

## **Volunteer Biennial Survey 2017**

conducted by Dr. Carol Ann Gittens,

Associate Professor of Child Studies,  
and her research team from Santa Clara University

Volunteers reported:



Volunteers participated an average of 8.6 Sundays in the past year

Reasons for volunteering:

Desire to serve community	74%
Because I believe in what the program is doing	71%
Because it is fun and I enjoy the experience	69%
Part of requirement for a degree/class	47%
My friends and I are volunteering together	24%
Opportunity to volunteer with my family members	21%
Practice Spanish language	18%
Expose my children to volunteering	16%
Other	15%
For college application	15%

Considering related careers	7%
Court ordered programs (e.g., Sentencing Alternatives Program, Restorative Justice Program, etc.)	1%

Volunteers helped in these program areas:

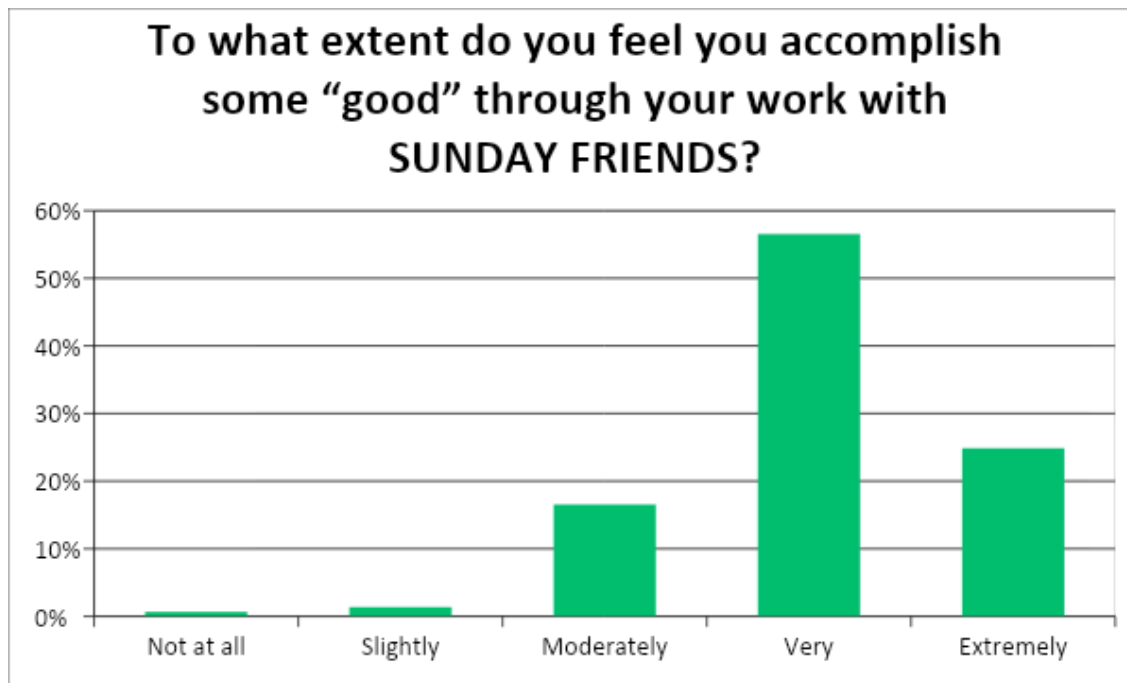
Art Projects	62%
Food / Cooking Projects	36%
Academic Games	34%
Shopping Guide	32%
Educational Board Games	27%
Cafeteria / Store Setup	19%
Computer Education Class	18%
Takedown	15%
Outreach Events (Shopping Sprees)	14%
Banking	12%
Store Role	12%
Spanish Letter Translating	12%
ESL Class	10%
Photography	10%
Healthy Food Preparation	10%
Take Home Projects	8%
Other	7%
Piano	6%
Sidewalk Sale	6%
Behind the Scenes activities	6%
Kitchen Manager Asst.	4%
Exercise	4%
Bike Shop	3%
Shopping Coordination	3%
Health related activities	3%
Helping with surveys	3%
Translator for surveys, book reports, writing assignments, etc.	3%
Consultations	2%
Classes for Parents	2%
Health Screenings	1%

Volunteering at Sunday Friends is different than other places because:

It feels like a community	76%
It is friendly	76%
I feel like I am making a difference	69%
I understand the purpose of the organization	69%
It is easy to interact with the Staff	58%
I have opportunities to get to know people from other cultures	56%

I want to keep volunteering	56%
I am given respect	49%
I am valued for my contribution	48%
It helps me understand other people's problems	46%
I am learning new things about people	45%





Percentage of volunteers who agreed (or strongly agreed) that because of their experience with Sunday Friends:

They feel they are treated with respect	93%
They are more sensitive to the needs of people like those attending the Sunday Friends program from low-income families	92%
They are more understanding of others’ life circumstances	90%
They now have a greater awareness of the community that they live in	88%
They feel that they have had a positive influence on children and/or parents in this program	86%
They feel valued by volunteers and staff in this program	86%
Their spirits are lifted after volunteering with Sunday Friends	85%
They feel better about themselves	83%
Volunteering has made their lives more meaningful	82%
They feel valued by children who attend this program	82%
They are more likely to do volunteer work in the future	82%
They feel valued by parents who attend this program	81%
They are more aware of their behavior because they are role models	76%
They have learned to be better mentors	75%
They have had the opportunity to develop leadership skills	73%
They feel more comfortable interacting with people who belong to another culture	72%
They recognize more similarities between themselves and families like those of Sunday Friends	71%
They have learned to handle more responsibility	68%
They have gained self-confidence	68%
Their perceptions of very low-income people have changed	67%

They interact more with people from different socio-economic groups when they are not at Sunday Friends

56%