her behavior in school

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	1.0	1.0
	Neither Agree nor Disagree	6	5.0	6.0	7.0
	Agree	22	18.5	22.0	29.0
	Agree Strongly	71	59.7	71.0	100.0
	Total	100	84.0	100.0	
Missing	System	19	16.0		
Total		119	100.0		

You talk with your child's teacher about his/her grades

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	2.0	2.0
	Disagree	1	.8	1.0	3.1
	Neither Agree nor Disagree	7	5.9	7.1	10.2
	Agree	20	16.8	20.4	30.6
	Agree Strongly	68	57.1	69.4	100.0
	Total	98	82.4	100.0	
Missing	System	21	17.6		
Total		119	100.0		

Your child talks with you about things that are important to him/her more than before

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.9	.9
	Neither Agree nor Disagree	3	2.5	2.8	3.8
	Agree	21	17.6	19.8	23.6
	Agree Strongly	81	68.1	76.4	100.0
	Total	106	89.1	100.0	
Missing	System	13	10.9		
Total		119	100.0		

You and your child spend more time at home sharing activities without a TV on TV

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	2	1.7	1.9	1.9
	Disagree	4	3.4	3.8	5.7
	Neither Agree nor Disagree	8	6.7	7.5	13.2
	Agree	25	21.0	23.6	36.8
	Agree Strongly	67	56.3	63.2	100.0
	Total	106	89.1	100.0	
Missing	System	13	10.9		
Total		119	100.0		

You have a united family that works together

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Disagree	1	.8	.9	.9
	Disagree	1	.8	.9	1.9
	Neither Agree nor Disagree	2	1.7	1.9	3.8
	Agree	23	19.3	21.7	25.5
	Agree Strongly	79	66.4	74.5	100.0
	Total	106	89.1	100.0	
Missing	System	13	10.9		
Total		119	100.0		

Your child is more interested in helping the family be successful

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Neither Agree nor Disagree	1	.8	1.0	1.0
	Agree	26	21.8	24.8	25.7
	Agree Strongly	78	65.5	74.3	100.0
	Total	105	88.2	100.0	
Missing	System	14	11.8		
Total		119	100.0		